


**National Resource Center for Health and Safety
in Child Care and Early Education**

Achieving a State of Healthy Weight: 2011 Update



July 2012




**National Resource Center
For Health and Safety
In Child Care and Early
Education**

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Executive Summary

In 2010, the US Department of Health and Human Services (DHHS), Health Resources and Services Administration (HRSA), Maternal and Child Health Bureau (MCHB) supported an assessment by the National Resource Center for Health and Safety in Child Care and Early Education (NRC) of obesity prevention terminology in states' child care regulations. The NRC's study, *Achieving a State of Healthy Weight: A National Assessment of Obesity Prevention Terminology in Child Care Regulations 2010 (ASHW 2010)* established the baseline for tracking regulatory changes that promote healthy nutrition and physical activity practices in three regulated child care types: centers; large family homes; and small family homes. The study variables were 47 high-impact components of the best practice guidelines in *Preventing Childhood Obesity in Early Care and Education Programs: Selected Standards from Caring for Our Children: National Health and Safety Performance Standards (PCO)* (American Academy of Pediatrics, American Public Health Association, and National Resource Center for Health and Safety in Child Care and Early Education, 2010). In 2010 many variables, especially physical activity and screen time, either were not addressed or were only partially addressed by states.

Subsequently, MCHB funded the NRC to re-assess and track states' progress annually. *Achieving a State of Healthy Weight: 2011 Update (ASHW 2011)* examines states' new or revised regulations (for 2011) for the three child care types in regard to infant feeding,

nutrition, and physical activity/screen time.

Findings

New for 2011, three states revised their regulations:

- Arizona's 2011 revised document (*Child Care Group Homes*) supplements another document that also regulates large family child care homes (*Child Care Facilities*). The 2011 document included a few new rules, which when added to the well-rated

Arkansas regulations fully or partially addressed 31 of the 47 study variables.

- North Dakota's three revised documents, one covering each of the child care types, resulted in the most improvement from 2010 to 2011, largely due to improvements in regulation of nutrition and infant feeding. The improvements resulted in North Dakota fully and consistently addressing standards across all three child care

Three states, Arizona, Arkansas, and North Dakota, made modest gains in strengthening obesity prevention rules in 2011.

Child Care Facilities document, slightly strengthened the state's overall obesity prevention regulations (although the 2011 document yielded some mixed results when considered independently of the 2010 ratings). Arizona remained in the upper tier of states that fully met criteria for obesity prevention in at least 20% of the 47 study variables for at least one care type.

- Arkansas's three revised documents, one specific to each of the child care types, made the most positive changes, the majority of which improved physical activity/screen time rules. As of 2011,

types for 8 of 47 variables in 2011 compared to only one variable in 2010.

Also Reported

In addition to the 2011 changes described above, a previously unrated Virginia document was discovered, that was in effect in 2010. The document regulates large and small family child care homes. It was evaluated according to the 2010 process and yielded 20 ratings that were higher than those reported in 2010. The state profile was updated and Virginia achieved a higher standing in the nation than was originally reported. The additional ratings did not, however, substantially influence the overall 2010 national data set.

Integrating 2011 changes with 2010 findings:

- Delaware and Mississippi continue to lead the nation in the quality of their regulations regarding childhood obesity prevention.
- Delaware, Florida, Mississippi, and South Dakota had the highest number of regulations that fully met the standards consistently for *all three child care types* assessed in this study (center-based care, large/group family homes, and small family child care homes).
- Other states that ranked highly in at least one topic (Nutrition, Infant Feeding, or Physical Activity/Screen Time) for at least one child care type (centers, large family child care homes, or small family child care homes) include: Arkansas, Florida, Illinois, Maryland, Massachusetts, Michigan, Minnesota, New Mexico, North Carolina, North Dakota, Oregon, South Carolina, Virginia, West Virginia, and Wisconsin.
- As few regulatory changes were made on obesity prevention topics in 2011, nutrition remains the most often addressed content area, following by Infant Feeding. Physical Activity

and Screen Time remain largely unaddressed in the states' regulations.

- Also new for 2011, contact with states' licensing offices for the reassessment process revealed that the vast majority of states value the national standards published in *Caring for Our Children: National Health and Safety Performance*

generally evolve more slowly. However, data obtained in the NRC update process suggest a greater effect may be observed for changes expected in 2012. The NRC also reports anecdotal evidence of non-regulatory efforts in states to promote healthy weight for young children in early care (e.g. development in Quality Rating and Improvement Systems).

Nutrition remains the most often addressed content area.

Standards; Guidelines for Early Care and Education Programs, 3rd Edition (CFOC3) (American Academy of Pediatrics, American Public Health Association, and National Resource Center for Health and Safety in Child Care and Early Education, 2011). They also overwhelmingly use them in crafting regulations. Those who were familiar with *PCO* found it to be of value as well. Many states planning 2012 rule changes are using *CFOC3* and *PCO* in creating their regulations.

The release of the *CFOC3* and *PCO* standards was not expected to show immediate effect on states' child care licensing regulations, which

Several additional Healthy Weight resources created by the NRC with the support of MCHB in 2010-12 are described. Additional NRC resources are noted that are under development in 2012 with the support of the Division of Nutrition, Physical Activity, and Obesity, National Center for Chronic Disease Prevention and Health Promotion, Centers for Disease Control and Prevention. The NRC encourages all to explore these products at the NRC website (<http://nrckids.org/>), along with other state-level and national resources, such as *Lets' Move! Child Care*.

Acknowledgements

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Introduction

In July 2010, Preventing Childhood Obesity in Early Care and Education Programs: Selected Standards from Caring for Our Children: National Health and Safety Performance Standards; Guidelines for Early Care and Education Programs, 3rd Edition (PCO) was released. PCO was published by the National Resource Center for Health and Safety in Child Care and Early Education (NRC)¹ and its publishing partners, the American Academy of Pediatrics (AAP) and the American Public Health Association (APHA). PCO consists of a set of 49 nutrition, physical activity and screen time standards, which subsequently were included in Caring for Our Children: National Health and Safety Performance Standards; Guidelines for Out-of-Home Child Care Programs, Third Edition (CFOC3).² With the support of MCHB and the Administration for Children and Families (ACF) Office of Child Care (OCC), the CFOC publishing partners released PCO in advance of CFOC3 to coincide with the DHHS multi-program Healthy Weight Initiative Child Care Workgroup actions in support of DHHS Secretary Kathleen Sibelius' strategic initiative, Help Americans Achieve and Maintain Healthy Weight.

Also in July 2010, HRSA MCHB and ACF OCC funded the NRC to convene a Healthy Weight (HW) Advisory Committee (experts in health and academic disciplines, members of government agencies and professional organizations, and

licensing professionals and child care providers) for the purpose of assessing the expected impact on childhood obesity prevention of the PCO/CFOC standards. The pool of high-impact components of the standards identified by the HW Advisory Committee formed the basis for the MCHB-funded NRC study of child care regulations, Achieving a State of Healthy Weight: A National Assessment of Obesity Prevention Terminology in Child Care Regulations 2010 (ASHW 2010).

ASHW 2010 reported the scaling and rating procedures that were applied to the child care licensing regulations of all 50 states and the District of Columbia for center-based care, large or group family child care homes, and small child care family homes, and established a baseline for tracking change to regulations that relate to obesity prevention in early care. (ASHW 2010 may be downloaded at <http://nrckids.org/>.) Key findings of the NRC's ASHW 2010 national assessment were as follows:

2010 National Findings

- More than half of the 2010 ratings indicated that no, or insufficient, obesity prevention terminology was found in states' child care regulations for all three major types of licensed child care facilities studied.
- Only a small percentage of ratings (13%) indicated full representation of high impact obesity prevention

¹ A list of frequently used of acronyms is presented in Appendix A.

² CFOC3 was published in June 2011 and a second edition of PCO was released in April 2012. Both documents are available on the NRC website at <http://nrckids.org/> or in print from either AAP or APHA.

terminology in states' regulations.

- Few states' rules (4%) actually conflicted with the intent of the standards.
- Similar proportions of obesity-related terminology were found in states' rules for the three types of child care facilities assessed, although somewhat fewer rules were in effect for small family child care homes (about 5% less content) than for center-based care or large/group family homes.

2010 State-level Findings³

Based on the number of care types regulated (one to three care types), states differed in the number of ratings they received per variable. Comparisons and rankings among states, therefore, were calculated on the best score (rating) attained for a variable.

- Five states achieved at least 20% of ratings indicating rules that were fully inclusive of high impact obesity prevention language (rating = 4).
- Twelve states achieved more than 40% of ratings indicating rules that were partially inclusive of high impact obesity prevention language (rating = 3).
- Delaware and Mississippi tied for the best-rated obesity prevention rules in the nation, meeting both the above criteria.
- Arizona, Delaware, and Mississippi all ranked in the top quartile of states in each of the three major topic areas examined: Infant Feeding, Nutrition,

More than half of the 2010 ratings indicated that no, or insufficient, obesity prevention terminology was found in states' child care regulations for all three major types of licensed child care facilities studied.

and Physical Activity/Screen Time.

- For 19 states, no pertinent content could be identified for more than 50% of their ratings across the care types they regulate (i.e., obesity prevention language was substantially lacking).

2010 Topic Area and Variable-level Findings

- Regulations were most consistent with the language of the standards in the topic area of Nutrition, followed closely by Infant Feeding (which also had the highest percentage of rules that contradicted the standards).
- Very few regulations were found that related to Physical Activity/Screen Time (fully two thirds of the ratings indicated no pertinent content found).
- Individual variables that were most completely addressed across states were *space for active play*, *appropriate size servings for children*, and *feed infants on cue*.

- Individual variables that were most often contradicted in regulations were *avoid sugary foods*, *serve no juice before 12 months of age*, and *offer whole fruit vs. juice for infants age 7-12 months*.

MCHB funds the NRC to update the ASHW report annually. The current report, *ASHW 2011*, is the first such update. This report examines new or revised child care regulatory documents that states enacted in the calendar year 2011, and presents combined 2010/2011 findings in new formats to establish the pattern for future updates.

Recent Developments in Pediatric Obesity Literature

In the year since publication of *ASHW 2010*, momentum in the national effort to prevent childhood obesity continues to mount. First Lady Michelle Obama's national campaign *Let's Move!* has been expanded to include *Lets Move! Child Care*,⁴ which offers numerous resources for child care providers to instill lifestyle habits supportive of healthy weight. *MyPlate*⁵ (the new program and icon to visually communicate healthy eating

³ State-specific data are presented in Appendix E of this report. The Appendix includes the original 2010 data, plus data for rules (new or revised) enacted in 2011 for Arizona, Arkansas, and North Dakota, as well as additional ratings for Virginia in small and large family child care homes from a previously unrated document that was in effect in 2010.

⁴ *Let's Move! Child Care* may be accessed at <http://healthykidshealthyfuture.org/content/hkhf/home/startearly.html>

⁵ MyPlate may be accessed at <http://www.choosemyplate.gov/>

habits for the population age two years and older) provides helpful recommendations and web links. New literature on childhood obesity increasingly supports the criticality of early intervention in pediatric obesity and the importance of caregiver attitudes and actions in supporting physical activity and limiting screen time exposure.

Need for Early Establishment of Healthy Habits

Evidence underscoring the importance of establishing healthy habits very early in life continues to accrue. Nearly 10% of infants and young toddlers are very heavy for their length, and more than 12% of preschoolers now are categorized as obese (Ogden, Carroll, Kit, & Flegal, 2012). Furthermore, over time, heavier children show steep gains in waist circumference, or central adiposity, which is linked to increased risks for type 2 diabetes and heart disease (Beydoun & Wang, 2011).

As rapid weight gain in infancy has been associated with later risk of obesity, early action to prevent excess weight gain is an essential strategy (Taveras, et al., 2011). Formula-feeding has been related to more rapid infant weight gain, and formula-fed infants were more likely than breast-fed infants to be obese at age three years. Early introduction of solid foods for both infants who were formula-fed and those weaned before four months of age compounded the risk of obesity at age three years (Huh, Rifas-Shiman, Taveras, Oken, & Gillman, 2011). Infant feeding practices are the first line of defense against future obesity.

Need for Healthy Practices in Physical Activity and Screen Time Exposure

Recent findings confirm that child caregivers and teachers are quite literally *gatekeepers* for children's physical activity (Copeland, Kendeigh, Saelens, Kalkwarf & Sherman, 2012; Copeland, Sherman, Kendeigh, Kalkwarf & Saelens, 2012). Policies and adequate facilities for physical activity must be supplemented with caregiver preparation and commitment to ensuring that children engage in sufficient physical activity daily.

many state's child care licensing regulations fail to address well or at all. Briley and McAllaster (2011) stated that "...child care centers have replaced the family table as the learning environment for young children's food habits." Stronger regulations in this area will facilitate improved caregiver compliance with healthier practices that will benefit children. Stronger regulations in this area will facilitate improved caregiver compliance with healthier practices that will benefit children.

Infant feeding practices are the first line of defense against future obesity.

Caregivers, teachers, and parents also are the gatekeepers for exposure to screen media. A longitudinal study of screen time exposure by child care type for a nationally representative sample of children reported that preschoolers had about four hours of screen time exposure daily on weekdays, combining exposure in child care with exposure at home. Center-based and Head Start programs delivered only 0.1 hours daily, while non-parental home-based care averaged 1.8 hours per day. Additional exposure at home added a minimum of three more hours (Tandon, Zhou, Lozano, & Christakis, 2011). Alternatives to screen time must be part of a caregiver's repertoire, as must family education to encourage healthy choices at home.

Several of these newer findings relate to the early care best practices of *PCO/CFOC* that

PCO and CFOC3 set forth standards to promote the development of healthy habits in early care and education settings, and many child care licensing professionals refer to them regularly or even daily.⁶ Since the July 2010 publication in *PCO* of standards on infant feeding, nutrition, physical activity and screen time, the NRC website logged more than 4,100 downloads of *PCO*. *ASHW 2010* was downloaded nearly 2,900 times in the first 12 months after it was posted. However, states' processes for promulgation of child care licensing regulations proceed slowly and at different rates. Changes enacted by states in 2011 (those rated in this update) may have been in process well before the national campaign to stem pediatric obesity achieved substantial momentum during 2010.

⁶ Data collected for this *ASHW* 2011 update are consistent with 2010 findings of the National Child Care Information and Technical Assistance Center and National Association for Regulatory Administration in their national licensing study. In that study, 42 states reported using *CFOC* in formulating child care licensing rules and regulations (National Child Care Information and Technical Assistance Center, & National Association for Regulatory Administration, 2010). *The 2008 child care licensing study*. Retrieved from http://www.naralicensing.org/associations/4734/files/1005_2008_Child_Care_Licensing_Study_Full_Report.pdf

Method: 2011

Identification of 2011 New and Revised Documents with Relevant Content

NRC staff⁷ contacted licensing personnel from 49 states⁸ and the District of Columbia by phone and email in the Fall of 2011 to increase the accuracy of the list of documents to be assessed in the 2011 update and to discover states' needs for technical assistance. Licensors were asked whether the state had made changes to their child care regulations in areas relevant to the assessment, whether changes were in progress, and the actual or expected date of public release of new or revised documents. They also were asked about use of *Preventing Childhood Obesity in Early Care and Education Settings (PCO)* and *Caring for Our Children, 3rd Edition (CFOC3)* in the creation or editing of their regulations. A check of all states' licensing web pages was conducted to confirm the issuance of new or revised documents.

In calendar year 2011, 11 states produced 20 revised child care regulatory documents with potentially relevant text. All 20 documents were screened by the NRC staff for pertinent text by comparing the revision with the version examined for *ASHW 2010*, using Adobe® Acrobat® X Pro. Revised documents then were searched for terminology related to practices that promote or hinder the prevention of childhood obesity, using advanced Boolean search methods in Adobe® Reader® X. Three states were determined to have made changes relevant to the study

variables in 2011: Arizona, Arkansas, and North Dakota. Across the three states, seven documents assessed in 2010 had been revised in 2011 to include new language relevant to one or more of the 47 study variables. The new and revised documents for 2011 are reported in Appendix D.

Contacts with state licensors and website checks in Fall 2011 also revealed one document that was not rated in 2010, now on Virginia's website, but not publicly available at the time of the original assessment nor identified in earlier contacts with Virginia licensing personnel. The document regulates both large and small family child care homes and supplements another such document that was part of the 2010 assessment. The newly discovered document was rated in the 2011 update process, using the 2010 methods. The status report for Virginia was revised to reflect the additional ratings (see Appendix E), however, the data are not regarded as part of the 2011 change in regulations for the nation. (Nor did the ratings meaningfully influence the findings at the national level for 2010.)

The states that produced documents eligible for this update presented a variety of situations in terms of the numbers of applicable documents and the types of child care regulated by the documents:

- Arizona made changes only to group home regulations in a single modified

document;

- Arkansas modified three regulatory documents, one each specific to center-based, small family, and group/large family homes;
- North Dakota also modified regulations in all three care types, one document per care type, primarily strengthening regulations for small family homes to match more closely the level for the other two care types; and
- Virginia's previously unrated document addressed both small family and large group home child care.

Rating Scales and Procedures

The methodology to assess child care regulation documents produced or revised in 2011 was based upon procedures in the 2010 baseline assessment (available @ http://nrckids.org/regulations_report_2010.pdf). New and revised child care regulations with pertinent content were examined in relation to the same 47 variables used in 2010. The variables are components of *PCO* standards that the NRC's Healthy Weight Advisory Group determined to have a high impact upon the prevention of childhood obesity, if implemented in child care and early education settings. As reported in *ASHW 2010* to achieve high inter-rater reliability ($r_s \geq .90$), the NRC team created and vetted content-specific rating scales and rules for each of the 47 variables. Variables were

⁷ Mitchell Johnson, B.S., NRC Research Assistant, ensured the accuracy of the NRC webpage States' Licensing and Regulation Information prior to the calls made by the Rating Team.

⁸ The NRC was unsuccessful in contacting licensing personnel in Massachusetts, and therefore relied solely on material available on the web for that state.

assessed within the context of a four-point rating schema (i.e., 1 = contradicts, 2 = no content related to, 3 = partially meets, and 4 = fully meets the component of the standard). The scales and the associated rating rules were those used in 2010. Study variables were categorized in three major content areas for reporting purposes: 1) Infant Feeding; 2) Nutrition; and, 3) Physical Activity and Screen Time. (See Appendix C (C1) for the variables and the standards from which they are derived (ASHW 2010 Materials)).

CACFP, MyPyramid, and MyPlate

As in 2010, state regulations that required adherence to the Meal Patterns of the US Department of Agriculture (USDA), Food and Nutrition Service, CACFP (the federally subsidized Child and Adult Care Food Program) or *MyPyramid* (the 2005 USDA and DHHS update of the food pyramid) were rated according to scores the NRC assigned to the federal sources in the 2010 assessment.⁹ Specifically, government-sponsored meal plan requirements or dietary recommendations were independently rated by the NRC in 2010, prior to beginning the baseline assessment. This ensured that references made to them in state documents were rated consistently.

However, if a state includes additional language in their rules that improve or compromise the scores assigned to the federal food plans, state ratings are adjusted upward or downward as indicated by the additional text. (See Appendix C (C2)) for scoring assigned based on these federal requirements and recommendations.) Although *MyPlate* was introduced in 2011 as a replacement for *MyPyramid*, no 2011 new or revised regulations referred to *MyPlate* (which also was scored by the NRC against the 47 scales and may apply in future updates to rules introduced after 2011).

Inter-rater Reliability and Rating Process

The raters for the 2011 update included the Team Leader who remained from the 2010 assessment team and two new raters. The new raters were trained by the Team Leader in search methods and rating scale rules and procedures. New raters assessed all 47 components for three child care types in one state that was rated in *ASHW 2010*, while blinded to the results of the baseline study. Their ratings then were compared to the 2010 results. Discrepant ratings were reviewed in relation to the rating rules to achieve performance comparable to the 2010 teams.

The Team Leader rated all seven of the relevant 2011 documents using a combination of the document comparison and search methods described earlier. Ratings were recorded in Excel spreadsheets, along with the rated text and rationale for the score. The seven documents were independently rated as well by the remaining two raters (three by Rater 1 and four by Rater 2), so that all 2011 documents were rated twice. The 2011 team pairs achieved high Spearman rank order correlations consistent with 2010 levels (i.e., $r_s \geq .90$, $p < .001$). The inter-rater reliability attained was: for Team I (Team Leader plus Rater 1), r_s (186) = .96, $p < .001$; and, for Team II (Team Leader plus Rater 2), r_s (233) = .94, $p < .001$. Resolution of discrepant ratings was achieved in a review meeting of the full rating team with the NRC Evaluator, by referring to the rating rules and similar issues in the 2010 baseline assessment.

The rating process for 2011 documents was accomplished during the period January – March 2012. The 47 variables examined in these documents are presented on the following pages by major topic area: Infant Feeding, Nutrition, and Physical Activity/Screen Time.

⁹ CACFP was assigned rating scores for variables in the areas of Infant Feeding and Nutrition. *MyPyramid* dietary recommendations applied to study variables in the area of Nutrition but not Infant Feeding, as *MyPyramid* recommendations were for ages two years and older. *MyPyramid* included some recommendations pertinent to Physical Activity, so that a few rating scales for Physical Activity variables include rating rules related to *MyPyramid*.

Infant Feeding Variables

Variable and Description
IA1 - Encourage and support breastfeeding and feeding of breast milk by making arrangements for mothers to feed their children comfortably on-site.
IA2 - Serve human milk or infant formula to at least age 12 months, not cow's milk, unless written exception is provided by primary care provider and parent/guardian.
IB1 - Feed infants on cue.
IB2 - Do not feed infants beyond satiety; AND, Allow infant to stop the feeding.
IB3 - Hold infants while bottle feeding; AND, Position an infant for bottle feeding in the caregiver/teacher's arms or sitting up on the caregiver/teacher's lap.
IC1 - Develop a plan for introducing age-appropriate solid foods (complementary foods) in consultation with the child's parent/guardian and primary care provider.
IC2 - Introduce age-appropriate solid foods no sooner than 4 months of age, and preferably around 6 months of age.
IC3 - Introduce breastfed infants gradually to iron-fortified foods no sooner than 4 months of age, but preferably around 6 months to complement the human milk.
ID1 - Do not feed an infant formula mixed with cereal, fruit juice or other foods unless the primary care provider provides written instruction.
ID2 - Serve whole fruits, mashed or pureed, for infants 7 months up to 1 year of age.
ID3 - Serve no fruit juice to children younger than 12 months of age.

Nutrition Variables

Variable and Description
NA1 - Limit oils by choosing monounsaturated and polyunsaturated fats (such as olive oil or safflower oil) and avoiding trans fats, saturated fats, and fried foods.
NA2 - Serve meats and/or beans - chicken, fish, lean meat, and/or legumes (such as dried peas, beans), avoiding fried meats.
NA3 - Serve other milk equivalent products such as yogurt and cottage cheese, using low-fat varieties for children 2 years of age and older.
NA4 - Serve whole pasteurized milk to 12- to 24-month old children who are not on human milk or prescribed formula, or serve reduced fat (2%) pasteurized milk to those who are at risk for hypercholesterolemia or obesity.
NA5 - Serve skim or 1% pasteurized milk to children 2 years of age and older.
NB1 - Serve whole grain breads, cereals, and pastas.
NB2 - Serve vegetables, specifically, dark green, orange, deep yellow vegetables; and root vegetables, such as potatoes and viandas.
NB3 - Serve fruits of several varieties, especially whole fruits.
NC1 - Use only 100% juice with no added sweeteners, and offer only during meal times.
NC2 - Use only 100% juice with no added sweeteners, and offer only during meal times.
NC3 - Serve no more than 4 to 6 oz juice/day for children 1-6 years of age.
NC4 - Serve no more than 8 to 12 oz juice/day for children 7-12 years of age.
ND1 - Make water available both inside and outside. (Selected as alternative beverage in light of restrictions on juice and elimination of sweetened beverages--water is a beverage of default).
NE1 - Teach children about appropriate portion sizes. AND, Teach children appropriate portion size by using plates, bowls, and cups that are developmentally appropriate to their nutritional needs.
NE2 - Require adults eating meals with children to eat items that meet nutrition standards.
NF1 - Serve small-sized, age-appropriate portions.
NF2 - Permit children to have one or more additional servings of the nutritious foods that are low in fat, sugar, and sodium as needed to meet the caloric needs of the individual child. AND, Teach children who require limited portions about portion size and monitor their portions. (Combined component)
NG1 - Limit salt by avoiding salty foods such as chips and pretzels. (Selected to complete the food groups)
NG2 - Avoid sugar, including concentrated sweets such as candy, sodas, sweetened drinks, fruit nectars, and flavored milk.
NH1 - Do not force or bribe children to eat.
NH2 - Do not use food as a reward or punishment.

Physical Activity/Screen Time Variables

Variable and Description
PA1 - Provide children with adequate space for both inside and outside play.
PA2 - Provide orientation and annual training opportunities for caregivers/teachers to learn about age-appropriate gross motor activities and games that promote children's physical activity.
PA3 - Develop written policies on the promotion of physical activity and the removal of potential barriers to physical activity participation.
PA4 - Require caregivers/teachers to promote children's active play, and participate in children's active games at times when they can safely do so.
PA5 - Do not withhold active play from children who misbehave, although out-of-control behavior may require five minutes or less calming periods to help the child settle down before resuming cooperative play or activities. Supplementary Component (Rationale: 233 Addresses prohibited uses of physical activity; theoretical equivalent of prohibited use of food.)
PB1 - Do not utilize media (television [TV], video, and DVD) viewing and computers with children younger than 2 years. Supplementary Component (Rationale: Added to complete the age coverage, although the item was rated < 3.5)
PB2 - Limit total media time for children 2 years and older to not more than 30 minutes once a week; AND, PB3 - Use only for educational purposes or physical activity. (Includes (completely encompasses) Limit screen time (TV, DVD, computer time).
PB4 - Do not utilize TV, video, or DVD viewing during meal or snack time.
PC1 - Provide daily for all children, birth to 6 years, two to three occasions of active play outdoors, weather permitting.
PC2 - Allow toddlers 60 to 90 minutes per eight-hour day for vigorous physical activity.
PC3 - Allow preschoolers 90 to 120 minutes per eight-hour day for vigorous physical activity
PD1 - Provide daily for all children, birth to 6 years, two or more structured or caregiver/teacher/adult-led activities or games that promote movement over the course of the day—indoor or outdoor; AND, Require caregivers/teachers to lead structured activities to promote children's activities two or more times per day. (One rating is assigned.)
PE1 - Ensure that infants have supervised tummy time every day when they are awake. Supplementary Components (Rationale: 228 and 235 complete coverage of age ranges (infants).)
PE2 - Use infant equipment such as swings, stationary activity centers (ex. exersaucers), infant seats (ex. bouncers), molded seats, etc. only for short periods of time if at all. Supplementary Components (Rationale: 228 and 235 complete coverage of age ranges (infants).)

Results

This update reports the status of the states' child care licensing regulations as of December 31, 2011. The complete data set consists of the core 2010 ratings (plus the adjusted 2010 ratings for Virginia), modified to reflect additional or revised regulations enacted January 1 - December 31, 2011 for Arizona, Arkansas, and North Dakota. For each of the 47 study variables, each state is assigned up to three *final ratings* (one per child care type the state regulates), for a total of 6,920 ratings in 2011.

Most states have only one rating (the *final rating*) per variable for each regulated child care type. However, in states that use multiple documents to regulate a single child care type, the content in one document occasionally differs from that in another document. Therefore, the ratings for a given variable may also differ across a state's documents. When this occurs, the higher rating is assigned as the *final rating*. This practice highlights the state's best regulatory language. Also, it is assumed that child care providers must comply with all regulations applicable to the type of care they deliver.

In the process of ranking states, many ties were encountered. A *fractional ranking method* was employed, in which a mean rank is computed and assigned to each state in the tied group. For example, if three states

outperform all others, they tie for the highest rank among the 50 States and D.C. If they were close in ratings, but not tied, they would occupy ranks 1-3. With the tie, the average of those 3 ranks is computed (average - 2) and each of the three states is assigned a rank of "2." The next highest rank would begin at 4th place. Note that ranks with decimals (e.g., rank = 6.5) may occur using fractional ranking.

There are several dimensions of performance on which states may be ranked, based on comparisons of different features of their data. For example, some states are more consistent in their language for obesity prevention across care types, while others have more consistent language in a single care type, usually centers. This study examines performance on several of these dimensions in order to differentiate the various strengths and weakness among states' regulations. For state ranking information referenced in the description of new findings for 2011, please see: Figure 3 for Arizona; Table 3 for Arkansas; and Table 2 for North Dakota.

In this section, findings are presented for states that enacted revised regulations in 2011, followed by the current national picture and the comparative standing of the states. Finally, the status in 2011 of the 47 components of standards is reported. Although

there were relatively few changes to child care regulations during 2011, this report establishes some new formats for this and future reports to track changes from the baseline 2010 data.¹⁰

Changes in Ratings in 2011

Only three states made changes pertinent to obesity prevention in 2011: Arizona, Arkansas, and North Dakota. These states enacted a total of seven new or revised documents,¹¹ but few changes (72) were pertinent to obesity prevention and not all were positive. Of the 72 changes, 38% were in Infant Feeding, 25% in Nutrition, and 37% in Physical Activity/Screen Time. The 2011 revisions are described below, followed by information for the previously unrated document for Virginia.

Arizona

Arizona revised one document in 2011 that regulates large family child care homes,¹² while retaining an unchanged document that also addresses large family child care homes.¹³ The newly revised document yielded six ratings for group child care homes that were higher than those in the previous assessment. An example of a positive change was for the variable *develop written policies on the promotion of physical activity and the removal of potential barriers to physical activity*

¹⁰ The NRC made the ASHW 2010 data available to the CDC early in 2011 for use in their delivery of technical assistance to states. NRC was informed of a format that states found easier to use than that of the original ASHW format in a personal communication with Meredith Reynolds, PhD, Division of Nutrition, Physical Activity, and Obesity, National Center for Chronic Disease Prevention and Health Promotion, Centers for Disease Control and Prevention, October 2011. The NRC has adopted a similar format for the ASHW 2011 update.

¹¹ In addition to the previously unrated document for Virginia described in the methods section.

¹² Arizona Administrative Rules, and Arizona Revised Statutes for Child Care Group Homes

¹³ Arizona Administrative Code, and Arizona Revised Statutes for Child Care Facilities

participation (PA3). In 2010, Arizona had no related rule. In the revision, new language partially met the standard, raising the rating from “2” to “3.” However, the revision also yielded 12 ratings that were lower than those for the version of the same document that was assessed in 2010. For example, for the variable *encourage and support breastfeeding and feeding of breast milk by making arrangements for mothers to feed their children comfortably on-site* (the variable coded as IA1), the 2010 regulatory language fully met the standard (rating = ‘4’). Deletion of that language in the revision lowered the rating to a ‘2’ (does not refer to the standard). Similarly, in 2010, language addressing the variable *hold infants while bottle feeding*; and, *position an infant for bottle feeding in the caregiver/ teacher’s arms or sitting up on the caregiver/teacher’s lap* (IB3) was rated ‘4,’ but the new document added contradictory text (reducing the threshold age of the infant to 6 months), which lowered the score to ‘3.’

As described previously, where states have multiple documents that apply to a child care type, the NRC uses the higher rating as the *final rating*. Of the two Arizona documents that pertain to large family child care homes, ratings assigned in 2010 to the unaltered document that remains in use prevailed over the lowered ratings of the newly revised document. The six new ratings that were improvements were added to the state’s data set, strengthening some areas. Therefore, Arizona’s final ratings did not diminish despite the

mixed findings for the 2011 document, and indeed rose slightly. As in the previous assessment, Arizona continues to fully meet standards for more than 20% of the study variables. This status is shown later in the map displayed in Figure 3. The updated profile for Arizona that appears in Appendix E presents the scoring for all study variables in all three child care types.

Arkansas

Arkansas enacted three revised documents,¹⁴ each of which addresses one of the three child care types. Although these documents yielded the fewest changes among the three states making revisions, the changes were consistently positive changes. For 16 variables, 2011 ratings were higher than those in 2010, 11 of which pertained to Physical Activity/Screen Time. For example, for the variable *develop written policies on the promotion of physical activity and the removal of potential barriers to physical activity participation* (PA3), Arkansas had no related rule in 2010 (rating = 2), whereas in 2011, the standard was partially met (rating = 3). Three positive changes affected scores for Infant Feeding and two affected Nutrition. An example is *require adults eating meals with children to eat items that meet nutrition standards* (NE2), which rose from a rating of ‘2’ to ‘3’ (partially meeting standard) with addition of the language, “Food and drinks which are not available to the children shall not be consumed by staff in the children’s presence.” Only one lowered rating, for Physical Activity/Screen Time, resulted from the 2011 revision in the

document regulating child care centers. It was for the variable: *do not withhold active play from children who misbehave, although out-of-control behavior may require five minutes or less calming periods to help the child settle down before resuming cooperative play or activities* (PA5). Text that limited duration of time-out as a means of discipline was removed, yielding a lower rating.

As of 2011, Arkansas achieved more than 40% of ratings of ‘3’ (partially meets standard), as displayed later in Figure 4. Arkansas in 2011 is notably stronger in its obesity prevention language than in 2010. Please see Appendix E for the updated Arkansas profile.

North Dakota

North Dakota had three revised documents in 2011,¹⁵ one per child care type, which resulted in the most ratings that improved (35) since the 2010 assessment. Positive changes were distributed among all topic areas and all three child care types. Many improvements resulted from inclusion of CACFP requirements for Nutrition and Infant Feeding, although some negative ratings are also associated with CACFP Meal Patterns. The following is a sample of the new language, applicable to all three child care types, which earned an improved rating (from a ‘2’ to a ‘3’) in Physical Activity/Screen Time: “The child care center operator shall prepare a written schedule of outdoor playtime which limits use of the play area to its capacity, giving every child an opportunity to play

¹⁴ Minimum Licensing Requirements for Child Care Centers, Minimum Licensing Requirements for Child Care Family Homes, and Minimum Licensing Requirements for Voluntary Registered Child Care Family Homes

¹⁵ North Dakota’s documents: Chapter 75-03-08 Family Child Care Early Childhood Services, Chapter 75-03-09 Group Child Care Early Childhood Services, and Chapter 75-03-10 Child Care Center Early Childhood Services

outdoors daily.” This language partially meets the standard for the variable *provide daily for all children, birth to 6 years, two to three occasions of active play outdoors, weather permitting* (PC1), by requiring daily outdoor play. It does not fully meet the standard, since neither the number of occasions of play, nor the ages of the children are specified. Please see Appendix E for the updated North Dakota profile.

Virginia

(previously unrated document in effect before 2010)

Virginia’s previously unrated document, which was in effect but not available for the 2010 study, regulates both large and small family child care,¹⁶ and was examined using the original study methods. In 2010, the NRC rated another Virginia document that pertained only to child care centers. The unrated “family day home” document yielded 94 additional ratings for Virginia’s family child care types. The majority matched the 2010 ratings for child care centers. The discrepancies included 20 ratings that were higher for home child care than for centers and 6 that were lower. Among the ratings that were higher, 16 were in Physical Activity/Screen Time, 2 were in Nutrition, and 2 were in Infant Feeding. As the 20 higher ratings improved the overall scores for the state, Virginia achieved more than 40% ratings of ‘3’ (partially meets standard). This high standing is displayed later in Figure 3. Due to the relatively small number of ratings in the home child care document, however, the additional ratings did not have a significant effect on the national picture for the 2010 assessment. Please see

Appendix E for the updated Virginia profile.

Composition of Rating Changes

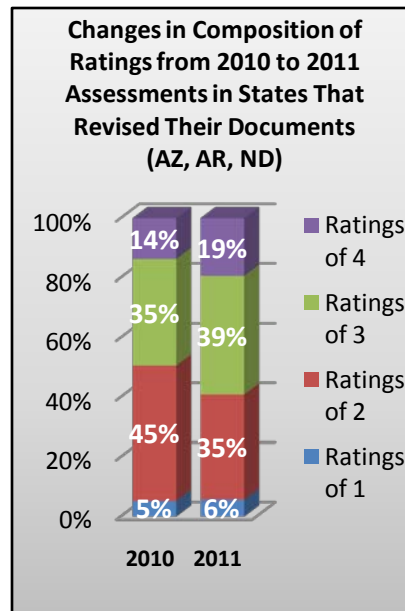
For Arizona, Arkansas, and North Dakota, the stacked column chart (Figure 1) shows the effect of 2011 revisions on the composition of the final ratings (best rating per variable per child care type). The distribution of combined scores for the three states in 2010 is shown adjacent to that for 2011 scores. Beginning at the base of each column, contradictions to the standards, or ratings of ‘1’ (in blue), increased by 1%. Ratings of ‘2’ (in red), which signify no relevant content, decreased by 10%. This is a positive change that is reflected in 4% more ratings of ‘3’ (partially meets standard), shown in green, and 5% more ratings of ‘4’ (fully meets standard), shown in purple.

Across these three states there is a small, but noticeable, shift toward better child care regulations that may promote healthy weight in the preschool age and younger children.

Rating Changes by Topic Areas

Table 1 below displays the distribution of positive and negative change in final ratings

Figure 1 Compares Ratings from 2010 to 2011, showing the direction of the cumulative change of the three states’ (Arizona, Arkansas, and North Dakota) 2011 revisions.



for each of the three topic areas in 2011. Changes made by Arizona, Arkansas, and North Dakota cumulatively were predominantly positive (76%). In terms of raw numbers, the majority of positive changes were in Physical Activity/Screen Time (21 positive change) and Infant Feeding (20 positive changes). Nutrition showed the least change (130 unchanged ratings), and the fewest ratings

Table 1: Changes by Topic Area for Arizona, Arkansas, and North Dakota Combined

Topic Area	Number Ratings Unchanged	Number Positive Changes	Number Negative Changes	Total Number of Changes
Infant Feeding	50	20 (74%)	7 (26%)	27
Nutrition	130	14 (82%)	3 (18%)	17
Physical Activity and Screen Time	77	21 (75%)	7 (25%)	28
Totals	257	55 (76%)	17 (24%)	72

¹⁶ Virginia’s document: Standards for Licensed Family Day Homes

that declined (3 negative changes), so that those changes that were made were overwhelmingly positive (82%).

Comparison of All Ratings Nationally from 2010 to 2011 Assessments

Changes to regulations enacted in 2011 by Arizona, Arkansas, and North Dakota may be expected to impact child care obesity prevention measures in those states. The 2011 changes in the three states' documents did not change the overall national distribution of ratings, as the 72 changed ratings constitute a very small proportion of the national data set. Furthermore, the both positive and negative changes were observed across child care types yielding virtually no net change in the large data set. Indeed, the pie chart (Figure 2) of data from 2011, which includes the changes made by Arizona, Arkansas, and North Dakota, and reflects the additional ratings for the previously unrated Virginia (VA) document, presents identical values to the chart generated in 2010. The figure displays the level to which states' rules reflect obesity prevention language consistent with key language in *Caring for Our Children, Third Edition (CFOC3)* and *Preventing Childhood Obesity (PCO), First and*

The 2011 changes in the three states' documents did not change the distribution of ratings nationally.

Second Editions. More specifically, the pie chart shows the frequency with which child care licensing regulations nationally: conflicted with (rating=1), failed to address (rating=2), partially met (rating=3), or fully met (rating=4) standards of practice for obesity prevention.

2011 Status of All the States

The national data set was updated to include the 2011 ratings for Arizona, Arkansas, North Dakota, and the previously unrated Virginia document. The ratings for each state were examined in a variety of ways, as the NRC sought to acknowledge those states that are best promoting obesity prevention in the child care regulations and those that are moving closer.

Two methods of determining the top ranking states were used. First, the NRC determined which states had the most variables that were uniformly rated '4' across all child care types for a given

variable (had the most consistent language in their regulations that fully met the standards). These are the states that consistently promote obesity prevention in each child care type. Second, the NRC determined which states had the most variables for which the highest rating equaled either '3' or '4' among child care types. These states at least partially address the standards, although they may do so inconsistently across child care types.

Figure 3 is a map that shows the states that best met standards for obesity prevention as of 2011. The four states with stars, Delaware, Florida, Mississippi, and South Dakota, had the highest number of regulations that fully met the standards consistently for all three child care types. Where states are shaded in green, the darker the shading, the more closely the state's regulations met the standards for obesity prevention in at least one child care type. Dark green signifies the two states (Delaware and Mississippi) that had high percentages of ratings of both '3' and '4' (partially or fully met standard). Medium green signifies the three states in which at least 20% of the applicable regulations fully met the standards (ratings of '4'): Arizona, Florida, and South Dakota. Light green signifies the 13 states in which at least 40% of their applicable regulations partially met the standards (ratings of '3'): Alaska, Arkansas, Maryland, Massachusetts, Michigan, Minnesota, New Mexico, North Carolina, Oregon, South

Figure 2: Comparison of Distribution of Ratings Across All States, Child Care Types, and Variables.

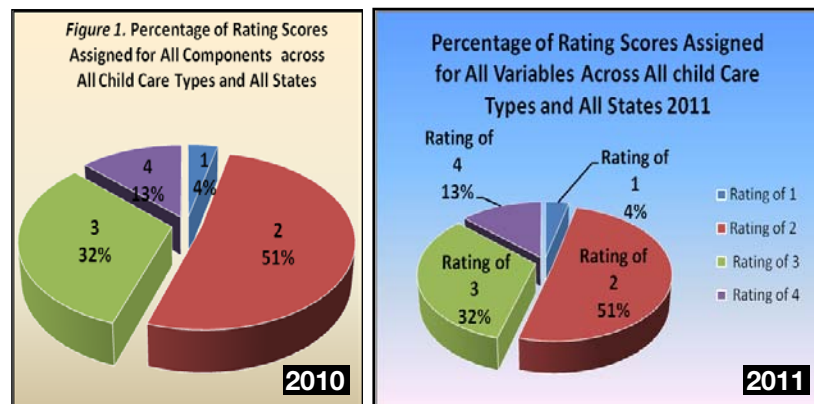
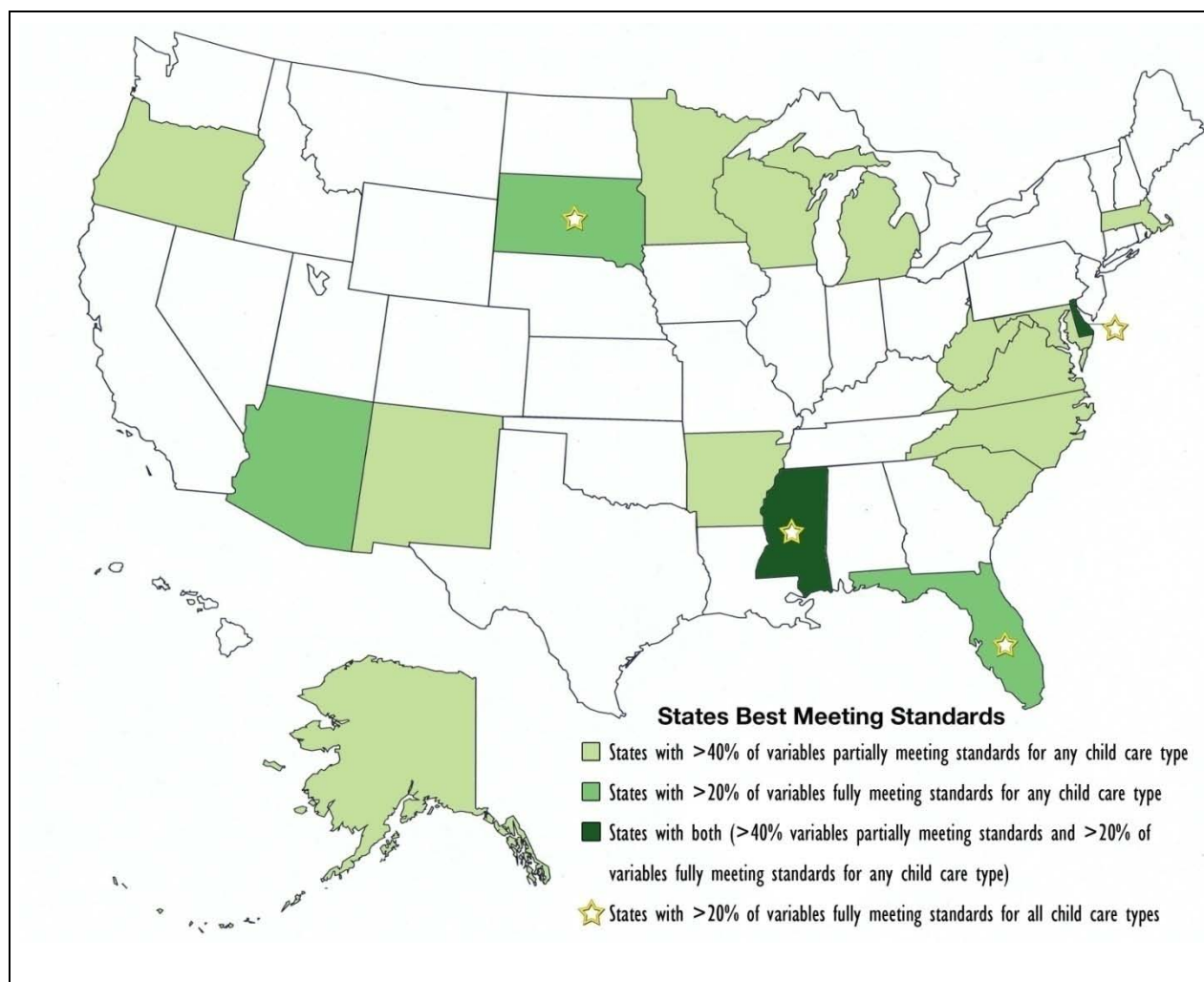


Figure 3: States with the Most Regulations Partially to Fully Meeting Standards



Carolina, Virginia, West Virginia, and Wisconsin. Appendix F displays for each state the scoring distribution across all study variables.

Table 2, shows more precisely how all states ranked against the criterion of consistently and fully meeting the standards across all three child care types (centers, large/group family, and small family). States that regulate only one or two types of child care do not meet the criterion for comprehensive

regulation of all types of care. Overall, the instances of any variable being uniformly addressed across child care types in a state are very few. Specifically, only 9% of the time did states fully address obesity prevention language in all child care types (226 instances of ratings of '4' for all 3 child care types ÷ (47 variables x 51 states)). The four states with more than 20% (11) of variables rated '4' for all child care types (the starred states in Figure 3)

did not make changes in their regulations in 2011. These states are shown at the top of Table 2: Mississippi (at 30%), South Dakota (at 28%), Florida (at 26%), and Delaware (at 23%). Of the states with 2011 changes, North Dakota was most consistent across care types, with rating of '4' for eight variables (17% of their applicable rules). North Dakota now ranks 6th in the nation on this dimension, with Alaska and North Carolina.

State Names	Number of Variables Rating = 4 All Child Care Types	Rank*
Mississippi	14	1
South Dakota	13	2
Florida	12	3
Delaware	11	4
Alaska	8	6
North Carolina	8	
North Dakota	8	
Alabama	7	9
Texas	7	
Wisconsin	7	
Arkansas	6	14
Hawaii	6	
Illinois	6	
Massachusetts	6	
New Hampshire	6	
New Mexico	6	
Ohio	6	
Iowa	5	21
Maryland	5	
Michigan	5	
Missouri	5	
Montana	5	
Virginia	5	
Washington	5	
Maine	4	27.5
New York	4	
Oregon	4	
Pennsylvania	4	
Vermont	4	
West Virginia	4	
Arizona	3	33.5
Colorado	3	
Kentucky	3	
Minnesota	3	
Nevada	3	
Wyoming	3	
Connecticut	2	38.5
Georgia	2	
Oklahoma	2	
Rhode Island	2	
Kansas	1	42.5
Nebraska	1	
New Jersey	1	
Tennessee	1	48
California	0	
D.C.	0	
Idaho	0	
Indiana	0	
Louisiana	0	
South Carolina	0	
Utah	0	
Total instances of variables fully meeting standards in all child care types.	226	
* Where two or more states had the same number of variables fully meeting the standard (center column), an average rank was computed and assigned to those states.		

Table 2. Consistent Treatment of Obesity Prevention across Child Care Types. (Number of variables for which each state’s language fully met standards in all three child care types.)

The second ranking method identifies states that at least partially address obesity prevention (i.e., that earn either a ‘3’ or a ‘4’ in one or more, but not necessarily all three child care types (and states may not regulate all three types). This method is labeled the 3-4 High Score hereafter. For example, as in the illustration (see next page), on one variable, hypothetical State Y earned inconsistent ratings: a ‘3’ for Centers and ‘2s’ for both Large Family and Small Family child care. Therefore, State Y has a high score of ‘3’ (partially meets standard), whereas State Z, which is also inconsistent across the care types it regulates, has a high score of ‘4.’

The number of study variables for which each state had a ‘3’ or ‘4’ as the high score was then summed, and the sum was that state’s 3-4 High Score. Table 3, below, ranks the states according to the number of variables for which their rules that have some positive impact upon obesity prevention (their 3-4 High Scores). Arizona led the states by achieving scores of ‘3’ or ‘4’ for more than 75% of the variables (but not necessarily consistently across child care types). Arizona was followed closely by Delaware, Mississippi, and Virginia, as each earned more than 70% 3-4 High Scores. Thirty-three states fell in the range between 50% and 70% of the variables. Appendix G shows this 3-4 High Score report for all 50 states and the District of Columbia.

Illustration: Ratings by Child Care Type for a Hypothetical Variable

State	Centers	Large Family	Small Family	High Score
State Y	3	2	2	3
State Z	2	4	n/a	4

Table 3. States with Frequent Obesity Prevention Language*

3-4 High Score Across All Variables (n=47)					
State	Number Variables Fully Meet Standard (High Rating = 4)	Number Variables Partially Meet Standard (High Rating = 3)	SUM of 3 & 4 Ratings	Rank**	Percent of Variables with High Scores at Least Partially Meeting Standards
Arizona	17	19	36	1	77%
Delaware	17	18	35	2	74%
Mississippi	14	20	34	3	72%
Virginia	12	21	33	4	70%
Arkansas	10	21	31	6.5	66%
Illinois	12	19	31		
Rhode Island	10	21	31		
West Virginia	11	20	31		
Colorado	9	21	30	9.5	64%
Washington	11	19	30		
New Mexico	6	23	29	12	62%
Oregon	5	24	29		
Wisconsin	9	20	29		
Alaska	8	20	28	16.5	60%
Georgia	7	21	28		
Massachusetts	6	22	28		
Michigan	8	20	28		
North Carolina	8	20	28		
Tennessee	10	18	28		
Alabama	8	19	27		
Florida	13	14	27	21	57%
North Dakota	8	19	27		
Maryland	6	20	26		
Minnesota	5	21	26	24	55%
South Carolina	6	20	26		
California	8	17	25		
Hawaii	7	18	25		
Iowa	5	20	25	28.5	53%
Montana	6	19	25		
Ohio	8	17	25		
Utah	5	20	25		
Louisiana	7	17	24	32.5	51%
Texas	7	17	24		

* Number of variables across child care types in each state receiving highest scores of fully meeting standard (rating = 4) and/or partially meeting standard (rating = 3). The percentages were calculated by dividing the sum of 3 and 4 ratings by 47, the number of variables.

** Where two or more states had the same sum for 3 & 4 ratings (center column), an average rank was computed and assigned to those states.

Similar to the table above, the following tables (Tables 4 - 6) report the states with greater 3-4 High Scores for variable in each of the three major topic

areas: Infant Feeding, Nutrition, and Physical Activity/Screen Time. Appendix G, pages 2-4, contains the complete rankings for all states in all three topic

areas. Appendix C3 presents ratings by child care type for all variables.

Table 4. States with Frequent Obesity Prevention Language in Infant Feeding

3-4 High Score for Infant Feeding Variables (N=11)					
State	Number Variables Fully Meet Standard (High Rating = 4)	Number Variables Partially Meet Standard (High Rating = 3)	SUM of 3 & 4 Ratings	Rank*	Percent of Variables with High Scores at Least Partially Meeting Standards
Delaware	6	4	10	1	91%
Arizona	6	3	9	3.5	82%
Massachusetts	3	6	9		
Michigan	4	5	9		
Mississippi	4	5	9		
Alaska	2	6	8		
Alabama	3	5	8	14.5	73%
California	3	5	8		
Colorado	3	5	8		
Georgia	3	5	8		
Hawaii	3	5	8		
Maryland	2	6	8		
Montana	2	6	8		
North Carolina	3	5	8		
North Dakota	4	4	8		
New Mexico	2	6	8		
Ohio	3	5	8		
Oregon	2	6	8		
Rhode Island	2	6	8		
South Carolina	2	6	8		
Utah	2	6	8		
Virginia	3	5	8		
Wisconsin	2	6	8		

*Where two or more states had the same sum for 3 & 4 ratings (center column), an average rank was computed and assigned to those states.

Infant Feeding

This topic area consists of 11 variables. One state, Delaware, achieved 3-4 High Scores in 10 of the 11 variables (91%). Four

states ranked next with nine out of 11 variables receiving scores of '3' or '4' in at least one child care type. Eighteen states achieved at least partial compliance in 73% of infant

feeding variables. A total of 34 states (including the 23 above), achieved greater than 50% 3-4 High Scores in Infant Feeding rules. Two states had no rules whatsoever that positively

Table 5. States with Frequent Obesity Prevention Language in Nutrition

3-4 High Score for Nutrition Variables (n=21)					
State	Number Variables Fully Meet Standard (High Rating = 4)	Number Variables Partially Meet Standard (High Rating = 3)	SUM of 3 & 4 Ratings	Rank*	Percent of Variables With High Scores at Least Partially Meeting Standards
Arizona	8	10	18	1	86%
Illinois	8	9	17	3	81%
Mississippi	8	9	17		
West Virginia	6	11	17		
Florida	11	5	16	6	76%
Rhode Island	6	10	16		
South Dakota	11	5	16		

* Where two or more states had the same sum for 3 & 4 ratings (center column), an average rank was computed and assigned to those states.

Table 6. States with Frequent Obesity Prevention Language in Physical Activity/Screen Time

3-4 High Score for Physical Activity/Screen Time Variables (n=15)					
State	Number Variables Fully Meet Standard (High Rating = 4)	Number Variables Partially Meet Standard (High Rating = 3)	SUM of 3 & 4 Ratings	Rank*	Percent of Variables with High Scores at Least Partially Meeting Standards
Arkansas	4	6	10	2	67%
Delaware	6	4	10		
Virginia	5	5	10		
Alaska	4	5	9	7.5	60%
Arizona	3	6	9		
Illinois	2	7	9		
Indiana	3	6	9		
Tennessee	2	7	9		
Texas	3	6	9		
Vermont	3	6	9		
Washington	3	6	9		
Mississippi	2	6	8		
New Jersey	1	7	8	13	53%
Wisconsin	3	5	8		

*Where two or more states had the same sum for 3 & 4 ratings (center column), an average rank was computed and assigned to those states.

addressed obesity prevention in Infant Feeding. (See Page 2 of Appendix G for details.)

Nutrition

There are 21 variables in the topic area of Nutrition. Seven states had at least 75% 3-4 High Scores, and they appear at the top of Table 5. A total of 38 states (including the 7 above), achieved greater than 50% 3-4 High Scores, and again two states had no regulatory language that promotes best practices in nutrition. (See Page 3 of Appendix G for details.)

Physical Activity/Screen Time

As seen in Table 6, Physical Activity/Screen Time, with 15 variables, was the least regulated of all the topic areas. The states’ rankings reflect that fact. Even the highest ranking states (Arkansas, Delaware, and Virginia) addressed the standard (partially or fully) for only two-thirds of the variables. Compared to data for Infant Feeding and Nutrition, where 30 or more states achieved 3-4 High Scores for at least half the variables, only 14 states rose

above the 50% level for Physical Activity/Screen Time. (See Page 4 of Appendix G for details.)

Variable-Level Analysis

The purpose of variable-level analysis is to identify individual best practices that are well-represented in states’ regulations versus those that are addressed rarely, or in a manner contrary to the intent of the component of the standard. Tables 7-10 reveal where a critical mass of states (half of the states) do or do not well

Table 7. Variables in which Standards Were Fully Met by More than Half the States

Ratings = 4, Fully Met Standards		
Variable	Description	Number of States
PA1	Provide children with adequate space for both inside and outside play.	51
NF1	Serve small-sized, age-appropriate portions.	41
IB1	Feed infants on cue.	40
NB3	Serve fruits of several varieties, especially whole fruits.	39
NC1	Use only 100% juice with no added sweeteners, and offer only during meal times.	39
IA2	Serve human milk or infant formula to at least age 12 months, not cow’s milk, unless written exception is provided by primary care provider and parent/guardian.	32

address specific components of standards. That is, Tables 7, 8 and 9 list variables for which at least half the states received a rating of '4' as their highest rating (Table 7), a rating of '3' as their highest rating (Table 8), or a rating of '2' as their highest rating (Table 9) in the combined 2010/2011 data set. Table 10 lists all variables that received any rating = '1' (where the content of the standard is contradicted).

Table 7 shows the variables that achieved a rating of '4' (fully met the component of the standard) in at least half of the states. It is worth noting that variable PA1, addressing adequate space for play, was the only variable where the

standard was fully met in all 50 states and the District of Columbia. This is attributable to the building codes in each state that require adequate space per occupant in child care facilities. States' requirements for CACFP Meal Patterns were largely responsible for the high scores of the other five variables in this table.

Table 8 shows the variables that received a rating of '3' (partially met the standard) in at least half of the states. These variables are components of standards that are incompletely addressed by the states. Often regulations in this area approximate the desired terminology, but either some contradiction, ambiguity, or

missing element accounted for a downgraded rating.

Table 9 shows the variables that are least often addressed nationwide (rating = '2'). Nine of the 17 variables are in the topic area of Physical Activity/Screen Time (designated by the letter 'P' in the variable code). One variable, PB4, prohibiting TV viewing while eating, was not addressed by any state nor the District of Columbia. The second most neglected standard in the nation was required training for caregivers/teachers about age-appropriate gross motor activities and games (PA2).

Table 8. Variables in which Standards Were Partially Met by More than Half the States

Ratings = 3, Partially Met Standards		
Variable	Description	Number of States
PC1	Provide daily for all children, birth to 6 years, two to three occasions of active play outdoors, weather permitting.	43
NA2	Serve meats and/or beans - chicken, fish, lean meat, and/or legumes (such as dried peas, beans), avoiding fried meats.	40
PC2	Allow toddlers 60 to 90 minutes per eight-hour day for vigorous physical activity.	40
IC1	Develop a plan for introducing age-appropriate solid foods (complementary foods) in consultation with the child's parent/guardian and primary care provider.	39
PC3	Allow preschoolers 90 to 120 minutes per eight-hour day for vigorous physical activity.	38
NA3	Serve other milk equivalent products such as yogurt and cottage cheese, using low-fat varieties for children 2 years of age and older.	37
NF2	Permit children to have one or more additional servings of the nutritious foods that are low in fat, sugar, and sodium as needed to meet the caloric needs of the individual child. AND, Teach children who require limited portions about portion size and monitor their portions.	37
NH2	Do not use food as a reward or punishment.	36
NC3	Serve no more than 4 to 6 oz juice/day for children 1-6 years of age.	36
NC4	Serve no more than 8 to 12 oz juice/day for children 7-12 years of age.	36
IB3	Hold infants while bottle feeding; AND, Position an infant for bottle feeding in the caregiver/teacher's arms or sitting up on the caregiver/teacher's lap.	34
NB1	Serve whole grain breads, cereals, and pastas.	34
IC2	Introduce age-appropriate solid foods no sooner than 4 months of age, and preferably around 6 months of age.	34
IC3	Introduce breastfed infants gradually to iron-fortified foods no sooner than 4 months of age, but preferably around 6 months to complement the human milk.	33
NB2	Serve vegetables, specifically, dark green, orange, deep yellow vegetables; and root vegetables, such as potatoes and viandas.	32
IB2	Do not feed infants beyond satiety; AND, Allow infant to stop the feeding.	30
NH1	Do not force or bribe children to eat.	29

Table 9. Variables in which No Relevant Content Was Found in More than Half the States

Ratings = 2, No Related Content		
Variable	Description	Number of States
PB4	Do not utilize TV, video, or DVD viewing during meal or snack time.	51
PA2	Provide orientation and annual training opportunities for caregivers/teachers to learn about age-appropriate gross motor activities and games that promote children's physical activity.	50
PA4	Require caregivers/teachers to promote children's active play, and participate in children's active games at times when they can safely do so.	49
NE2	Require adults eating meals with children to eat items that meet nutrition standards.	48
ID1	Do not feed an infant formula mixed with cereal, fruit juice or other foods unless the primary care provider provides written instruction.	47
PA3	Develop written policies on the promotion of physical activity and the removal of potential barriers to physical activity participation.	46
NA1	Limit oils by choosing monounsaturated and polyunsaturated fats (such as olive oil or safflower oil) and avoiding trans fats, saturated fats, and fried foods.	45
NC2	Use only 100% juice with no added sweeteners, and offer only during meal times.	45
NG1	Limit salt by avoiding salty foods such as chips and pretzels	45
NE1	Teach children about appropriate portion sizes. AND, Teach children appropriate portion size by using plates, bowls, and cups that are developmentally appropriate to their nutritional needs.	44
NA5	Serve skim or 1% pasteurized milk to children 2 years of age and older.	44
PB3	Use (media time) only for educational purposes or physical activity.	42
PE1	Ensure that infants have supervised tummy time every day when they are awake.	42
PD1	Provide daily for all children, birth to 6 years, two or more structured or caregiver/teacher/adult-led activities or games that promote movement over the course of the day—indoor or outdoor; AND, Require caregivers/teachers to lead structured activities to promote children's activities two or more times per day.	40
NA4	Serve whole pasteurized milk to 12- to 24-month old children who are not on human milk or prescribed formula, or serve reduced fat (2%) pasteurized milk to those who are at risk for hypercholesterolemia or obesity.	39
PB2	Limit total media time for children 2 years and older to not more than 30 minutes once a week;	27
PE2	Use infant equipment such as swings, stationary activity centers (ex. exersaucers), infant seats (ex. bouncers), molded seats, etc. only for short periods of time if at all.	26

Table 10. Variables in which Standards Were Contradicted in Any States

Ratings = 1, Contradicted the Standards		
Variable	Description	Number of States
ID2	Serve whole fruits, mashed or pureed, for infants 7 months up to 1 year of age.	26
ID3	Serve no fruit juice to children younger than 12 months of age.	25
NG2	Avoid sugar, including concentrated sweets such as candy, sodas, sweetened drinks, fruit nectars, and flavored milk.	20
NF2	Permit children to have one or more additional servings of the nutritious foods that are low in fat, sugar, and sodium as needed to meet the caloric needs of the individual child. AND, Teach children who require limited portions about portion size and monitor their portions.	2
IA2	Serve human milk or infant formula to at least age 12 months, not cow's milk, unless written exception is provided by primary care provider and parent/guardian.	2
NB3	Serve fruits of several varieties, especially whole fruits.	1
NC1	Use only 100% juice with no added sweeteners, and offer only during meal times.	1

Table 10 shows all variables that were contradicted in any state's regulation (rating = '1'). Fortunately, few regulations across the nation contradict the standards. An example, however, is variable *servicing whole fruits, mashed or pureed, for infants 7 months up to 1 year of age* (ID2), which is commonly contradicted. In most cases, regulations specify an age earlier than 7 months, or default to CACFP Meal Patterns, which allow serving fruit to infants at 4 months of age. Paradoxically, states that generally had stronger regulations were also most likely those that had occasional scores of '1.' That is to say, doing something results in more contradictory language than doing nothing.

Figure 4, on the following page, complements the preceding tables by graphically depicting the treatment of all variables across the nation. It presents the variables in rank order by their mean ratings, updated for 2011, across all child care types and states. The individual rows are color coded to show the distribution of scores '1'-'4' for each variable. The predominant single color is red (rating = '2') signifying the extent to which high impact variables (components of standards) fail to be addressed in states' rules. Appendix H presents more detail on the treatment of individual variables in states' regulations.

Use of CFOC by States

The NRC inquired about child care licensing agencies' usage of *PCO* and *CFOC* during the contacts with state personnel for document verification in the Fall of 2011. The NRC successfully made direct contact via phone or email (often both) for District of Columbia and 49 of the 50 states.^{*}

Only licensors from Arkansas and California stated that they had not previously used *CFOC*, whereas licensors from 46 states (96%) said they have used or plan to use *CFOC* in promulgating child care rules. Of those who use *CFOC*, 78% rated it '5' on a 5-point scale, and the remainder rated it as quite helpful (rating = 4). In fact, respondents from four different states referred to *CFOC* as their "bible." Table 11 below displays the versions of *CFOC* the respondents identified as in use in their states. In open-ended comments, three respondents reported plans to use *CFOC* in 2012, and 23 additional open-ended responses referred to the overall usefulness of *CFOC* to regulatory work and/or the frequency of reference to *CFOC* (e.g., "every day," "all the time"). A sample comment was: "The 2nd and now the 3rd editions of *Caring for Our Children* have been instrumental in our drafting of a variety of rules, from the amount of time children spend watching television to limits on juice consumption. We are relying on this text as the authority for standards we are attempting to set." However, one respondent noted, that although licensors in the state relied on *CFOC* frequently, "...standards don't take into account economic considerations - some would be too costly to implement."

Fourteen months after publication of *PCO*, 24 states' licensors had not yet used the child care obesity prevention resource.** Several, however, used *CFOC3*, which incorporates the standards included in *PCO*, although, as presented in *CFOC3*, those standards are not grouped together with an obesity prevention focus. The remaining 19 (40%) said they used or plan to use *PCO* in promulgating child care rules. The vast majority (79%) of those who have used *PCO* rated it as extremely helpful, and 16% rated it as quite helpful. In open-ended comments, four respondents reported plans to use *PCO* in 2012.

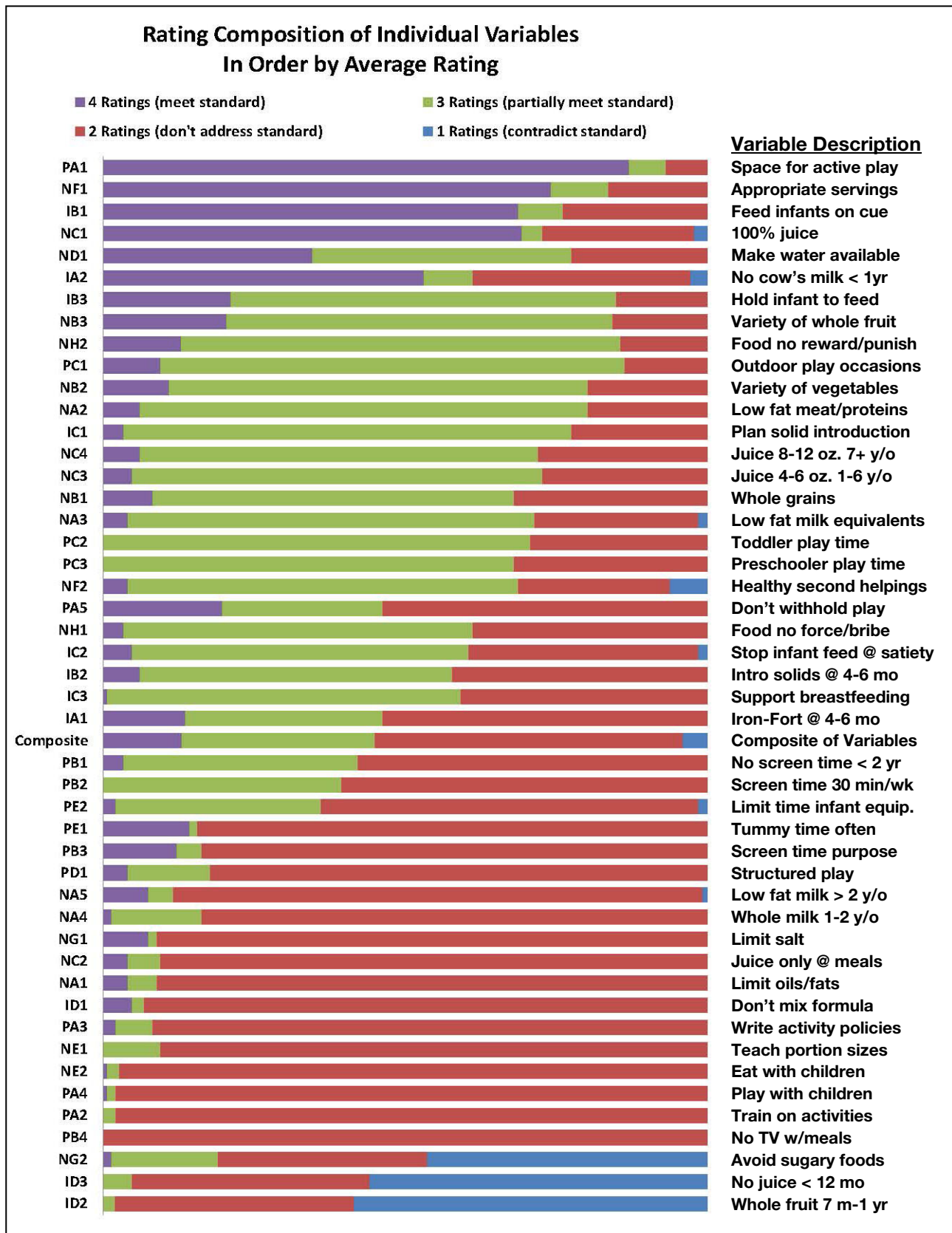
Table 11. CFOC Version in Use by States, Fall 2011

CFOC Version	Number of States Using CFOC Version
1	1
2	12
3	19
2 & 3	7
All	9
Total	48

^{*} Repeated efforts were unsuccessful to make direct contact via phone and email with the state of Massachusetts in 2011.

^{**} Responding licensing personnel who had not used *PCO* by the Fall of 2011 were from: Arkansas, California, Connecticut, Delaware, Florida, Georgia, Hawaii, Maryland, Michigan, Minnesota, Missouri, Mississippi, Nebraska, New Jersey, New Mexico, Ohio, Oklahoma, Oregon, South Dakota, Utah, Vermont,

Figure 4. Individual Variables



Discussion and Other Findings

Revised child care licensing documents introduced in 2011 by Arizona, Arkansas, and North Dakota strengthened obesity prevention regulations in those states to varying degrees. From a national perspective, however, little has changed in the past year, as the three states' changes, which included both improvements and decrements in language consistent with *PCO/CFOC3* standards, accounted for only about 1% of the ratings in the national data set of nearly 7,000 elements. The small degree of change in 2011 is consistent with the NRC's expectations. Although public health leaders and seminal researchers (e.g., Benjamin Neelon, Copeland, Story and Ward and their colleagues) have tracked pediatric obesity for some time, public awareness was truly ignited only in 2010 with the introduction of key elements of the national campaign to reverse the pediatric obesity epidemic, such as *Let's Move!*, and subsequently, *Let Move Child Care!*¹⁷

The process of promulgating child care licensing regulations is highly variable across the states. The NRC's Licensing advisors, Judy Collins, MS (past NARA president), and Pauline Koch, MS (past NARA Executive Director), concur that child care rulemaking may take "18 months to several years unless the rule is put into place by an emergency rule, which could be done in a few months."¹⁸ It is unlikely that the national events unfolding throughout 2010 substantially

shaped rules enacted by states in 2011. Furthermore, since *PCO* was not available until July 2010, nor *CFOC3* until June 2011, rules written without reference to the publications would not be expected to align closely with the obesity prevention standards, nor the study variables derived from those standards.

The NRC's contacts with states' regulatory professionals in Fall 2011 uncovered that 24 states anticipate child care regulatory changes to a total of 43 documents in 2012, although it was not determined how many changes will impact obesity prevention. However, as most of the states use *CFOC*, some level of change consistent with *PCO/CFOC3* may be expected. In fact, 11 of the states that project 2012 rule changes also reported use of *PCO*. This indicates some intention to strengthen child care regulations that promote healthy weight in those states. As the Colorado respondent reported: "The *Preventing Childhood Obesity* resource has been a useful tool in developing rules regarding offering a

11 of 24 states that project 2012 rule changes reported use of *PCO*.

balanced healthy diet with the meals and snacks provided to children in licensed child care

centers. Preventing childhood obesity goes to our mandate to protect the health of children in care."

Child and Adult Care Food Program

Many states refer to or utilize the USDA FNS Child and Adult Care Food Program (CACFP) Meal Patterns as the source of their regulations on nutrition recommendations (including infant feeding requirements). Revision of the Meal Patterns, expected in 2013, will have sweeping consequences for many states' regulations, as assessed in the *ASHW* updates. If the final changes closely reflect the published recommendations (Institute of Medicine, 2010), scores assigned to study variables by the NRC for CACFP will show several improvements. However, there are some exceptions, most notably in the areas of techniques for infant feeding. CACFP is designed, first and foremost, to define appropriate foods and serving sizes by age, not feeding techniques and practices related to how food is served and consumed. By contrast, *PCO/CFOC3* standards do address such issues (e.g., *do not feed infants past satiety*). The ratings assigned to CACFP for some *ASHW* variables in 2010 were based upon explanatory footnotes that no longer appear in the recommended changes to the Meal Patterns. If the recommendations are finalized without additional content, some ratings will decline if

¹⁷ Other signal elements include the report of the White House Task Force on Obesity, *Solving the Problem of Childhood Obesity within a Generation*; US DHHS Secretary Sibelius' strategic initiative *Help Americans Achieve and Maintain Healthy Weight*; and development of the HRSA *Healthy Weight Initiative* and its *Child Care Workgroup*.

¹⁸ The information on timeframes was offered by Ms. Collins and confirmed by Ms. Koch in personal communications, May 4 and 5, 2012, respectively.

states do not compensate for the deleted text. Often, when a state entirely defaults to CACFP for nutrition and infant feeding, the state has no regulatory content on feeding techniques, nor, often, on sound practices in behavioral or social components of developing healthy eating habits (e.g., caregivers/teachers *eating foods of similar nutritional value, not consuming unhealthy foods in the presence of children, using age-appropriate sized utensils*). To inform future state actions in regulatory revision, licensors may wish to review the study variables to identify areas in infant feeding and nutrition that are currently unaddressed in their regulations, or that may be absent from a revised CACFP.

Non-Regulatory Efforts in the States

The vast majority of licensors who spoke with the NRC staff during the 2011 update value the content of the CFOC standards. However, some acknowledge that economic or other factors prevent creation of more stringent rules: “That’s [CFOC is] our bible...[we] base rules on standards, but often lower them to accommodate providers.” However, regulations are not the only way states act to raise the quality of child care. Some of the strategies volunteered in the calls by licensors provide a glimpse into the breadth of the efforts nationwide in child care to stem the tide of childhood obesity. In fact, licensors in 16 states described some non-regulatory work ongoing or contemplated in their states. Table 12 summarizes this information. This anecdotal evidence is most certainly incomplete, as it was unsolicited, and may inadequately describe ongoing

Licensors in 16 states described some non-regulatory work ongoing or contemplated in their states.

efforts within the reporting states.

Following are some of the specific examples cited by respondents, or subsequently located on the states’ websites.

- Arizona has a voluntary anti-obesity program entitled “Empower.” The information can be viewed at the following link: <http://www.theempowerpack.org/>. (The site includes links to their excellent videos.) Kentucky uses CFOC to educate child care providers on intervention strategies to prevent excessive weight gain in young children.
- Michigan’s Healthy Kids, Healthy Michigan (HKHM) began in 2007, as part of a policy to make obesity prevention a priority. In 2008, HKHM became a coalition dedicated to reducing childhood obesity in Michigan through strategic policy initiatives. The coalition includes more than 120 organizations statewide, representing government, non-profits, and the private sector. (See http://www.michigan.gov/mich/0,1607,7-132-2940_2955_2959_51482---.00.html.)
- North Carolina uses PCO to answer questions for best practices and PCO is used by the state’s field agents.
- South Dakota’s Fit from the Start, aimed at two-five year old children, offers resources to parents and caregivers to foster healthy eating and physical activity habits. (See <http://www.healthysd.gov/parents/fitfromstart.aspx>.) A curriculum that includes obesity prevention and training of child care providers is being piloted through the Department of Health.
- Utah has a voluntary QRIS (Quality Rating and Improvement System) that encourages and rewards obesity prevention measures.
- Wisconsin’s Active Early Program began in 2009 and

Table 12. States’ Non-Regulatory Efforts

Types of Efforts	States
Quality Rating and Improvement Systems (QRIS) and other voluntary programs	AL, AZ, NE, PA, SD, UT, WI
Websites & Publications as Resources	CA, MI, MS, ND, WI
Education and Training of Providers	KY, WV, WI, WY
Tech Support for Field Agents	NC
Interagency Council	TX

includes pilot sites, workshops, conferences, networks, and provider resources. (See <http://www.dhs.wisconsin.gov/publications/P0/P00280.pdf>.)

- Wyoming has an exemplary child care center in Cheyenne that is using Let's Move! and informs licensing and others in the state of developments in using the resources.

Other NRC Healthy Weight Resources

In addition to supporting the early publication of *PCO* and the 2010 NRC Healthy Weight Advisors Meeting (with ACF OCC) HRSA MCHB supported *ASHW 2010* and several smaller scale NRC Healthy Weight projects. Those developed in 2010-11 include:

- *Motion Moments Videos* – a brief video series to demonstrate easy ways to incorporate more physical activity into child care settings, including three age-targeted videos for infants, toddlers, and preschoolers.
- Checklists – in English and Spanish, specifically for families to assist identification of Healthy Weight practices
- *Family Checklist for Nutrition in Early Care and Education*
- *Lista de revisión familiar para la nutrición en el cuidado y educación infantil*

- *Family Checklist for Physical Activity in Early Care and Education*
- *Lista de revisión familiar para la actividad física en el cuidado y educación infantil*
- Licensing Toolkit – *Avoid or Limit Foods High in Sugar in Child Care*, to assist licensing professionals in promulgating and implementing topic-specific rules, and in delivering technical assistance to caregivers/teachers. The toolkit includes a User Guide and three Action Sheets
 - Licensing Agencies' Action Sheet
 - Child Care Provider's Action Sheet
 - Legislator's Action Sheet

The concept for the Licensing Toolkit prototype¹⁹ (above) was identified in the NRC Healthy Weight Advisors' Meeting of July 2010. Judy Collins, MS, NRC Licensing Advisor, advocated for a resource specifically to meet the needs of licensing professionals for topic-specific, brief, factual, and credible evidence in espousing the case for regulations. The subject of the prototype toolkit, *Avoid or Limit Foods High in Sugar*, was selected from among the Advisory Group's high impact components of *PCO/CFOC3* standards. The prototype received favorable reactions in subsequent focus groups, also

supported by MCHB, with licensing personnel in 12 states, so that additional toolkits are warranted.

In 2011-12, HRSA MCHB supported the *ASHW 2011* update study and development of a new Licensing Toolkit, *Use of Water and 100% Juice in Child Care* (also high impact components), which is available on the NRC website.²⁰ In addition, the Division of Nutrition, Physical Activity, and Obesity, National Center for Chronic Disease Prevention and Health Promotion of the Centers for Disease Control and Prevention (CDC) funded NRC Healthy Weight products for delivery in 2012.²¹ They include:

- Spanish versions of all *Motion Moments* videos
- A new video on *Screen Time Limits in Child Care*
- An NRC Health and Safety Health and Safety Tipsheet, *100% Juice and Water for Drinks in Early Care and Education*
- Two new licensing toolkits based on the original prototype design
 - How to Limit Screen Time in Child Care
 - Infant Feeding Practices

The products under development for the CDC also are based upon high impact components of standards. All are due by September, 2012, and will be posted on the NRC website as completed. Licensors, policy makers and

¹⁹ The NRC gratefully acknowledges the expert contributions of the NRC Licensing Advisory Panelists who worked with us to create the Toolkit concept and format: Judy Collins, Melissa Courts, Ann Ditty, Becky Fleming-Siebenaler, Pauline Koch, Ann Ryan, and Jackie Wood. Judy Collins also co-facilitated focus groups with licensing and health professionals to acquire feedback on the toolkit and led preparation of the Guide for Using the Licensing Toolkit Action Sheets.

²⁰ The Licensing Toolkit, *Use of Water and 100% Juice in Child Care*, is available @ <http://nrckids.org/Toolkit/WaterJuiceToolkitCombined.pdf>.

²¹ Meredith Reynolds, PhD, of the Division of Nutrition, Physical Activity, and Obesity, National Center for Chronic Disease Prevention and Health Promotion, Centers for Disease Control and Prevention initiated the contact with the NRC in December 2010, seeking *ASHW 2010* data for CDC technical assistance projects.

legislators, child care providers and early educators, child care health consultants, and families of young children may explore all of these free resources, as well as *PCO2*, and *CFOC3*, on the NRC website, <http://nrckids.org/>.

The NRC's Healthy Weight resources, developed with the support of HRSA MCHB and the CDC (and in the case of *PCO*, with the support of the ACF OCC), are targeted to address practices that, if fully implemented in child care, should have a favorable impact

upon stemming the childhood obesity epidemic. The NRC resources contribute to the strong momentum for quality resources nationally (e.g., *Let's Move! Child Care*) and resources developed by states. Licensors, legislators and other policy makers, child care health consultants, child caregivers, and early educators are encouraged to explore the rich array of information, materials and programs to support this campaign on the individual and public levels. The NRC particularly urges licensing

professionals to examine *ASHW 2010* and the details of the current report, *ASHW 2011*: a) to identify *PCO/CFOC* standards in which their states' have room for improvement; b) to assess the consistent treatment of obesity prevention across the child care types they regulate; and, c) to explore the text of the regulations of states that fully meet selected standards for all child care types to discover model language that may inform their own efforts to address this critical public health issue.

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Acronyms Used in This Report

AAP	American Academy of Pediatrics
ACF	Administration for Children and Families
APHA	American Public Health Association
ASHW	<i>Achieving a State of Healthy Weight: A National Assessment of Obesity Prevention Terminology in Child Care Regulations 2010, 2011</i>
CACFP	Child and Adult Care Food Program U.S. Department of Agriculture, Food and Nutrition Service
CDC	Centers for Disease Control and Prevention
CFOC2	<i>Caring for Our Children (National Health and Safety Performance Standards: Guidelines for Out-of-Home Child Care Programs, 2nd Edition</i>
CFOC3	<i>Caring for Our Children (National Health and Safety Performance Standards: Guidelines for Out-of-Home Child Care Programs, 3rd Edition</i>
DHHS	US Department of Health and Human Services
FNS	US Department of Agriculture Food and Nutrition Service
HRSA	Health Resources and Service Administration
MCHB	Maternal and Child Health Bureau
NHANES	National Health and Nutrition Examination Surveys
NCCIC	National Child Care Information and Technical Assistance Center
NARA	National Association for Regulatory Administration
NRC	National Resource Center for Health and Safety in Child Care and Early Education
OCC	Office of Child Care (formerly the Child Care Bureau)
PCO	<i>Preventing Childhood Obesity in Early Care and Education Programs: Selected Standards from Caring for Our Children: National Health and Safety Performance Standards; Guidelines for Early Care and Education Programs, 3rd Edition</i>
USDA	US Department of Agriculture

Sample Rating Scales

Figure A. Sample Rating Scale for an Uncomplicated Study Variable

(From the Physical Activity/Screen Time Topic Area) Develop written policies on the promotion of physical activity and the removal of potential barriers to physical activity participation.

Assign ratings as follows for state rules that:

1 =Contradict the standard component

2 =Do not mention policies on promotion of physical activity or on removal of barriers to activity (Raters: Both promotion and removal of barriers are absent.)

3 =State one of the following (but not both):

-Require/recommend policies on the promotion of physical activity

OR

-Require/recommend policies on removal of potential barriers to physical activity participation

4 = State both of the following:

-Require/recommend written policies on the promotion of physical activity

AND

-Require/recommend written policies on removal of potential barriers to physical activity participation

Figure B. Sample Rating Scale for a Complicated Study Variable with Additional Rating Rules

(From the Infant Feeding Topic Area) Serve human milk or infant formula to at least age 12 months, not cow's milk, unless written exception is provided by primary care provider and parent/guardian.

Assign ratings as follows for state rules that:

1 =Permit cow's milk for infants under 12 months (explicitly), without primary care provider and parent/guardian written exception

2 =Do not mention prohibiting cow's milk nor serving only human milk or infant formula for infants less than 12 months of age

3 =State one or both of the following with some limitation/contradictory statement in either or both (other than written exception by primary care provider and parent/guardian):

-Prohibit cow's milk until at least 12 months of age

-Require/recommend human milk and/or formula for infants until at least 12 months of age

4 =State one or both of the following:

-Prohibit cow's milk until at least 12 months of age, unless written exception by primary care provider and parent/guardian

AND/OR

-Require human milk or formula for infants until at least 12 months of age

NOTE: If a state refers to CACFP* without additional pertinent text, the rating = 4 because the Meal Plan requires human milk or formula for children under the age of 12 months.

* **CACFP** refers to the Meal Patterns of the U.S. Department of Agriculture Food and Nutrition Service Child and Adult Care Food Program. Many states require adherence to the Meal Patterns, and/or adherence to the recommendations of MyPyramid (replaced in 2011 by MyPlate). CFCO and PCO include standards that refer to these requirements/recommendations, as well. The both the CACFP Meal Patterns and MyPyramid therefore were scored on the study variables to inform ratings of states that require them. In the rating of states documents enacted in 2011, the NRC also scored MyPlate to inform ratings, if needed.

NRC Assessment Variables: Source within PCO/CFOC Standards

INFANT FEEDING	
Subgroup	Description and Source PCO Standard <i>(Where multiple standards address component content, differential contributions are listed.)</i>
Appropriate fluids for young infants (subgroup A)	IA1 Encourage and support breastfeeding and feeding of breast milk by making arrangements for mothers to feed their children comfortably on-site. PCO Standard: General Plan for Feeding Infants (p. 26)
	IA2 Serve human milk or infant formula to at least age 12 months, not cow's milk, unless written exception is provided by primary care provider and parent/guardian. PCO Standard: Categories of Foods (p. 18) PCO Standard: Feeding Cow's Milk (p. 39)
How to feed fluids to young infants (subgroup B)	IB1 Feed infants on cue. PCO Standard: Feeding Infants on Cue by a Consistent Caregiver/Teacher (p. 27) PCO Standard: Techniques for Bottle Feeding (p. 33) (Initiate feeding when infant provides cues) PCO Standard: Meal Pattern (p. 19) (Meet some very young infants' needs to be fed at shorter intervals than every two hours to meet their nutritional needs, especially breastfed infants being fed expressed human milk.) PCO Standard: Infant Feeding Policy (p. 49) (Include in infant feeding policy...Acknowledgement that feeding infants on cue rather than on a schedule may help prevent obesity)
	IB2 Do not feed infants beyond satiety/Allow infant to stop the feeding. PCO Standard: Feeding Infants on Cue by a Consistent Caregiver/Teacher (p. 27) (Do not feed infants beyond satiety.) PCO Standard: Techniques for Bottle Feeding (p. 33) (Allow infant to stop the feeding.)
	IB3 Hold infants while bottle feeding or Position an infant for bottle feeding in the caregiver/teacher's arms or sitting up on the caregiver/teacher's lap. PCO Standard: Techniques for Bottle Feeding (p. 33) (Hold infants while bottle feeding/Position an infant for bottle feeding in the c/t's arms or sitting up on the c/t's lap.) PCO Standard: Numbers of Children Fed Simultaneously by One Adult (p. 42) (Limit the number of children fed at the same time by one adult...) PCO Standard: Infant Feeding Policy (p. 49) (Include in infant feeding policy... h) Holding infants during bottle-feeding or feeding them sitting up)

INFANT FEEDING	
Subgroup	Description and Source PCO Standard <i>(Where multiple standards address component content, differential contributions are listed.)</i>
Introduction of solids to infants (subgroup C)	IC1 Develop a plan for introducing age-appropriate solid foods (complementary foods) in consultation with the child's parent/guardian and primary care provider. PCO Standard: Introduction of Age-Appropriate Solid Foods to Infants (p. 35)
	IC2 Introduce age-appropriate solid foods (128 a) no sooner than 4 months of age, and preferably around 6 months of age. PCO Standard: Introduction of Age-Appropriate Solid Foods to Infants (p. 35) PCO Standard: General Plan for Feeding Infants (p. 26)
	IC3 Introduce breastfed infants gradually to iron-fortified foods no sooner than four months of age, but preferably around six months to complement the human milk. PCO Standard: Introduction of Age-Appropriate Solid Foods to Infants (p. 35) PCO Standard: General Plan for Feeding Infants (p. 26)
Appropriate complementary foods for infants (subgroup D)	ID1 Do not feed an infant formula mixed with cereal, fruit juice or other foods unless the primary care provider provides written instruction. PCO Standard: Preparing, Feeding, and Storing Infant Formula (p. 31)
	ID2 Serve whole fruits, mashed or pureed, for infants 7 months up to one year of age. PCO Standard: Categories of Foods (p. 18) PCO Standard: 100% Fruit Juice (p. 21)
	ID3 Serve no fruit juice to children younger than 12 months of age. PCO Standard: Categories of Foods (p. 18) PCO Standard: 100% Fruit Juice (p. 21)

NUTRITION	
Subgroup	Description and Source <i>PCO Standard</i>
	<i>(Where multiple standards address component content, differential contributions are listed.)</i>
Limit dietary fats (subgroup A)	NA1 Limit oils by choosing monounsaturated and polyunsaturated fats (such as olive oil or safflower oil) and avoiding trans fats, saturated fats and fried foods. <i>PCO Standard: Categories of Foods (p. 18)</i>
	NA2 Serve meats and/or beans - chicken, fish, lean meat, and/or legumes (such as dried peas, beans), avoiding fried meats. <i>PCO Standard: Categories of Foods (p. 18)</i>
	NA3 Serve other milk equivalent products such as yogurt and cottage cheese, using low-fat varieties for children 2 years of age and older. <i>PCO Standard: Categories of Foods (p. 18)</i>
	NA4 Serve whole pasteurized milk to twelve to twenty-four month old children who are not on human milk or prescribed formula, or serve reduced fat (2%) pasteurized milk to those who are at risk for hypercholesterolemia or obesity. <i>PCO Standard: Feeding Cow's Milk (p. 39)</i> <i>PCO Standard: Categories of Foods (p. 18)</i>
	NA5 Serve skim or 1% pasteurized milk to children two years of age and older. <i>PCO Standard: Feeding Cow's Milk (p. 39)</i> <i>PCO Standard: Categories of Foods (p. 18)</i>
Serve nutrient-dense whole foods (subgroup B)	NB1 Serve whole grain breads, cereals, and pastas. <i>PCO Standard: Categories of Foods (p. 18)</i>
	NB2 Serve vegetables, specifically, dark green, orange, deep yellow vegetables; and root vegetables, such as potatoes and viandas. <i>PCO Standard: Categories of Foods (p. 18)</i>
	NB3 Serve fruits of several varieties, especially whole fruits. <i>PCO Standard: Categories of Foods (p. 18)</i>
Wholeness and quantity of juice (subgroup C)	NC1 Use only 100% juice with no added sweeteners , and offer only during meal times. (Split component: See below for "meal times") <i>PCO Standard: 100% Fruit Juice (p. 21)</i> (Use only 100% juice with no added sweeteners, and offer only during meal times.) <i>PCO Standard: Categories of Foods (p. 18)</i> (Avoid sugar, including concentrated sweets such as candy, sodas, sweetened drinks, fruit nectars, flavored milk.)
	NC2 Use only 100% juice with no added sweeteners, and offer only during meal times. (Split component: See above for 100% juice.) <i>PCO Standard: 100% Fruit Juice (p. 21)</i> (Use only 100% juice with no added sweeteners, and offer only during meal times.)
	NC3 Serve no more than 4 to 6 oz juice /day for children 1-6 years of age. <i>PCO Standard: Categories of Foods (p. 18)</i> <i>PCO Standard: 100% Fruit Juice (p. 21)</i>

NUTRITION	
Subgroup	Description and Source PCO Standard <i>(Where multiple standards address component content, differential contributions are listed.)</i>
Wholeness and quantity of juice (subgroup C)	NC4 Serve no more than 8 to 12 oz juice/day for children 7-12 years of age. PCO Standard: Categories of Foods (p. 18) PCO Standard: 100% Fruit Juice (p. 21)
Water availability (subgroup D)	ND1 Make water available both inside and outside. (Supplementary Component - Rationale: Selected to complete construct coverage for beverages) PCO Standard: Availability of Drinking Water (p. 20) PCO Standard: Playing Outdoors (p. 54) (Ensure that children are well-hydrated and encouraged to drink water during the activity.)
Nutrition instruction by word & example (subgroup E)	NE1 Teach children about appropriate portion sizes. AND, 147, teach children appropriate portion size by using plates, bowls and cups that are developmentally appropriate to their nutritional needs. PCO Standard: Nutritional Learning Experiences for Children (p. 46) (Teach children about appropriate portion sizes.) PCO Standard: Serving Size for Toddlers and Preschoolers (p. 38) (Use serving dishes that contain the appropriate amount of food based on serving sizes or portions recommended for each child and adult as described in the CACFP guidelines...Teach children appropriate portion size by using plates, bowls and cups that are developmentally appropriate to their nutritional needs.)
Age and individual nutritional requirements (subgroup F)	NE2 Require adults eating meals with children to eat items that meet nutrition standards. PCO Standard: Socialization During Meals (p. 41)
	NF1 Serve small-sized, age-appropriate portions. PCO Standard: Serving Size for Toddlers and Preschoolers (p. 38)
	NF2 Permit children to have one or more additional servings of the nutritious foods that are low in fat, sugar, and sodium as needed to meet the caloric needs of the individual child. AND, Teach children who require limited portions about portion size and monitor their portions. (Combined component- one rating) PCO Standard: Standard: Serving Size for Toddlers and Preschoolers (Permit children to have one or more additional servings of the nutritious foods that are low in fat, sugar, and sodium as needed to meet the caloric needs of the individual child.) (p. 38) PCO Standard: Socialization During Meals (p. 41) (Teach children who require limited portions about portion size and monitor their portions.)

NUTRITION	
Subgroup	Description and Source PCO Standard <i>(Where multiple standards address component content, differential contributions are listed.)</i>
Limit sugar and salt (subgroup G)	<p>NG1 Limit salt by avoiding salty foods such as chips and pretzels. . (Supplementary Component - Rationale: Selected to complete the food groups construct.)</p> <p>PCO Standard: Categories of Foods (p. 18) (Limit salt by avoiding salty foods such as chips and pretzels.)</p> <p>PCO Standard: Serving Size for Toddlers and Preschoolers (p. 38) (Permit children to have one or more additional servings of the nutritious foods that are low in fat, sugar, and sodium as needed to meet the caloric needs of the individual child.)</p>
	<p>NG2 Avoid sugar, including concentrated sweets such as candy, sodas, sweetened drinks, fruit nectars, and flavored milk.</p> <p>PCO Standard: Categories of Foods (p. 18)</p>
Misuse of food (subgroup H)	<p>NH1 Do not force or bribe children to eat.</p> <p>PCO Standard: Prohibited Uses of Food (p. 43)</p>
	<p>NH2 Do not use food as a reward or punishment.</p> <p>PCO Standard: Prohibited Uses of Food(p. 43)</p>

PHYSICAL ACTIVITY	
Subgroup	Description and Source PCO Standard <i>(Where multiple standards address component content, differential contributions are listed.)</i>
General Promotion of Activity (subgroup A)	PA1 Provide children with adequate space for both inside and outside play. PCO Standard: Active Opportunities for Physical Activity (p. 51)
	PA2 Provide orientation and annual training opportunities for caregivers/teachers to learn about age-appropriate gross motor activities and games that promote children’s physical activity. PCO Standard: Caregivers/Teachers’ Encouragement of Physical Activity (p. 55)
	PA3 Develop written policies on the promotion of physical activity and the removal of potential barriers to physical activity participation. PCO Standard: Policies and Practices that Promote Physical Activity (p. 56)
	PA4 Require caregivers/teachers to promote children’s active play, and participate in children’s active games at times when they can safely do so. PCO Standard: Caregivers/Teachers’ Encouragement of Physical Activity (p. 55)
	PA5 Do not withhold active play from children who misbehave, although out-of-control behavior may require five minutes or less calming periods to help the child settle down before resuming cooperative play or activities. . (Supplementary Component - Rationale: Addresses prohibited uses of physical activity; equivalent construct to prohibited use of food.) PCO Standard: Active Opportunities for Physical Activity (p. 51)
Screen Time (subgroup B)	PB1 Do not utilize media (television [TV], video, and DVD) viewing and computers with children younger than two years. (Supplementary Component - Rationale: Added to complete the age range coverage.) PCO Standard: Active Opportunities for Physical Activity (p. 51)
	PB2 Limit total media time for children two years and older to (270a) not more than 30 minutes once a week, and (270b) use only for educational purposes or physical activity. (Split component: Two scales were devised, one for 30 minute limit, and one for purpose.) PCO Standard: Limiting Screen Time - Media, Computer Time (p. 58) PCO Standard: Caregivers/Teachers’ Encouragement of Physical Activity (p. 55) (Limit screen time (TV, DVD, computer time).
	PB3 Do not utilize TV, video, or DVD viewing during meal or snack time. PCO Standard: Active Opportunities for Physical Activity (p. 51)

PHYSICAL ACTIVITY	
Subgroup	Description and Source PCO Standard <i>(Where multiple standards address component content, differential contributions are listed.)</i>
Age- Specific Activity (subgroup C)	<p>PC1 Provide daily for all children, birth to six years, two to three occasions of active play outdoors, weather permitting.</p> <p>PCO Standard: Active Opportunities for Physical Activity (p. 51)</p> <p>PC2 Allow toddlers sixty to ninety minutes per eight-hour day for vigorous physical activity.</p> <p>PCO Standard: Active Opportunities for Physical Activity (p. 51)</p> <p>PC3 Allow preschoolers ninety to one-hundred and twenty minutes per eight-hour day for vigorous physical activity</p> <p>PCO Standard: Active Opportunities for Physical Activity (p. 51)</p>
Caregiver/ teacher involvement in children’s activities (subgroup D)	<p>PD1 Provide daily for all children, birth to six years, two or more structured or caregiver/teacher/adult-led activities or games that promote movement over the course of the day—indoor or outdoor; AND, Require caregivers/teachers to lead structured activities to promote children’s activities two or more times per day.) (Combined component- one rating)</p> <p>PCO Standard: Active Opportunities for Physical Activity (p. 51) (Provide daily for all children, birth to six years, two or more structured or caregiver/teacher/adult-led activities or games that promote movement over the course of the day—indoor or outdoor.)</p> <p>PCO Standard: Caregivers/Teachers’ Encouragement of Physical Activity (p. 55) (Require caregivers/teachers to lead structured activities to promote children’s activities two or more times per day.)</p>
Infant-specific Activity (subgroup E)	<p>PE1 Ensure that infants have supervised tummy time every day when they are awake. Supplementary Component (Rationale: With component below, completes coverage of age ranges (infants).)</p> <p>PCO Standard: Active Opportunities for Physical Activity (p. 51)</p> <p>PE2 Use infant equipment such as swings, stationary activity centers (ex. exersaucers), infant seats (ex. bouncers), molded seats, etc. only for short periods of time if at all. Supplementary Components (Rationale: With component above, completes coverage of age ranges (infants).)</p> <p>PCO Standard: Active Opportunities for Physical Activity (p. 51)</p>

CACFP and MyPyramid Rating Rules

Component	Component Description	CACFP Rating	Explanation of CACFP Rating	My Pyramid Rating	Explanation of My Pyramid Rating
Nutrition Components					
NA1	Limit oils by choosing monounsaturated and polyunsaturated fats (such as olive oil or safflower oil) and avoiding trans fats, saturated fats and fried foods.	2	The rating Oils and fats are not addressed in the CACFP Meal Pattern. The state receives this rating if they refer to CACFP without additional text.	4	My Pyramid limits consumption by proportion; list preferred oils and recommends avoiding saturated fats and fried foods. The state receives this rating if they refer to My Pyramid or Food Pyramid without contradicting text.
NA2	Serve meats and/or beans - chicken, fish, lean meat, and/or legumes (such as dried peas, beans), avoiding fried meats.	3	Lean meats and/or beans are recommended in the CACFP Meal Pattern, but the avoidance of fried meats is not stated specifically. The state receives this rating if they refer to CACFP without additional or contradicting text.	4	My Pyramid recommends lean meats and legumes and avoidance of fried meats. The state receives this rating if they refer to My Pyramid or Food Pyramid without contradicting text.
NA3	Serve other milk equivalent products such as yogurt and cottage cheese , using low-fat varieties for children 2 years of age and older.	3	CACFP Meal Pattern does not specify recommended milk fat content. The state receives this rating if they refer to CACFP without additional or contradicting text pertinent to milk equivalents.	4	My Pyramid recommends serving low-fat milk equivalent products for 2 years and older. The state receives this rating if they refer to My Pyramid or Food Pyramid without contradicting text.
NA4	Serve whole pasteurized milk to twelve to twenty-four month old children who are not on human milk or prescribed formula, or serve reduced fat (2%) pasteurized milk to those who are at risk for hypercholesterolemia or obesity.	2	CACFP Meal Pattern does not specify recommended milk fat content. The state receives this rating if they refer to CACFP without additional text pertinent to fat content.	2	My Pyramid has no recommendations for children younger than 2 years. The state receives this rating if they refer to My Pyramid or Food Pyramid without additional text.

NA5	Serve skim or 1% pasteurized milk to children two years of age and older .	2	CACFP Meal Pattern does not specify recommended milk fat content. The state receives this rating if they refer to CACFP without additional text pertinent to fat content.	4	My Pyramid recommends serving only skim or 1% milk to children 2 years and older. The state receives this rating if they refer to My Pyramid or Food Pyramid without contradicting text.
NB1	Serve whole grain breads, cereals, and pastas .	3	CACFP Meal Pattern includes whole grain breads, but also allows choice of serving enriched grain products. They do not specify all or a percentage that must be whole grain. The state receives this rating if they refer to CACFP without additional or contradicting text.	4	My Pyramid recommends at least 50% breads, cereals, and pastas be whole grain. The state receives this rating if they refer to My Pyramid or Food Pyramid without contradicting text.
NB2	Serve vegetables , specifically, dark green, orange, deep yellow vegetables, and root vegetables , such as potatoes and viandas.	3	CACFP recommends vegetables, but does not provide specification on variety and/or type. The state receives this rating if they refer to CACFP without additional or contradicting text.	4	My Pyramid recommends a variety of types and colors of vegetables daily. The state receives this rating if they refer to My Pyramid or Food Pyramid without contradicting text.
NB3	Serve fruits of several varieties, especially whole fruits .	3	CACFP recommends fruits, but does not provide specification on variety and/or wholeness. The state receives this rating if they refer to CACFP without additional or contradicting text.	4	My Pyramid recommends a variety of whole fruits. The state receives this rating if they refer to My Pyramid or Food Pyramid without contradicting text.
NC1	Use only 100% juice with no added sweeteners (and NC2 (rater later) and offer only during meal time).	4	CACFP recommends full strength (that is, 100%) fruit juice. The state receives this rating if they refer to CACFP without additional or contradicting text.	4	My Pyramid recommends serving 100% juice. The state receives this rating if they refer to My Pyramid or Food Pyramid without contradicting text.

NC2	(NC1 (rated above) Use only 100% juice with no added sweeteners”, and) offer only during meal times.	2	CACFP does not prohibit serving fruit juice at non-meal times. The state receives this rating if they refer to CACFP without additional text.	2	My Pyramid does not prohibit serving fruit juice at non-meal times. The state receives this rating if they refer to My Pyramid or Food Pyramid without additional text.
NC3	Serve no more than 4 to 6 oz juice/day for children 1-6 years of age.	3	CACFP sets limits per meal or snack, which may exceed CFOC daily limit over the course of a day. The state receives this rating if they refer to CACFP without additional or contradicting text.	3	My Pyramid limits quantities of juice for some, but not all, age groups. The state receives this rating if they refer to My Pyramid or Food Pyramid without additional or contradicting text.
NC4	Serve no more than 8 to 12 oz juice/day for children 7-12 years of age.	3	CACFP sets limits per meal or snack, which may exceed CFOC daily limit over the course of a day. The state receives this rating if they refer to CACFP without additional or contradicting text.	3	My Pyramid limits quantities of juice for all age group, but amount is unspecified. The state receives this rating if they refer to My Pyramid or Food Pyramid without additional or contradicting text.
ND1	Make water available both inside and outside.	2	CACFP does not mention water. The state receives this rating if they refer to CACFP without additional text.	4	My Pyramid recommends that water be available both indoors and outdoors. The state receives this rating if they refer to My Pyramid or Food Pyramid without contradicting text.

NE1	Teach children about appropriate portion sizes; AND, Teach children appropriate portion size by using plates, bowls and cups that are developmentally appropriate to their nutritional needs.	2	CACFP Meal Pattern does not address teaching, nor does it address tableware (except the term “cup” as a measure). The state receives this rating if they refer to CACFP without additional text pertinent to “teaching”.	2	My Pyramid does not address teaching, nor do they address tableware. The state receives this rating if they refer to My Pyramid or Food Pyramid without additional text.
NE2	Require adults eating meals with children to eat items that meet nutrition standards.	2	CACFP Meal Pattern does not mention adults eating meals with children. The state receives this rating if they refer to CACFP without additional text pertinent to adults eating with children.	2	My Pyramid does not mention adults eating meals with children. The state receives this rating if they refer to My Pyramid or Food Pyramid without additional text.
NF1	Serve small-sized, age-appropriate portions.	4	CACFP recommends portion sizes based on age. The state receives this rating if they refer to CACFP without additional or contradicting text.	4	My Pyramid recommends that portion sizes be based on age. The state receives this rating if they refer to My Pyramid or Food Pyramid without contradicting text.
NF2	Permit children to have one or more additional servings of the nutritious foods that are low in fat, sugar, and sodium as needed to meet the caloric needs of the individual child; AND, Teach children who require limited portions about portion size and monitor their portions. (Controlling Portions/Portion Size)	3	CACFP sets minimums for all children and allows additional portions for infants as needed and for older children (does not address limiting portions or individual caloric need overall). The state receives this rating if they refer to CACFP without additional or contradicting text.	2	My Pyramid does not mention the adequacy or sufficiency of servings to meet individual caloric needs or monitoring or limitation of portions. The state receives this rating if they refer to My Pyramid or Food Pyramid without additional text.
NG1	Limit salt by avoiding salty foods such as chips and pretzels.	2	Salt content of foods is not addressed the CACFP Meal Pattern. The state receives this rating if they refer to CACFP without additional text pertinent to limiting salt.	4	My Pyramid recommends limiting salt and salty foods in the diet. The state receives this rating if they refer to My Pyramid or Food Pyramid without contradicting text.

NG2	Avoid sugar , including concentrated sweets such as candy, sodas, sweetened drinks, fruit nectars, and flavored milk.	1	CACFP Meal Pattern allows sweetened yogurt. The state receives this rating if they refer to CACFP without additional text pertinent to sugar and sweets.	3	My Pyramid recommends limited consumption of concentrated sweets and not adding sugar to foods. The state receives this rating if they refer to My Pyramid or Food Pyramid without additional or contradicting text.
NH1	Do not force or bribe children to eat.	2	CACFP Meal Pattern does not mention force or bribery related to eating. The state receives this rating if they refer to CACFP without additional text pertinent to forcing or bribing a child to eat.	2	My Pyramid does not mention force or bribery related to eating. The state receives this rating if they refer to My Pyramid or Food Pyramid without additional text.
NH2	Do not use food as a reward or punishment .	2	CACFP Meal Pattern does not mention using food as a reward or punishment. The state receives this rating if they refer to CACFP without additional text pertinent to using food as a punishment or reward.	2	My Pyramid does not mention the use of food as reward or punishment.
Infant Feeding Components					
IA1	Encourage and support breastfeeding and feeding of breast milk by making arrangements for mothers to feed their children comfortably on-site.	3	“Breast milk” is recommended in the CACFP Meal Pattern, but arrangements for breastfeeding are not mentioned. The state receives this rating if they refer to CACFP without additional text or contradicting.		My Pyramid does not address infant feeding.
IA2	Serve human milk or infant formula to at least age 12 months , not cow's milk, unless written exception is provided by primary care provider and parent/guardian .	4	CACFP Meal Plan requires human milk or formula for children under the age of 12 months. The state receives this rating if they refer to CACFP without additional or contradicting text.		

IB1	Feed infants on cue.	4	CACFP Meal Pattern includes language that implies responsiveness to infant cues. ¹ The state receives this rating if they refer to CACFP without additional or contradicting text.		
IB2	Do not feed infants beyond satiety; AND, Allow infant to stop the feeding.	3	CACFP Meal Pattern includes language that implies responsiveness to infant cues to stop feeding, but only addresses some infants eating breastmilk. ² The state receives this rating if they refer to CACFP without additional or contradicting text.		
IB3	Hold infants while bottle feeding, AND, Position an infant for bottle feeding in the caregiver/teacher's arms or sitting up on the caregiver/teacher's lap.	2	CACFP Meal Pattern does not mention bottle feeding positions. The state receives this rating if they refer to CACFP without additional text.		
IC1	Develop a plan for introducing age-appropriate solid foods (complementary foods) in consultation with the child's parent/guardian and primary care provider.	3	CACFP Meal Pattern constitutes a plan for introduction and includes the language regarding developmental readiness for solid foods. The state receives this rating if they refer to CACFP without additional or contradicting text.		
IC2	Introduce age-appropriate solid foods no sooner than 4 months of age, and preferably around 6 months of age.	3	CACFP Meal Pattern allows for the introduction of solid foods between the ages of 4-7 months. The state receives this rating if they refer to CACFP without additional or contradicting text.		

¹ From CACFP Meal Pattern Infant charts: **"For some breastfed infants who regularly consume less than the minimum amount of breastmilk per feeding, a serving of less than the minimum amount of breastmilk may be offered, with additional breastmilk offered if the infant is still hungry." (bold type added).**

² From CACFP Meal Pattern Infant charts: **"For some breastfed infants who regularly consume less than the minimum amount of breastmilk per feeding, a serving of less than the minimum amount of breastmilk may be offered, with additional breastmilk offered if the infant is still hungry." (bold type added).**

IC3	Introduce breastfed infants gradually to iron-fortified foods no sooner than four months of age, but preferably around six months to complement the human milk.	3	CACFP Meal Pattern allows for the introduction of iron-fortified foods between the ages of 4-7 months. The state receives this rating if they refer to CACFP without additional or contradicting text.		
ID1	Do not feed an infant formula mixed with cereal, fruit juice or other foods unless the primary care provider provides written instruction.	2	CACFP Meal Plan lists human milk or formula and cereal as meal and snack components for infant ages 4 months up, but does not specify the means of preparation of cereal or formula (i.e., no “mixing” or “combining” language). The state receives this rating if they refer to CACFP without additional text.		
ID2	Serve whole fruits, mashed or pureed , for infants 7 months up to one year of age .	1	CACFP Meal Pattern allows fruit to be served at the age of 4-7 months, “when the infant is developmentally ready to accept it.” The state receives this rating if they refer to CACFP without additional text.		
ID3	Serve no fruit juice to children younger than 12 months of age.	1	CACFP Meal Pattern allows for the serving of fruit juice at ages 8-11 months. The state receives this rating if they refer to CACFP without additional text.		

List of State References:

Require CACFP		CACFP is Optional	Require My Pyramid
Alabama	Mississippi	Kentucky	Florida
Alaska	Montana	New York	South Dakota
Arizona*	Nebraska*	Tennessee	
California*	New Mexico	Texas	
Colorado*	North Carolina		
Connecticut*	North Dakota*		
Delaware	Ohio		
Georgia*	Oregon		
Hawaii	Rhode Island*		
Iowa	South Carolina		
Louisiana	Utah*		
Maryland	Virginia		
Massachusetts	Washington*		
Maine	West Virginia**		
Michigan	Wisconsin*		
Minnesota			

*States that do not require CACFP for all care types.

**West Virginia does not require CACFP guidelines for infant feeding in all documents.

Composite Table of ASHW 2010 Ratings

Component group	Subgroup	Comp. (org #)	Center				Lg Fam Grp Home				Small Fam Home				Combined (All Child Care types)			
			1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4
			I) Infant Feeding	IA Appropriate fluids for young infants	IA1 (64)	0 0%	27 52.94%	16 31%	8 16%	0 0%	25 53.19%	16 34.04%	6 12.77%	0 0%	27 57.45%	14 29.79%	6 12.77%	0 0%
IA2 (15)	2 3.92%	17 33.33%			6 11.76%	26 50.98%	1 2.13%	17 36.17%	3 6.38%	26 55.32%	2 4.26%	19 40.43%	2 4.26%	24 51.06%	5 3.45%	53 36.55%	11 7.59%	76 52.41%
IA	2 1.96%	44 43.14%			22 21.57%	34 33.33%	1 1.06%	42 44.68%	19 20.21%	32 34.04%	2 2.13%	46 48.94%	16 17.02%	30 31.91%	5 1.72%	132 45.52%	57 19.66%	96 33.10%
IB (68)	0 0.00%	9 17.65%			6 11.76%	36 70.59%	0 0.00%	12 25.53%	3 6.38%	32 68.09%	0 0.00%	16 34.04%	2 4.26%	29 61.70%	0 3.45%	37 36.55%	11 7.59%	97 52.41%
IB How to feed fluids to young infants	IB2 (70 & 110)	0 0.00%		22 43.14%	29 56.86%	0 0.00%	0 0.00%	19 40.43%	28 59.57%	0 0.00%	0 0.00%	23 48.94%	24 51.06%	0 0.00%	0 0.00%	64 44.14%	81 55.86%	0 0.00%
	IB3 (100 & 101)	0 0.00%		4 7.84%	34 66.67%	13 25.49%	0 0.00%	9 19.15%	28 59.57%	10 21.28%	0 0.00%	10 21.28%	29 61.70%	8 17.02%	0 0.00%	23 15.86%	91 62.76%	31 21.38%
	IB	0 0.00%		35 22.88%	69 45.10%	49 32.03%	0 0.00%	40 28.37%	59 41.84%	42 29.79%	0 0.00%	49 34.75%	55 39.01%	37 26.24%	0 0.00%	124 28.51%	183 42.07%	128 29.43%
	IC (127)	0 0.00%		10 19.61%	37 72.55%	4 7.84%	0 0.00%	9 19.15%	37 78.72%	1 2.13%	0 0.00%	15 31.91%	32 68.09%	0 0.00%	0 0.00%	34 23.45%	106 73.10%	5 3.45%
IC Introduction of solids to infants	IC2 (128)	1 1.96%		19 37.25%	29 56.86%	2 3.92%	1 2.13%	18 38.30%	27 57.45%	1 2.13%	0 0.00%	20 42.55%	26 55.32%	1 2.13%	2 1.38%	57 39.31%	82 56.55%	4 2.76%
	IC3 (129)	0 0.00%		20 39.22%	30 58.82%	1 1.96%	0 0.00%	18 38.30%	29 61.70%	0 0.00%	0 0.00%	22 46.81%	25 53.19%	0 0.00%	0 0.00%	60 41.38%	84 57.93%	1 0.69%
	IC	1 0.65%		49 32.03%	96 62.75%	7 4.58%	1 0.71%	45 31.91%	93 65.96%	2 1.42%	0 0.00%	57 40.43%	83 58.87%	1 0.71%	2 0.46%	151 34.71%	272 62.53%	10 2.30%
	ID (96)	0 0.00%		47 92.16%	2 3.92%	2 3.92%	0 0.00%	44 93.62%	2 4.26%	1 2.13%	0 0.00%	45 95.74%	1 2.13%	1 2.13%	0 0.00%	136 93.79%	5 3.45%	4 2.76%
ID Appropriate solids for infants	ID2 (11)	30 58.82%		20 39.22%	1 1.96%	0 0.00%	29 60.42%	18 37.50%	1 2.08%	0 0.00%	25 52.08%	22 45.83%	1 2.08%	0 0.00%	84 57.14%	60 40.82%	3 2.04%	0 0.00%
	ID3 (12)	29 56.86%		19 37.25%	3 5.88%	0 0.00%	27 57.45%	18 38.30%	2 4.26%	0 0.00%	23 48.94%	22 46.81%	2 4.26%	0 0.00%	79 54.48%	59 40.69%	7 4.83%	0 0.00%
	ID	59 38.56%		86 56.21%	6 3.92%	2 1.31%	56 39.44%	80 56.34%	5 3.52%	1 0.70%	48 33.80%	89 62.68%	4 2.82%	1 0.70%	163 37.30%	255 58.35%	15 3.43%	4 0.92%
	Component group total	I (A-D summed)		62 11.05%	214 38.15%	193 34.40%	92 16.40%	58 11.20%	207 39.96%	176 33.98%	77 14.86%	50 9.65%	241 46.53%	158 30.50%	69 13.32%	170 10.64%	662 41.45%	527 33.00%

NOTE: These tables will next be updated with the 2012 update. Too few changes occurred in the 2011 assessment to materially affect the content.

N) Nutrition	NA Limit dietary fats	NA1 (20)	0	47	2	2	0	42	3	2	0	43	2	2	0	132	7	6
			0.00%	92.16%	3.92%	3.92%	0.00%	89.36%	6.38%	4.26%	0.00%	91.49%	4.26%	4.26%	0.00%	91.03%	4.83%	4.14%
		NA2 (19)	0	10	38	3	0	7	37	3	0	13	31	3	0	30	106	9
			0.00%	19.61%	74.51%	5.88%	0.00%	14.89%	78.72%	6.38%	0.00%	27.66%	65.96%	6.38%	0.00%	20.69%	73.10%	6.21%
		NA3 (18)	0	14	35	2	1	11	33	2	1	16	28	2	2	41	96	6
			0.00%	27.45%	68.63%	3.92%	2.13%	23.40%	70.21%	4.26%	2.13%	34.04%	59.57%	4.26%	1.38%	28.28%	66.21%	4.14%
		NA4 (152)	0	42	9	0	0	41	6	0	0	41	6	0	0	124	21	0
		0.00%	82.35%	17.65%	0.00%	0.00%	87.23%	12.77%	0.00%	0.00%	87.23%	12.77%	0.00%	0.00%	85.52%	14.48%	0.00%	
	NA5 (153)	1	44	2	4	0	41	2	4	0	42	2	3	1	127	6	11	
		1.96%	86.27%	3.92%	7.84%	0.00%	87.23%	4.26%	8.51%	0.00%	89.36%	4.26%	6.38%	0.69%	87.59%	4.14%	7.59%	
	NA (153)	1	157	86	11	1	142	81	11	1	155	69	10	3	454	236	32	
		0.39%	61.57%	33.73%	4.31%	0.43%	60.43%	34.47%	4.68%	0.43%	65.96%	29.36%	4.26%	0.41%	62.62%	32.55%	4.41%	
	NB Serve nutrient-dense whole foods	NB1 (8)	0	17	30	4	0	13	30	4	0	18	25	4	0	48	85	12
			0.00%	33.33%	58.82%	7.84%	0.00%	27.66%	63.83%	8.51%	0.00%	38.30%	53.19%	8.51%	0.00%	33.10%	58.62%	8.28%
		NB2 (9)	0	10	36	5	0	7	34	6	0	13	30	4	0	30	100	15
			0.00%	19.61%	70.59%	9.80%	0.00%	14.89%	72.34%	12.77%	0.00%	27.66%	63.83%	8.51%	0.00%	20.69%	68.97%	10.34%
		NB3 (10)	0	8	32	11	0	5	32	10	0	11	27	9	0	24	91	30
		0.00%	15.69%	62.75%	21.57%	0.00%	10.64%	68.09%	21.28%	0.00%	23.40%	57.45%	19.15%	0.00%	16.55%	62.76%	20.69%	
	NB (10)	0	35	98	20	0	25	96	20	0	42	82	17	0	102	276	57	
		0.00%	22.88%	64.05%	13.07%	0.00%	17.73%	68.09%	14.18%	0.00%	29.79%	58.16%	12.06%	0.00%	23.45%	63.45%	13.10%	
	NC Wholeness and quantity of juice	NC1 (39a)	1	12	2	36	1	10	2	34	1	16	1	29	3	38	5	99
			1.96%	23.53%	3.92%	70.59%	2.13%	21.28%	4.26%	72.34%	2.13%	34.04%	2.13%	61.70%	2.07%	26.21%	3.45%	68.28%
		NC2 (39b)	0	46	3	2	0	42	3	2	0	43	2	2	0	131	8	6
			0.00%	90.20%	5.88%	3.92%	0.00%	89.36%	6.38%	4.26%	0.00%	91.49%	4.26%	4.26%	0.00%	90.34%	5.52%	4.14%
		NC3 (13)	0	14	36	1	0	11	33	3	0	16	28	3	0	41	97	7
			0.00%	27.45%	70.59%	1.96%	0.00%	23.40%	70.21%	6.38%	0.00%	34.04%	59.57%	6.38%	0.00%	28.28%	66.90%	4.83%
NC4 (14)	0	15	34	2	0	11	32	4	0	16	28	3	0	42	94	9		
	0.00%	29.41%	66.67%	3.92%	0.00%	23.40%	68.09%	8.51%	0.00%	34.04%	59.57%	6.38%	0.00%	28.97%	64.83%	6.21%		
NC (14)	1	87	75	41	1	74	70	43	1	91	59	37	3	252	204	121		
	0.49%	42.65%	36.76%	20.10%	0.53%	39.36%	37.23%	22.87%	0.53%	48.40%	31.38%	19.68%	0.52%	43.45%	35.17%	20.86%		
ND Water availability	ND (134)	0	7	25	19	0	10	22	15	0	16	15	16	0	33	62	50	
	0.00%	13.73%	49.02%	37.25%	0.00%	21.28%	46.81%	31.91%	0.00%	34.04%	31.91%	34.04%	0.00%	22.76%	42.76%	34.48%		
NE Nutrition instruction by word & example	NE1 (205 & 147, 205)	0	44	7	0	0	43	4	0	0	45	2	0	0	132	13	0	
		0.00%	86.27%	13.73%	0.00%	0.00%	91.49%	8.51%	0.00%	0.00%	95.74%	4.26%	0.00%	0.00%	91.03%	8.97%	0.00%	
	NE2 (163)	0	49	1	1	0	46	1	0	0	47	0	0	0	142	2	1	
	0.00%	96.08%	1.96%	1.96%	0.00%	97.87%	2.13%	0.00%	0.00%	100.00%	0.00%	0.00%	0.00%	97.93%	1.38%	0.69%		
NE (163)	0	93	8	1	0	89	5	0	0	92	2	0	0	274	15	1		
	0.00%	91.18%	7.84%	0.98%	0.00%	94.68%	5.32%	0.00%	0.00%	97.87%	2.13%	0.00%	0.00%	94.48%	5.17%	0.34%		
NF Age and individual nutritional requirements	NF1 (144)	0	9	5	37	0	6	4	37	0	10	5	32	0	25	14	106	
		0.00%	17.65%	9.80%	72.55%	0.00%	12.77%	8.51%	78.72%	0.00%	21.28%	10.64%	68.09%	0.00%	17.24%	9.66%	73.10%	
	NF2 (145 & 168, 145)	5	12	32	2	3	10	32	2	1	16	28	2	9	38	92	6	
	9.80%	23.53%	62.75%	3.92%	6.38%	21.28%	68.09%	4.26%	2.13%	34.04%	59.57%	4.26%	6.21%	26.21%	63.45%	4.14%		
NF (144)	5	21	37	39	3	16	36	39	1	26	33	34	9	63	106	112		
	4.90%	20.59%	36.27%	38.24%	3.19%	17.02%	38.30%	41.49%	1.06%	27.66%	35.11%	36.17%	3.10%	21.72%	36.55%	38.62%		
NG Limit sugar and salt	NG1 (22)	0	47	1	3	0	42	1	4	0	43	0	4	0	132	2	11	
		0.00%	92.16%	1.96%	5.88%	0.00%	89.36%	2.13%	8.51%	0.00%	91.49%	0.00%	8.51%	0.00%	91.03%	1.38%	7.59%	
	NG2 (21)	24	16	10	1	21	16	9	1	20	20	7	0	65	52	26	2	
	47.06%	31.37%	19.61%	1.96%	44.68%	34.04%	19.15%	2.13%	42.55%	42.55%	14.89%	0.00%	44.83%	35.86%	17.93%	1.38%		
NG (21)	24	63	11	4	21	58	10	5	20	63	7	4	65	184	28	13		
	23.53%	61.76%	10.78%	3.92%	22.34%	61.70%	10.64%	5.32%	21.28%	67.02%	7.45%	4.26%	22.41%	63.45%	9.66%	4.48%		
NH Misuse of food	NH1 (183)	0	21	27	3	0	17	29	1	19	27	1	0	57	83	5		
		0.00%	41.18%	52.94%	5.88%	0.00%	36.17%	61.70%	2.13%	0.00%	40.43%	57.45%	2.13%	0.00%	39.31%	57.24%	3.45%	
	NH2 (184)	0	6	36	9	0	7	35	5	0	8	34	5	0	21	105	19	
		0.00%	11.76%	70.59%	17.65%	0.00%	14.89%	74.47%	10.64%	0.00%	17.02%	72.34%	10.64%	0.00%	14.48%	72.41%	13.10%	
NH (183)	0	27	63	12	0	24	64	6	0	27	61	6	0	78	188	24		
	0.00%	26.47%	61.76%	11.76%	0.00%	25.53%	68.09%	6.38%	0.00%	28.72%	64.89%	6.38%	0.00%	26.90%	64.83%	8.28%		
Component group total	N (A-H summed)	31	490	403	147	26	438	384	139	23	512	328	124	80	1440	1115	410	
		2.89%	45.75%	37.63%	13.73%	2.63%	44.38%	38.91%	14.08%	2.33%	51.87%	33.23%	12.56%	2.63%	47.29%	36.62%	13.46%	

P) Physical Activity	PA General Promotion of Activity	PA1 (237)	0	1	0	50	0	3	2	42	0	6	7	34	0	10	9	126	
			0.00%	1.96%	0.00%	98.04%	0.00%	6.38%	4.26%	89.36%	0.00%	12.77%	14.89%	72.34%	0.00%	6.90%	6.21%	86.90%	
		PA2 (256)	0	50	1	0	0	0	46	1	0	0	46	1	0	0	142	3	0
			0.00%	98.04%	1.96%	0.00%	0.00%	0.00%	97.87%	2.13%	0.00%	0.00%	97.87%	2.13%	0.00%	0.00%	97.93%	2.07%	0.00%
		PA3 (258)	0	50	0	1	0	0	45	1	1	0	45	1	1	0	140	2	3
			0.00%	98.04%	0.00%	1.96%	0.00%	0.00%	95.74%	2.13%	2.13%	0.00%	95.74%	2.13%	2.13%	0.00%	96.55%	1.38%	2.07%
		PA4 (250)	0	51	0	0	0	0	47	0	0	0	47	0	0	0	145	0	0
		0.00%	100.00%	0.00%	0.00%	0.00%	0.00%	100.00%	0.00%	0.00%	0.00%	100.00%	0.00%	0.00%	0.00%	100.00%	0.00%	0.00%	
	PA5 (233)	0	27	16	8	0	0	26	12	9	0	26	12	9	0	79	40	26	
		0.00%	52.94%	31.37%	15.69%	0.00%	0.00%	55.32%	25.53%	19.15%	0.00%	55.32%	25.53%	19.15%	0.00%	54.48%	27.59%	17.93%	
	PA	0	179	17	59	0	0	167	16	52	0	170	21	44	0	516	54	155	
		0.00%	70.20%	6.67%	23.14%	0.00%	0.00%	71.06%	6.81%	22.13%	0.00%	72.34%	8.94%	18.72%	0.00%	71.17%	7.45%	21.38%	
	PB Screen Time	PB1 (269)	0	32	16	3	0	27	19	4	0	27	19	4	0	86	54	5	
			0.00%	62.75%	31.37%	5.88%	0.00%	57.45%	40.43%	2.13%	0.00%	57.45%	40.43%	2.13%	0.00%	59.31%	37.24%	3.45%	
		PB2 (270a)	0	35	16	0	0	28	19	0	0	29	18	0	0	92	53	0	
			0.00%	68.63%	31.37%	0.00%	0.00%	59.57%	40.43%	0.00%	0.00%	61.70%	38.30%	0.00%	0.00%	63.45%	36.55%	0.00%	
		PB3 (270b)	0	44	2	5	0	40	2	5	0	40	2	5	0	124	6	15	
			0.00%	86.27%	3.92%	9.80%	0.00%	85.11%	4.26%	10.64%	0.00%	85.11%	4.26%	10.64%	0.00%	85.52%	4.14%	10.34%	
	PB4 (271)	0	51	0	0	0	47	0	0	0	47	0	0	0	145	0	0		
		0.00%	100.00%	0.00%	0.00%	0.00%	100.00%	0.00%	0.00%	0.00%	100.00%	0.00%	0.00%	0.00%	100.00%	0.00%	0.00%		
	PB	0	162	34	8	0	142	40	9	0	143	39	9	0	447	113	20		
		0.00%	79.41%	16.67%	3.92%	0.00%	74.35%	20.94%	4.71%	0.00%	74.87%	20.42%	4.71%	0.00%	77.07%	19.48%	3.45%		
	PC Age- Specific Activity	PC1 (221)	0	5	41	5	0	8	36	3	0	8	35	4	0	21	112	12	
			0.00%	9.80%	80.39%	9.80%	0.00%	17.02%	76.60%	6.38%	0.00%	17.02%	74.47%	8.51%	0.00%	14.48%	77.24%	8.28%	
PC2 (226)		0	13	38	0	0	16	31	0	0	14	33	0	0	43	102	0		
		0.00%	25.49%	74.51%	0.00%	0.00%	34.04%	65.96%	0.00%	0.00%	29.79%	70.21%	0.00%	0.00%	29.66%	70.34%	0.00%		
PC3 (227)		0	14	37	0	0	17	30	0	0	16	31	0	0	47	98	0		
	0.00%	27.45%	72.55%	0.00%	0.00%	36.17%	63.83%	0.00%	0.00%	34.04%	65.96%	0.00%	0.00%	32.41%	67.59%	0.00%			
PC	0	32	116	5	0	41	97	3	0	38	99	4	0	111	312	12			
	0.00%	20.92%	75.82%	3.27%	0.00%	29.08%	68.79%	2.13%	0.00%	26.95%	70.21%	2.84%	0.00%	25.52%	71.72%	2.76%			
PD Caregiver/teacher involvement in	PD1 (222 & 251)	0	41	8	2	0	40	6	1	0	40	6	4	0	121	20	4		
	0.00%	80.39%	15.69%	3.92%	0.00%	85.11%	12.77%	2.13%	0.00%	85.11%	12.77%	2.13%	0.00%	83.45%	13.79%	2.76%			
PE Infant-specific Activity	PE1 (228)	0	42	0	9	0	40	0	7	0	42	0	5	0	124	0	21		
		0.00%	82.35%	0.00%	17.65%	0.00%	85.11%	0.00%	14.89%	0.00%	89.36%	0.00%	10.64%	0.00%	85.52%	0.00%	14.48%		
	PE2 (235)	0	28	22	1	1	31	14	1	1	33	12	1	2	92	48	3		
	0.00%	54.90%	43.14%	1.96%	2.13%	65.96%	29.79%	2.13%	2.13%	70.21%	25.53%	2.13%	1.38%	63.45%	33.10%	2.07%			
PE	0	111	30	12	1	111	20	9	1	115	18	10	2	337	68	28			
	0.00%	72.55%	19.61%	7.84%	0.71%	78.72%	14.18%	6.38%	0.69%	79.86%	12.50%	6.94%	0.46%	77.47%	15.63%	6.44%			
Component group total	P (A-E summed)	0	525	205	86	1	501	179	74	1	506	183	71	2	1532	567	219		
	0.00%	64.34%	25.12%	10.54%	0.13%	66.36%	23.71%	9.80%	0.13%	66.49%	24.05%	9.33%	0.09%	66.03%	24.44%	9.44%			

State Documents Searched 2011

Many documents related to child care were eliminated from the list due to lack of relevance to the components of the standards.

Pertinent documents are those which were found to contain terminology relevant to the components of the standards.

= documents rated in 2011.

X = regulations in document apply to the **child care type**, although state descriptions of the child care type may vary somewhat from the CFOC definition in number of children.

Child Care Types (per CFOC)
Center = 13 or more children
Large Family/Group CC Home = 7-12
Small Family CC Home = up to 6 children

State Legislation Child Care Regulation Source Documents					
State	Document Title	Document Date	Center	Large Family/Group	Small Family
AZ	Arizona - 1 pertinent document				
	Arizona Bureau of Child Care Licensing for Child Care Group Homes	9/2011		X	
AR	Arkansas - 3 pertinent documents				
	Minimum Licensing Requirements for Child Care Centers	11/1/2011	X		
	Minimum Licensing Requirements for Child Care Family Homes	11/1/2011		X	
	Minimum Licensing Requirements for Registered Child Care Family Homes	11/1/2011			X
CO	Colorado - 1 pertinent document				
	General Rules For Child Care Facilities	4/2011	X		
GA	Georgia - 3 pertinent documents				
	Rules for Child Care Learning Centers	1/19/2011	X		
	Rules and Regulations for Group Day Care Homes	1/19/2011		X	
	Rules and Regulations for Family Day Care Homes	1/19/2011			X
ID	Idaho - 1 pertinent document				
	Rules Governing Standards for Child Care Licensing	4/7/2011	X	X	X
MD	Maryland - 2 pertinent documents				
	COMAR 13A. 15. 01 - Family Child Care	3/21/2011			X
	COMAR 13A. 16. 01 - Child Care Centers	3/21/2011	X	X	
MO	Missouri - 2 pertinent documents				
	Licensing Rules for Group Child Care Homes and Child Care Centers	6/30/2011	X	X	
	Licensing Rules for Family Child Care Homes	6/30/2011		X	X

State	Document Title	Document Date	Center	Large Family/Group	Small Family
ND	North Dakota - 3 pertinent documents				
	Family Child Care Homes Early Childhood Services Chapter 75-03-08	4/2011			X
	Group Child Care Homes Early Childhood Services Chapter 75-03-09	4/2011		X	
	Child Care Center Early Childhood Services Chapter 75-03-10	4/2011	X		
OR	Oregon - 5 Pertinent documents				
	Rules For Certified Family Child Care Homes	1/1/2011		X	X
	Rules For Certified Child Care Centers	1/1/2011	X		
UT	Utah - 2 pertinent documents				
	R430-50 Residential Certificate Child Care Standards	2/1/2011			X
	R430-90 Licensed Family Child Care	2/1/2011		X	
VA	Virginia - 1 pertinent document				
	Standards for Licensed Family Day Homes	3/2011		X	X

State Documents Searched 2010

Many documents related to child care were eliminated from the list due to lack of relevance to the components of the standards.

Pertinent documents are those which were found to contain terminology relevant to the components of the standards.

X = regulations in document apply to the child care type, although state descriptions of the child care type may vary somewhat from the CFOC definition in number of children.

Child Care Types (per CFOC)
Center = 13 or more children
Large Family/Group CC Home = 7-12
Small Family CC Home = up to 6 children

State Legislation Child Care Regulation Source Documents					
State	Document Title	Document Date	Center	Large Family/Group	Small Family
AL	Alabama - 2 pertinent documents				
	Minimum Standards for Family Day Care Homes, Family Nighttime Homes, Group Day Care Homes, and Group Nighttime Homes Regulations and Procedures	1/22/2001 (reprinted 4/2009)		X	X
	Minimum Standards for Day Care Centers and Nighttime Centers	1/22/2001 (reprinted 4/2009)	X		
AK	Alaska - 1 pertinent document				
	Title 7 AAC 57- Child Care Facilities Licensing	6/23/2006	X	X	X
AZ	Arizona - 3 pertinent documents				
	9 A.A.C. 3, Arizona Dept. of Health Services, Child Care Group Homes	9/1/2004		X	
	9 A.A.C. 5, Arizona Dept. of Health Services, Child Care Facilities	9/30/2010	X	X	
	6 A.A.C.5, Article 52: Arizona Dept. of Economic Security, Certification and Supervision of Family Child Care Home Providers	5/19/1999			X
AR	Arkansas - 3 pertinent documents				
	Minimum Licensing Requirements for Child Care Centers	Mar-10	X		
	Minimum Licensing Requirements for Child Care Family Homes	Mar-10		X	
	Minimum Licensing Requirements for Voluntary Registered Child Care Family Homes	Mar-10			X
CA	California - 4 pertinent documents				
	Title 22, Division 12, Chapter 1, Articles 1, 2 - Child Care Centers General Licensing Requirements	6/15/2005 (pub. 7/20/2005)	X		
	Title 22, Division 12, Chapter 1, Article 6 - Child Care Centers Continuing Requirements (continued)	6/8/2005 (pub. 7/7/2005)	X		
	Title 22, Division 12, Chapter 1, Article 7 - Child Care Physical Environment	11/1/2008 (pub. 9/10/2004)	X		
	Title 22, Division 12, Chapter 1 Subchapters 2, 3 - Child Care Infant Centers and School Age Day Care	11/1/1998 (pub. 9/10/2004)	X		

State Legislation Child Care Regulation Source Documents					
State	Document Title	Document Date	Center	Large Family/Group	Small Family
CO	Colorado - 2 pertinent documents				
	Volume of Child Care Facility Licensing	5/1/2010	X	X	X
	Rules and Regulations Governing the Health and Sanitation of Child Care Facilities	5/30/2005		X	
CT	Connecticut - 2 pertinent documents				
	Statutes and Regulations for Licensing Child Day Care Centers and Group Day Care Homes	Jul-09	X	X	
	Statutes and Regulations for Licensing Family Day Care Homes	Jul-09			X
DE	Delaware - 3 pertinent documents				
	Rules for Early Care and Education and School-Age Centers	1/1/2007	X		
	Rules for Large Family Child Care Homes	Jan-09		X	
	Rules for Family Child Care Homes	Jan-09			X
D.C.	Washington DC - 1 pertinent document				
	DCMR 29 Public Welfare Chapter 3 Child Development Facilities	4/27/2007	X		X
FL	Florida - 2 pertinent documents				
	Chapter 65C-20 Family Day Care Standards and Large Family Child Care Homes	1/13/2010		X	X
	Chapter 65C-22 Child Care Standards	1/13/2010	X		
GA	Georgia - 3 pertinent documents				
	Rules and Regulations for Child Care Learning Centers	1/1/2010	X		
	Rules and Regulations for Group Day Care Homes	1/1/2010		X	
	Rules and Regulations for Family Day Care Homes	1/1/2010			X
HI	Hawaii - 4 pertinent documents				
	Title 17: Chapter 891.1 Registration of Family Child Care Homes	12/19/2002			X
	Title 17: Chapter 892.1 Licensing of Group Child Care Centers and Group Child Care Homes	12/19/2002	X	X	
	Title 17: Chapter 895 Licensing of Infant and Toddler Child Care Centers	12/19/2002	X		
	Title 17: Chapter 896 Licensing of Before and After School Child Care Facilities	12/19/2002	X		
ID	Idaho - 1 pertinent document				
	16.06.02 Rules Governing Standards for Child Care Licensing	7/1/2010	X	X	X
IL	Illinois - 3 pertinent documents				
	Part 406: Licensing Standards for Day Care Homes	7/1/2008			X
	Part 407: Licensing Standards for Day Care Centers	4/1/2010	X		
	Part 408: Licensing Standards for Group Day Care Homes	7/1/2008		X	

State Legislation Child Care Regulation Source Documents					
State	Document Title	Document Date	Center	Large Family/Group	Small Family
IN	Indiana - 4 pertinent documents				
	Rule 1.1 Child Care Homes (470 IAC 3-1.1)	7/3/1996, readopted 7/12/2001			X
	Rule 1.2 Infant and Toddler Services in a Child Care Home (470 IAC 3-1.2-1 - 470 IAC 3-1.2-3)	7/3/1996, readopted 7/12/2001		X	X
	Rule 1.3 Class II Child Care Homes (470 IAC 3-1.3.1)	9/27/1996, readopted 7/12/2001		X	
	Rule 4.7 Child Care Centers: Licensing (470 IAC 3-4.7)	11/7/2003	X		
IA	Iowa - 2 pertinent documents				
	Chapter 109: Child Care Centers	6/1/2010	X		
	Chapter 110: Child Development Homes	11/1/2009		X	X
KS	Kansas - 2 pertinent documents				
	Regulations for Licensing Preschools and Child Care Centers	7/11/2008	X		
	Regulations for Licensing Day Care Homes and Group Day Care Homes	Jul-08		X	X
KY	Kentucky - 2 pertinent documents				
	922 KAR 2:100 Certification of Family Child Care Homes	3/19/2008			X
	922 KAR 2:120 Child Care Facility Health and Safety Standards	3/19/2008	X	X	
LA	Louisiana - 2 pertinent documents				
	Child Day Care Center Class A Minimum Standards	11/1/2003	X		
	Child Day Care Center Class B Minimum Standards	10/1/2000	X		
ME	Maine - 2 pertinent documents				
	Rules for the Licensing of Child Care Facilities	8/27/2008	X	X	
	Rules for Family Child Care Providers	9/1/2009		X	X
MD	Maryland - 2 pertinent documents				
	COMAR 13A. 15. 01 - Family Child Care	4/19/2010			X
	COMAR 13A. 16. 01 - Child Care Centers	4/19/2010	X	X	
MA	Massachusetts - 1 pertinent document				
	Standards for the Licensure of Child Care Programs	Oct-10	X	X	X
MI	Michigan - 2 pertinent documents				
	Licensing Rules for Child Care Centers	6/4/2008	X		
	Licensing Rules for Family and Group Child Care Homes	6/3/2009		X	X
MN	Minnesota - 2 pertinent documents				
	Chapter 9502 Licensing of Day Care Facilities	10/8/2007		X	X
	Chapter 9503 Licensing Requirements for Child Care Centers	10/8/2007	X		

State Legislation Child Care Regulation Source Documents					
State	Document Title	Document Date	Center	Large Family/Group	Small Family
MS	Mississippi - 2 pertinent documents				
	Regulations Governing Licensure of Child Care Facilities	7/1/2009	X		
	Regulations Governing Licensure of Child Care Facilities for 12 or Fewer Children in the Operators Home	7/1/2009		X	X
MO	Missouri - 2 pertinent documents				
	Licensing Rules for Group Child Care Homes and Child Care Centers	Jan-02	X	X	
	Licensing Rules for Family Child Care Homes	May-02		X	X
MT	Montana - 2 pertinent documents				
	Licensing Requirements for Child Day Care Centers	9/1/2006	X		
	Requirements for Registration of Family and Group Day Care Homes	9/1/2006		X	X
NE	Nebraska - 2 pertinent documents				
	Family Child Care Home Standards Chapter 6	Mar-98		X	X
	Child Care Center Standards Chapter 8	Mar-98	X		
NV	Nevada - 2 pertinent documents				
	Chapter 432A Services and Facilities for Care of Children	10/31/2007	X	X	X
	Regulation R112-06	Jan-10	X	X	X
NH	New Hampshire - 1 pertinent document				
	Child Care Program Licensing Rules	2008-2016	X	X	X
NJ	New Jersey - 2 pertinent documents				
	Chapter 122 - Manual of Requirements for Child Care Centers		X	X	
	Chapter 126 - Manual of Requirements for Family Child Care Registration	8/25/2009			X
NM	New Mexico - 1 pertinent document				
	Title 8 Social Services Chapter 16 Part 2 Child Care Centers, Before and After School Programs, Family Child Care Homes and Other Early Care and Education Programs	6/30/2010	X	X	X
NY	New York - 4 pertinent documents				
	Part 416: Group Family Day Care Homes	1/31/2005		X	
	Part 417: Family Day Care Homes	1/31/2005			X
	Part 418 1: Day Care Centers	1/31/2005	X		
	Part 418 2: Small Day Care Centers	1/31/2005	X		
NC	North Carolina - 1 pertinent document				
	Chapter 9 - Child Care Rules	8/1/2010	X	X	X
ND	North Dakota - 3 pertinent documents				

State Legislation Child Care Regulation Source Documents					
State	Document Title	Document Date	Center	Large Family/Group	Small Family
	Family Child Care Homes Early Childhood Services Chapter 75-03-08	1/1/1999			X
	Group Child Care Homes Early Childhood Services Chapter 75-03-09	1/1/1999		X	
	Child Care Center Early Childhood Services Chapter 75-03-10	1/1/1999	X		
OH	Ohio - 3 pertinent documents				
	Child Care Center Manual	6/21/2010	X		
	Child Care Type A Home Manual	6/8/2010		X	
	Child Care Type B Home Manual	2/16/2010			X
OK	Oklahoma - 2 pertinent documents				
	Licensing Requirements for Child Care Centers	10/1/2009	X		
	Licensing Requirements for Family Child Care Homes and Large Child Care Homes	7/1/2010		X	X
OR	Oregon - 3 pertinent documents				
	Rules For Certified Child Care Centers	1/1/2010	X		
	Rules For Certified Family Child Care Homes	1/1/2010		X	
	Rules for Registered Family Child Care Homes	1/1/2010			X
PA	Pennsylvania - 3 pertinent documents				
	Chapter 3270 - Child Day Care Centers	May-09	X		
	Chapter 3280 - Group Child Day Care Homes	Jul-09		X	
	Chapter 3290 - Family Child Day Care Homes	Jul-09			X
RI	Rhode Island - 3 pertinent documents				
	Child Day Care Center Regulations for Licensure	1993	X		
	Family Child Care Home Regulations for Licensure	10/1/2007			X
	Group Family Child Care Home Regulations for Licensure	10/1/2007		X	
SC	South Carolina - 2 pertinent documents				
	Regulations for the Licensing of Group Child Care Homes	5/19/2005		X	
	Regulations for the Licensing of Child Care Centers	5/16/2005	X		
SD	South Dakota - 3 pertinent documents				
	Chapter 67:42:03 Family Day Care Homes	9/29/2004			X
	Chapter 67:42:04 Group Family Day Care Homes	9/29/2004		X	
	Chapter 67:42:10 Day Care Centers	9/29/2004	X		
TN	Tennessee - 4 pertinent documents				

State Legislation Child Care Regulation Source Documents					
State	Document Title	Document Date	Center	Large Family/Group	Small Family
	Chapter 1240-4-1 Standards for Group Child Care Homes	3/14/2009		X	
	Chapter 1240-4-3 Licensure Rules for Child Care Centers	3/14/2009	X		
	Chapter 1240-4-4 Standards for Family Child Care Homes	3/14/2009			X
	Chapter 1240-4-12 Registration of Family Day Care Homes	12/13/1990			X
TX	Texas 2 pertinent documents				
	Chapter 746: Minimum Standard Rules For Licensed Child-Care Centers	3/1/2008	X		
	Chapter 747: Minimum Standard Rules for Registered and Licensed Child-Care Homes	6/1/2008		X	X
UT	Utah - 3 pertinent documents				
	R430-50 Residential Certificate Child Care Standards	9/1/2008			X
	R430-90 Licensed Family Child Care	9/1/2008		X	
	R430-100 Child Care Centers	7/1/2009	X		
VT	Vermont - 3 pertinent documents				
	Early Childhood Programs Licensing Regulations	2/12/2001	X		
	Family Child Care Licensing Regulations	2/12/2001		X	X
	Regulations for Family Day Care Homes	9/17/2009			X
VA	Virginia 1 pertinent document				
	Standards for Licensed Child Day Centers	3/6/2008	X		
WA	Washington 2 pertinent documents				
	Chapter 170-295 Minimum Licensing Requirements for Child Day Care Centers	5/31/2008	X		
	Chapter 170-296 Child Care Business Regulations for Family Home Child Care	5/31/2008		X	X
WV	West Virginia - 3 pertinent documents				
	Title 78, Series 1, Child Care Centers Licensing	5/20/2009	X		
	Title 78, Series 18, Family Child Care Facility Licensing Requirements	7/1/2007		X	
	Title 78, Series 19, Family Child Care Home Registration Requirements	7/1/2007			X
WI	Wisconsin - 3 pertinent documents				
	DCF 202 - Child Care Certification	Nov-08			X
	DCF 250 - Licensing Rules for Family Child Care Centers	1/1/2009			X
	DCF 251 - Licensing Rules for Group Child Care Centers	1/1/2009	X	X	
WY	Wyoming - 1 pertinent document				
	Administrative Rules For Certification of Child Care Facilities	9/1/2008	X	X	X

Individual State Data

Explanation of State Data Pages

It is suggested that states review these pages for analysis of their regulations, to see where they have strong terminology and to identify those areas in which terminology may be improved in their child care regulations that have implications for childhood obesity prevention. The following pages, one per state, are in order alphabetically by state abbreviation (see chart below). Each page reports the state's ratings for each variable by child care type, so that all final ratings per child care facility type are shown. At the bottom right corner of the ratings table, the highlighted cell shows the state's mean rating (average), which is the same mean used in the national quartile ranking.

To the right of the ratings table are two charts and a table. The pie chart at the top shows the composition of all the ratings for the state by percentage of 1, 2, 3 and 4 ratings, to give which affords an overall view of the state's ratings. The small table below the pie chart shows the frequency (number) of each rating of 1, 2, 3 and 4 for each topic area: I=Infant Feeding, N=Nutrition, and P=Physical Activity. The stacked bar chart shows the percentage of ratings of 1-4 for each topic area. Ratings of 1 are at the base of the columns and ratings of 4 are at the top.

Key	
	New 2011 Rating
	Revised 2010 Rating

NOTE: State licensors may request detailed ratings for each of their documents by contacting the NRC at 800-598-5437 or email info@nrckids.org.

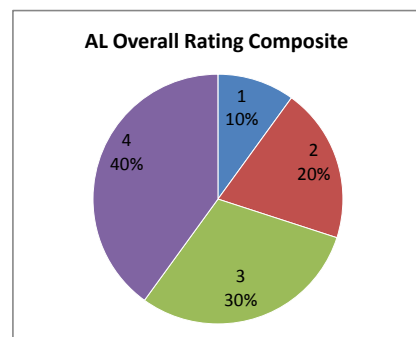
State Abbreviations and Order of Pages

AL	Alabama	MT	Montana
AK	Alaska	NE	Nebraska
AZ	Arizona	NV	Nevada
AR	Arkansas	NH	New Hampshire
CA	California	NJ	New Jersey
CO	Colorado	NM	New Mexico
CT	Connecticut	NY	New York
DE	Delaware	NC	North Carolina
D.C.	District of Columbia	ND	North Dakota
FL	Florida	OH	Ohio
GA	Georgia	OK	Oklahoma
HI	Hawaii	OR	Oregon
ID	Idaho	PA	Pennsylvania
IL	Illinois	RI	Rhode Island
IN	Indiana	SC	South Carolina
IA	Iowa	SD	South Dakota
KS	Kansas	TN	Tennessee
KY	Kentucky	TX	Texas
LA	Louisiana	UT	Utah
ME	Maine	VT	Vermont
MD	Maryland	VA	Virginia
MA	Massachusetts	WA	Washington
MI	Michigan	WV	West Virginia
MN	Minnesota	WI	Wisconsin
MS	Mississippi	WY	Wyoming
MO	Missouri		

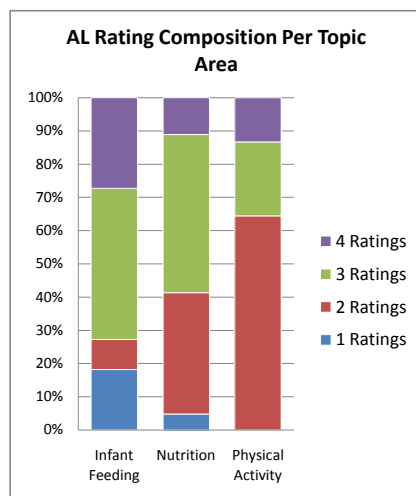
Alabama

State Overall Ratings

Components by Topic Area		Large	Small	Average	
		Family	Family		
		Child Care	Child Care	Child Care	Rating Per
		Center	Home	Home	Component
Infant Feeding					
IA1	Support breastfeeding	3	3	3	3.00
IA2	No cow's milk < 1yr	4	4	4	4.00
IB1	Feed infants on cue	4	4	4	4.00
IB2	Stop feed @ satiety	3	3	3	3.00
IB3	Hold infant to feed	4	4	4	4.00
IC1	Plan solid introduction	3	3	3	3.00
IC2	Intro solids @ 4-6 mo	3	3	3	3.00
IC3	Iron-Fort @ 4-6 mo	3	3	3	3.00
ID1	Don't mix formula	2	2	2	2.00
ID2	Whole fruit 7 m-1 yr	1	1	1	1.00
ID3	No juice < 12 mo	1	1	1	1.00
Average Rating Per CC Type		2.82	2.82	2.82	2.82
Nutrition					
NA1	Limit oils/fats	2	2	2	2.00
NA2	Low fat meat/proteins	3	3	3	3.00
NA3	Low fat milk equivalents	3	3	3	3.00
NA4	Whole milk 1-2 y/o	2	2	2	2.00
NA5	Low fat milk > 2 y/o	2	2	2	2.00
NB1	Whole grains	3	3	3	3.00
NB2	Variety of vegetables	3	3	3	3.00
NB3	Variety of whole fruit	3	3	3	3.00
NC1	100% juice	4	4	4	4.00
NC2	Juice only @ meals	2	2	2	2.00
NC3	Juice 4-6 oz. 1-6 y/o	3	3	3	3.00
NC4	Juice 8-12 oz. 7+ y/o	3	3	3	3.00
ND1	Make water available	3	2	2	2.33
NE1	Teach portion sizes	2	2	2	2.00
NE2	Eat with children	2	2	2	2.00
NF1	Appropriate servings	4	4	4	4.00
NF2	Healthy seconds	3	3	3	3.00
NG1	Limit salt	2	2	2	2.00
NG2	Avoid sugary foods	1	1	1	1.00
NH1	Food no force/bribe	3	3	3	3.00
NH2	Food no reward/punish	4	3	3	3.33
Average Rating Per CC Type		2.71	2.62	2.62	2.65
Physical Activity					
PA1	Space for active play	4	4	4	4.00
PA2	Training on activities	2	2	2	2.00
PA3	Write activity policies	2	2	2	2.00
PA4	Play with children	2	2	2	2.00
PA5	Don't withhold play	2	2	2	2.00
PB1	No screen time < 2 yr	3	2	2	2.33
PB2	Screen time 30 min/wk	2	2	2	2.00
PB3	Screen time purpose	2	2	2	2.00
PB4	No TV w/meals	2	2	2	2.00
PC1	Outdoor play occasions	3	3	3	3.00
PC2	Toddler play time	3	3	3	3.00
PC3	Preschool play time	3	3	3	3.00
PD1	Structured play	2	2	2	2.00
PE1	Tummy time often	4	4	4	4.00
PE2	Limit time infant equip.	2	2	2	2.00
Average Rating Per CC Type		2.53	2.47	2.47	2.49
Grand Average for Care Types & Components		2.68	2.62	2.62	2.64



Ratings	1	2	3	4
I - Count	6	3	15	9
N-Count	3	23	30	7
P-Count	0	29	10	6



What Ratings Mean

- 1 Regulation contradicts the standard
- 2 Regulation does not mention the content of standard
- 3 Regulation partially meets standard
- 4 Regulation fully meets standard

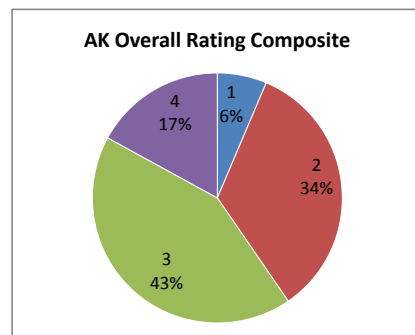
Alaska

State Overall Ratings

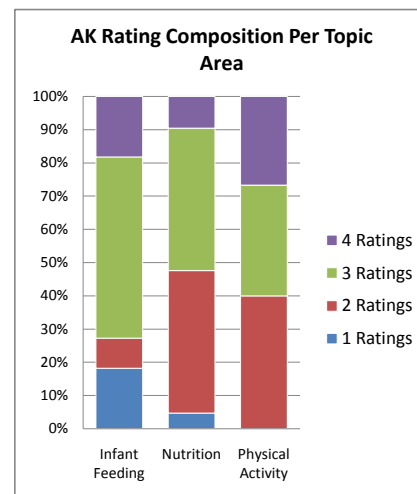
Components by Topic Area		Child Care	Large Family	Small Family	Average Rating Per Component
		Center	Child Care Home	Child Care Home	
Infant Feeding					
IA1	Support breastfeeding	3	3	3	3.00
IA2	No cow's milk < 1yr	4	4	4	4.00
IB1	Feed infants on cue	4	4	4	4.00
IB2	Stop feed @ satiety	3	3	3	3.00
IB3	Hold infant to feed	3	3	3	3.00
IC1	Plan solid introduction	3	3	3	3.00
IC2	Intro solids @ 4-6 mo	3	3	3	3.00
IC3	Iron-Fort @ 4-6 mo	3	3	3	3.00
ID1	Don't mix formula	2	2	2	2.00
ID2	Whole fruit 7 m-1 yr	1	1	1	1.00
ID3	No juice < 12 mo	1	1	1	1.00
Average Rating Per CC Type		2.73	2.73	2.73	2.73
Nutrition					
NA1	Limit oils/fats	2	2	2	2.00
NA2	Low fat meat/proteins	3	3	3	3.00
NA3	Low fat milk equivalents	3	3	3	3.00
NA4	Whole milk 1-2 y/o	2	2	2	2.00
NA5	Low fat milk > 2 y/o	2	2	2	2.00
NB1	Whole grains	3	3	3	3.00
NB2	Variety of vegetables	3	3	3	3.00
NB3	Variety of whole fruit	3	3	3	3.00
NC1	100% juice	4	4	4	4.00
NC2	Juice only @ meals	2	2	2	2.00
NC3	Juice 4-6 oz. 1-6 y/o	3	3	3	3.00
NC4	Juice 8-12 oz. 7+ y/o	3	3	3	3.00
ND1	Make water available	2	2	2	2.00
NE1	Teach portion sizes	2	2	2	2.00
NE2	Eat with children	2	2	2	2.00
NF1	Appropriate servings	4	4	4	4.00
NF2	Healthy seconds	3	3	3	3.00
NG1	Limit salt	2	2	2	2.00
NG2	Avoid sugary foods	1	1	1	1.00
NH1	Food no force/bribe	3	3	3	3.00
NH2	Food no reward/punish	2	2	2	2.00
Average Rating Per CC Type		2.57	2.57	2.57	2.57
Physical Activity					
PA1	Space for active play	4	4	4	4.00
PA2	Training on activities	2	2	2	2.00
PA3	Write activity policies	2	2	2	2.00
PA4	Play with children	2	2	2	2.00
PA5	Don't withhold play	3	3	3	3.00
PB1	No screen time < 2 yr	3	3	3	3.00
PB2	Screen time 30 min/wk	3	3	3	3.00
PB3	Screen time purpose	2	2	2	2.00
PB4	No TV w/meals	2	2	2	2.00
PC1	Outdoor play occasions	4	4	4	4.00
PC2	Toddler play time	3	3	3	3.00
PC3	Preschool play time	3	3	3	3.00
PD1	Structured play	4	4	4	4.00
PE1	Tummy time often	2	2	2	2.00
PE2	Limit time infant equip.	4	4	4	4.00
Average Rating Per CC Type		2.87	2.87	2.87	2.87
Grand Average for Care Types & Components		2.70	2.70	2.70	2.70

What Ratings Mean

- 1 Regulation contradicts the standard
- 2 Regulation does not mention the content of standard
- 3 Regulation partially meets standard
- 4 Regulation fully meets standard



Ratings	1	2	3	4
I - Count	6	3	18	6
N - Count	3	27	27	6
P - Count	0	18	15	12



Arizona

State Overall Ratings

Key to Changes

Improved Rating
Lower Rating

Components by Topic Area	2010 Data			2011 Data		
	Child Care Center	Large Family Home	Small Family Home	Child Care Center	Large Family Home	Small Family Home
	Infant Feeding					
IA1 Support breastfeeding	4	4	4	4	4	4
IA2 No cow's milk < 1yr	3	3	4	3	4	4
IB1 Feed infants on cue	2	2	4	2	4	4
IB2 Stop feed @ satiety	2	2	3	2	4	3
IB3 Hold infant to feed	3	4	4	3	4	4
IC1 Plan solid introduction	4	4	3	4	4	3
IC2 Intro solids @ 4-6 mo	2	2	3	2	2	3
IC3 Iron-Fort @ 4-6 mo	2	2	3	2	2	3
ID1 Don't mix formula	3	3	3	3	3	3
ID2 Whole fruit 7 m-1 yr	2	2	1	2	2	1
ID3 No juice < 12 mo	2	2	1	2	2	1
Average Rating Per CC Type	2.64	2.73	3.00	2.64	3.18	3.00
Nutrition						
NA1 Limit oils/fats	2	3	2	2	3	2
NA2 Low fat meat/proteins	3	3	3	3	3	3
NA3 Low fat milk equivalents	3	3	3	3	3	3
NA4 Whole milk 1-2 y/o	2	2	2	2	3	2
NA5 Low fat milk > 2 y/o	4	4	2	4	4	2
NB1 Whole grains	3	3	3	3	3	3
NB2 Variety of vegetables	3	3	3	3	4	3
NB3 Variety of whole fruit	4	4	3	4	4	3
NC1 100% juice	4	4	4	4	4	4
NC2 Juice only @ meals	2	2	2	2	2	2
NC3 Juice 4-6 oz. 1-6 y/o	4	3	3	4	3	3
NC4 Juice 8-12 oz. 7+ y/o	4	4	3	4	4	3
ND1 Make water available	4	4	2	4	4	2
NE1 Teach portion sizes	2	2	2	2	2	2
NE2 Eat with children	3	3	2	3	3	2
NF1 Appropriate servings	4	4	4	4	4	4
NF2 Healthy seconds	1	1	3	1	1	3
NG1 Limit salt	2	2	2	2	2	2
NG2 Avoid sugary foods	3	3	1	3	3	1
NH1 Food no force/bribe	3	3	3	3	3	3
NH2 Food no reward/punish	3	3	3	3	3	3
Average Rating Per CC Type	3.00	3.00	2.62	3.00	3.10	2.62
Physical Activity						
PA1 Space for active play	4	4	2	4	4	2
PA2 Training on activities	2	2	2	2	2	2
PA3 Write activity policies	2	2	2	2	3	2
PA4 Play with children	2	2	2	2	2	2
PA5 Don't withhold play	3	4	4	3	3	4
PB1 No screen time < 2 yr	2	2	2	2	2	2
PB2 Screen time 30 min/wk	2	2	2	2	2	2
PB3 Screen time purpose	2	2	2	2	2	2
PB4 No TV w/meals	2	2	2	2	2	2
PC1 Outdoor play occasions	3	3	3	3	3	3
PC2 Toddler play time	3	3	3	3	3	3
PC3 Preschool play time	3	3	3	3	3	3
PD1 Structured play	3	3	3	3	3	3
PE1 Tummy time often	4	4	2	4	4	2
PE2 Limit time infant equip.	3	3	1	3	3	1
Average Rating Per CC Type	2.67	2.73	2.33	2.67	2.73	2.33

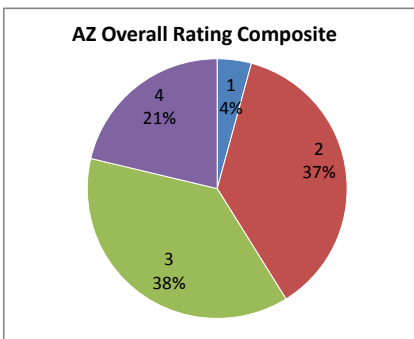
What Ratings Mean

- 1 Regulation contradicts the standard
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Arizona

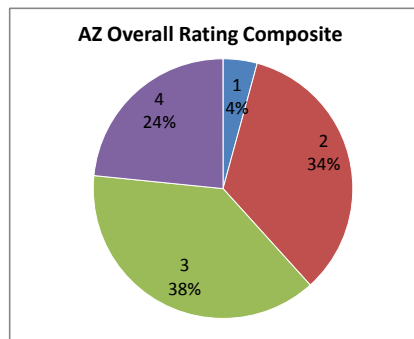
State Overall Ratings

2010

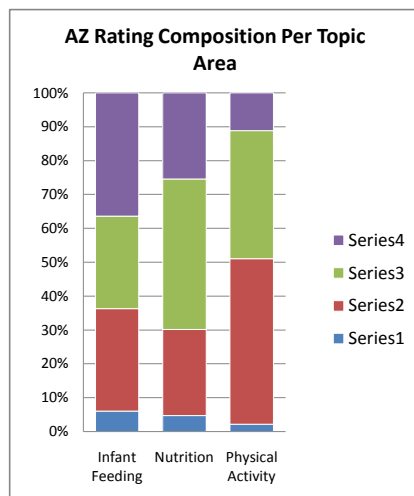
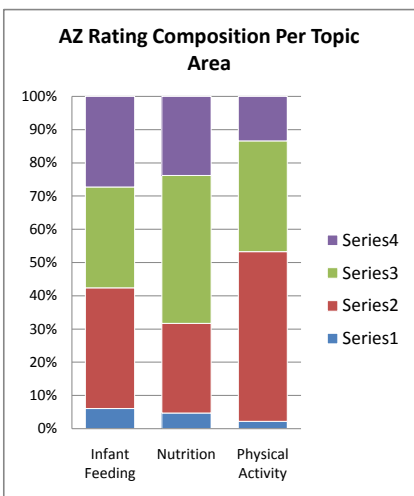


Tally of Each Rating Per Topic Area				
Ratings	1	2	3	4
I - Count	2	12	10	9
N-Count	3	17	28	15
P-Count	1	23	15	6

2011



Tally of Each Rating Per Topic Area				
Ratings	1	2	3	4
I - Count	2	10	9	12
N-Count	3	16	28	16
P-Count	1	22	17	5



Understanding and Using This page

To the right of the ratings table are two types of charts and tables. The pie charts at the top show the composition of all the ratings for the state by percentage of 1, 2, 3 and 4 ratings, which affords an overall view of the state's ratings. The small table below each pie chart shows the frequency (number) of each rating of 1, 2, 3 and 4 for each topic area: I=Infant Feeding, N=Nutrition, and P=Physical Activity. The stacked bar charts show the percentage of ratings of 1- 4 for each topic area. Ratings of 1 are at the base of the columns and ratings of 4 are at the top.

It is suggested that the state reviews this page for analysis of its regulations, to see where terminology is strong and to identify those areas in which terminology may be improved in its child care regulations that have implications for childhood obesity prevention. This page reports the state's ratings for each variable by child care type, so that all final ratings per child care facility type are shown.

Arkansas

State Overall Ratings

Key to Changes

Improved Rating
Lower Rating

Assessment Year	2010 Data			2011 Data		
	Child Care Center	Large Family Child Care Home	Small Family Child Care Home	Child Care Center	Large Family Child Care Home	Small Family Child Care Home
Components by Topic Area						
Infant Feeding						
IA1	Support breastfeeding	2	2	2	2	2
IA2	No cow's milk < 1yr	4	4	4	4	4
IB1	Feed infants on cue	4	4	4	4	4
IB2	Stop feed @ satiety	3	3	3	4	4
IB3	Hold infant to feed	3	3	3	3	3
IC1	Plan solid introduction	3	3	3	3	3
IC2	Intro solids @ 4-6 mo	3	3	3	3	3
IC3	Iron-Fort @ 4-6 mo	3	3	3	3	3
ID1	Don't mix formula	2	2	2	2	2
ID2	Whole fruit 7 m-1 yr	1	1	1	1	1
ID3	No juice < 12 mo	1	1	1	1	1
Average Rating Per CC Type		2.64	2.64	2.64	2.73	2.73
Nutrition						
NA1	Limit oils/fats	2	2	2	2	2
NA2	Low fat meat/proteins	3	3	3	3	3
NA3	Low fat milk equivalents	3	3	3	3	3
NA4	Whole milk 1-2 y/o	2	2	2	2	2
NA5	Low fat milk > 2 y/o	2	2	2	2	2
NB1	Whole grains	3	3	3	3	3
NB2	Variety of vegetables	3	3	3	3	3
NB3	Variety of whole fruit	3	3	3	3	3
NC1	100% juice	4	4	4	4	4
NC2	Juice only @ meals	2	2	2	2	2
NC3	Juice 4-6 oz. 1-6 y/o	3	3	3	3	3
NC4	Juice 8-12 oz. 7+ y/o	3	3	3	3	3
ND1	Make water available	3	3	4	4	4
NE1	Teach portion sizes	2	2	2	2	2
NE2	Eat with children	2	2	2	3	2
NF1	Appropriate servings	4	4	4	4	4
NF2	Healthy seconds	3	3	3	3	3
NG1	Limit salt	2	2	2	2	2
NG2	Avoid sugary foods	1	1	1	1	1
NH1	Food no force/bribe	2	3	3	2	3
NH2	Food no reward/punish	3	3	3	3	3
Average Rating Per CC Type		2.62	2.67	2.71	2.67	2.71
Physical Activity						
PA1	Space for active play	4	4	2	4	2
PA2	Training on activities	2	2	2	2	2
PA3	Write activity policies	2	2	2	3	3
PA4	Play with children	2	2	2	4	2
PA5	Don't withhold play	4	4	4	3	4
PB1	No screen time < 2 yr	2	2	2	3	2
PB2	Screen time 30 min/wk	2	2	2	3	3
PB3	Screen time purpose	2	2	2	4	4
PB4	No TV w/meals	2	2	2	2	2
PC1	Outdoor play occasions	3	3	3	3	3
PC2	Toddler play time	3	3	3	3	3
PC3	Preschool play time	3	3	3	3	3
PD1	Structured play	2	2	2	2	2
PE1	Tummy time often	2	2	2	2	2
PE2	Limit time infant equip.	2	2	2	2	2
Average Rating Per CC Type		2.47	2.47	2.33	2.87	2.73

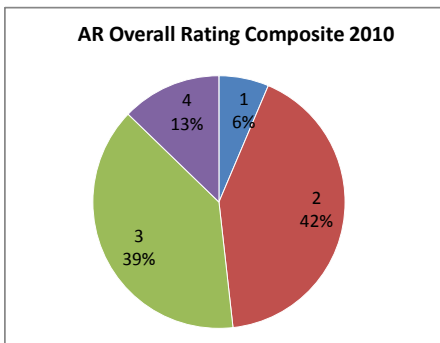
What Ratings Mean

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Arkansas

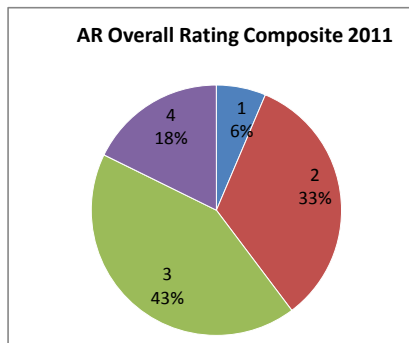
State Overall Ratings

2010

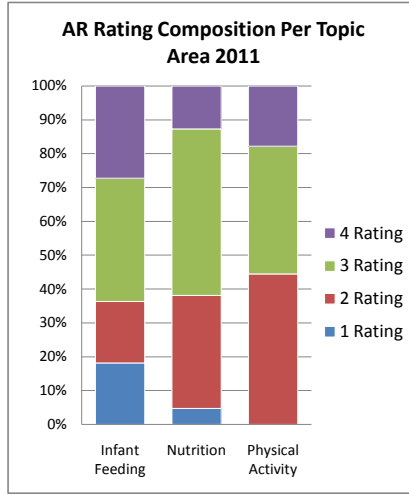
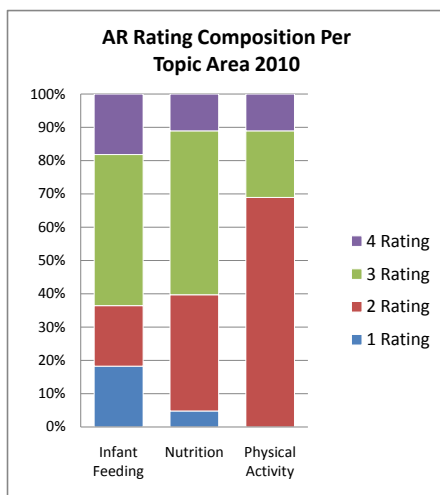


Ratings	1	2	3	4
I - Count	6	6	15	6
N-Count	3	22	31	7
P-Count	0	31	9	5

2011



Ratings	1	2	3	4
I - Count	6	6	12	9
N-Count	3	21	31	8
P-Count	0	20	17	8



Understanding and Using This page

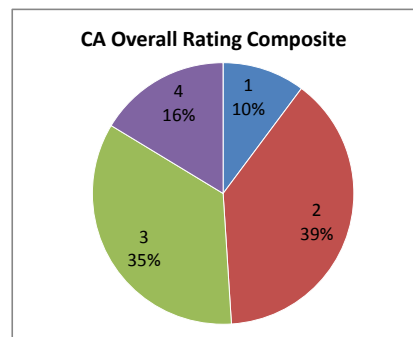
To the right of the ratings table are two types of charts and tables. The pie charts at the top show the composition of all the ratings for the state by percentage of 1, 2, 3 and 4 ratings, which affords an overall view of the state's ratings. The small table below each pie chart shows the frequency (number) of each rating of 1, 2, 3 and 4 for each topic area: I=Infant Feeding, N=Nutrition, and P=Physical Activity. The stacked bar charts show the percentage of ratings of 1- 4 for each topic area. Ratings of 1 are at the base of the columns and ratings of 4 are at the top. The pie chart at the bottom of the page shows how rules changed since previous rating.

It is suggested that the state reviews this page for analysis of its regulations, to see where terminology is strong and to identify those areas in which terminology may be improved in its child care regulations that have implications for childhood obesity prevention. This page reports the state's ratings for each variable by child care type, so that all final ratings per child care facility type are shown.

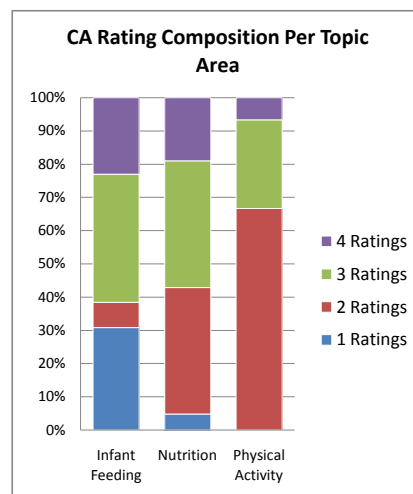
California

State Overall Ratings

		Child Care Center	Large Family Child Care Home	Small Family Child Care Home	Average Rating Per Component
Components by Topic Area					
Infant Feeding					
IA1	Support breastfeeding	4	N/A	N/A	4.00
IA2	No cow's milk < 1yr	4	N/A	N/A	4.00
IB1	Feed infants on cue	4	N/A	N/A	4.00
IB2	Stop feed @ satiety	3	N/A	N/A	3.00
IB3	Hold infant to feed	3	N/A	N/A	3.00
IC1	Plan solid introduction	3	N/A	N/A	3.00
IC2	Intro solids @ 4-6 mo	3	N/A	N/A	3.00
IC3	Iron-Fort @ 4-6 mo	3	N/A	N/A	3.00
ID1	Don't mix formula	2	N/A	N/A	2.00
ID2	Whole fruit 7 m-1 yr	1	1	1	1.00
ID3	No juice < 12 mo	1	N/A	N/A	1.00
Average Rating Per CC Type		2.82	1.00	1.00	1.61
Nutrition					
NA1	Limit oils/fats	2	N/A	N/A	2.00
NA2	Low fat meat/proteins	3	N/A	N/A	3.00
NA3	Low fat milk equivalents	3	N/A	N/A	3.00
NA4	Whole milk 1-2 y/o	2	N/A	N/A	2.00
NA5	Low fat milk > 2 y/o	2	N/A	N/A	2.00
NB1	Whole grains	3	N/A	N/A	3.00
NB2	Variety of vegetables	3	N/A	N/A	3.00
NB3	Variety of whole fruit	4	N/A	N/A	4.00
NC1	100% juice	4	N/A	N/A	4.00
NC2	Juice only @ meals	2	N/A	N/A	2.00
NC3	Juice 4-6 oz. 1-6 y/o	3	N/A	N/A	3.00
NC4	Juice 8-12 oz. 7+ y/o	3	N/A	N/A	3.00
ND1	Make water available	4	N/A	N/A	4.00
NE1	Teach portion sizes	2	N/A	N/A	2.00
NE2	Eat with children	2	N/A	N/A	2.00
NF1	Appropriate servings	4	N/A	N/A	4.00
NF2	Healthy seconds	3	N/A	N/A	3.00
NG1	Limit salt	2	N/A	N/A	2.00
NG2	Avoid sugary foods	1	N/A	N/A	1.00
NH1	Food no force/bribe	2	N/A	N/A	2.00
NH2	Food no reward/punish	3	N/A	N/A	3.00
Average Rating Per CC Type		2.71	N/A	N/A	2.71
Physical Activity					
PA1	Space for active play	4	N/A	N/A	4.00
PA2	Training on activities	2	N/A	N/A	2.00
PA3	Write activity policies	2	N/A	N/A	2.00
PA4	Play with children	2	N/A	N/A	2.00
PA5	Don't withhold play	2	N/A	N/A	2.00
PB1	No screen time < 2 yr	2	N/A	N/A	2.00
PB2	Screen time 30 min/wk	2	N/A	N/A	2.00
PB3	Screen time purpose	2	N/A	N/A	2.00
PB4	No TV w/meals	2	N/A	N/A	2.00
PC1	Outdoor play occasions	3	N/A	N/A	3.00
PC2	Toddler play time	3	N/A	N/A	3.00
PC3	Preschool play time	3	N/A	N/A	3.00
PD1	Structured play	3	N/A	N/A	3.00
PE1	Tummy time often	2	N/A	N/A	2.00
PE2	Limit time infant equip.	2	N/A	N/A	2.00
Average Rating Per CC Type		2.40	N/A	N/A	2.40
Grand Average for Care Types & Components		2.64	1.00	1.00	2.64



Ratings	1	2	3	4
I - Count	4	1	5	3
N-Count	1	8	8	4
P-Count	0	10	4	1



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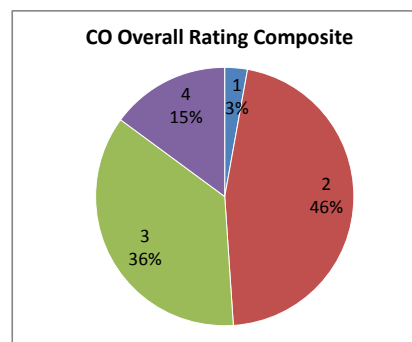
Colorado

State Overall Ratings

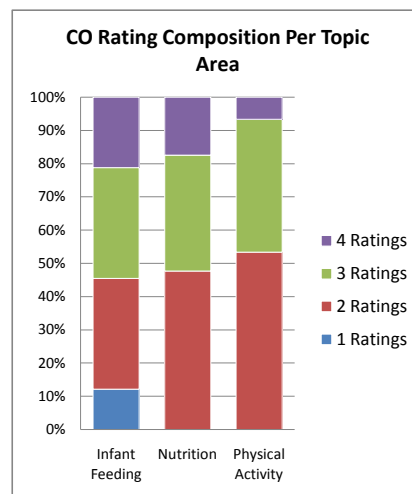
Components by Topic Area		Child Care Center	Large Family Child Care Home	Small Family Child Care Home	Average Rating Per Component
Infant Feeding					
IA1	Support breastfeeding	2	4	4	3.33
IA2	No cow's milk < 1yr	2	4	4	3.33
IB1	Feed infants on cue	4	4	4	4.00
IB2	Stop feed @ satiety	2	3	3	2.67
IB3	Hold infant to feed	3	3	3	3.00
IC1	Plan solid introduction	2	3	3	2.67
IC2	Intro solids @ 4-6 mo	2	3	3	2.67
IC3	Iron-Fort @ 4-6 mo	2	3	3	2.67
ID1	Don't mix formula	2	2	2	2.00
ID2	Whole fruit 7 m-1 yr	2	1	1	1.33
ID3	No juice < 12 mo	2	1	1	1.33
Average Rating Per CC Type		2.27	2.82	2.82	2.64
Nutrition					
NA1	Limit oils/fats	2	3	3	2.67
NA2	Low fat meat/proteins	2	3	3	2.67
NA3	Low fat milk equivalents	2	3	3	2.67
NA4	Whole milk 1-2 y/o	2	2	2	2.00
NA5	Low fat milk > 2 y/o	2	2	2	2.00
NB1	Whole grains	2	3	3	2.67
NB2	Variety of vegetables	2	3	3	2.67
NB3	Variety of whole fruit	2	3	3	2.67
NC1	100% juice	2	4	4	3.33
NC2	Juice only @ meals	2	2	2	2.00
NC3	Juice 4-6 oz. 1-6 y/o	2	4	4	3.33
NC4	Juice 8-12 oz. 7+ y/o	2	4	4	3.33
ND1	Make water available	2	4	4	3.33
NE1	Teach portion sizes	2	2	2	2.00
NE2	Eat with children	2	2	2	2.00
NF1	Appropriate servings	4	4	4	4.00
NF2	Healthy seconds	2	3	3	2.67
NG1	Limit salt	2	2	2	2.00
NG2	Avoid sugary foods	2	3	3	2.67
NH1	Food no force/bribe	3	3	3	3.00
NH2	Food no reward/punish	3	3	3	3.00
Average Rating Per CC Type		2.19	2.95	2.95	2.70
Physical Activity					
PA1	Space for active play	4	4	4	4.00
PA2	Training on activities	2	2	2	2.00
PA3	Write activity policies	2	2	2	2.00
PA4	Play with children	2	2	2	2.00
PA5	Don't withhold play	3	3	3	3.00
PB1	No screen time < 2 yr	3	3	3	3.00
PB2	Screen time 30 min/wk	2	2	2	2.00
PB3	Screen time purpose	2	2	2	2.00
PB4	No TV w/meals	2	2	2	2.00
PC1	Outdoor play occasions	3	3	3	3.00
PC2	Toddler play time	3	3	3	3.00
PC3	Preschool play time	3	3	3	3.00
PD1	Structured play	2	2	2	2.00
PE1	Tummy time often	2	2	2	2.00
PE2	Limit time infant equip.	3	3	3	3.00
Average Rating Per CC Type		2.53	2.53	2.53	2.53
Grand Average for Care Types & Components		2.32	2.79	2.79	2.63

What Ratings Mean

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Ratings	1	2	3	4
I - Count	4	11	11	7
N-Count	0	30	22	11
P-Count	0	24	18	3



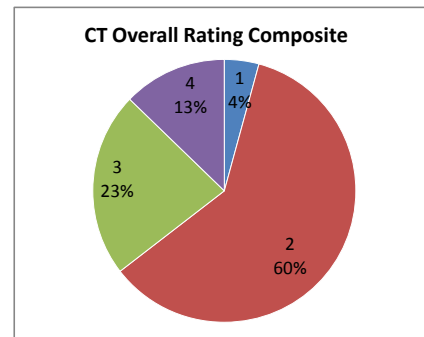
Connecticut

State Overall Ratings

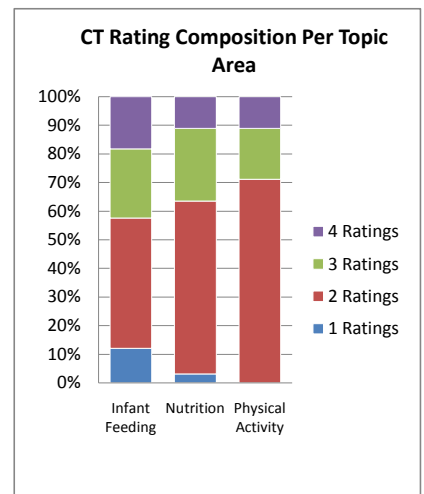
Components by Topic Area		Child Care	Large Family	Small Family	Average Rating Per Component
		Center	Home	Home	
Infant Feeding					
IA1	Support breastfeeding	2	2	2	2.00
IA2	No cow's milk < 1yr	4	4	2	3.33
IB1	Feed infants on cue	4	4	2	3.33
IB2	Stop feed @ satiety	3	3	2	2.67
IB3	Hold infant to feed	4	4	2	3.33
IC1	Plan solid introduction	3	3	2	2.67
IC2	Intro solids @ 4-6 mo	3	3	2	2.67
IC3	Iron-Fort @ 4-6 mo	3	3	2	2.67
ID1	Don't mix formula	2	2	2	2.00
ID2	Whole fruit 7 m-1 yr	1	1	2	1.33
ID3	No juice < 12 mo	1	1	2	1.33
Average Rating Per CC Type		2.73	2.73	2.00	2.48
Nutrition					
NA1	Limit oils/fats	2	2	2	2.00
NA2	Low fat meat/proteins	3	3	2	2.67
NA3	Low fat milk equivalents	3	3	2	2.67
NA4	Whole milk 1-2 y/o	2	2	2	2.00
NA5	Low fat milk > 2 y/o	2	2	2	2.00
NB1	Whole grains	3	3	2	2.67
NB2	Variety of vegetables	3	3	2	2.67
NB3	Variety of whole fruit	3	3	2	2.67
NC1	100% juice	4	4	2	3.33
NC2	Juice only @ meals	2	2	2	2.00
NC3	Juice 4-6 oz. 1-6 y/o	3	3	2	2.67
NC4	Juice 8-12 oz. 7+ y/o	3	3	2	2.67
ND1	Make water available	4	4	4	4.00
NE1	Teach portion sizes	2	2	2	2.00
NE2	Eat with children	2	2	2	2.00
NF1	Appropriate servings	4	4	2	3.33
NF2	Healthy seconds	3	3	2	2.67
NG1	Limit salt	2	2	2	2.00
NG2	Avoid sugary foods	1	1	2	1.33
NH1	Food no force/bribe	2	2	2	2.00
NH2	Food no reward/punish	2	2	2	2.00
Average Rating Per CC Type		2.62	2.62	2.10	2.44
Physical Activity					
PA1	Space for active play	4	4	4	4.00
PA2	Training on activities	2	2	2	2.00
PA3	Write activity policies	2	2	2	2.00
PA4	Play with children	2	2	2	2.00
PA5	Don't withhold play	2	2	2	2.00
PB1	No screen time < 2 yr	2	2	2	2.00
PB2	Screen time 30 min/wk	2	2	2	2.00
PB3	Screen time purpose	2	2	2	2.00
PB4	No TV w/meals	2	2	2	2.00
PC1	Outdoor play occasions	3	3	2	2.67
PC2	Toddler play time	3	3	3	3.00
PC3	Preschool play time	3	3	3	3.00
PD1	Structured play	2	2	2	2.00
PE1	Tummy time often	4	4	2	3.33
PE2	Limit time infant equip.	2	2	2	2.00
Average Rating Per CC Type		2.47	2.47	2.27	2.40
Grand Average for Care Types & Components		2.60	2.60	2.13	2.44

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Ratings	1	2	3	4
I - Count	4	15	8	6
N-Count	2	38	16	7
P-Count	0	32	8	5



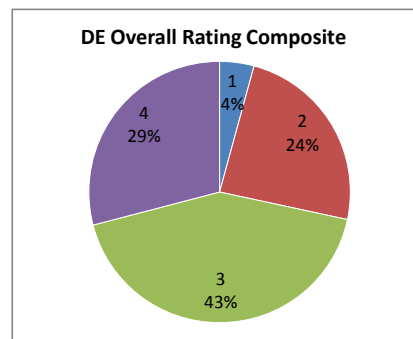
Delaware

State Overall Ratings

Components by Topic Area		Child Care	Large Family	Small Family	Average Rating Per Component
		Center	Home	Home	
Infant Feeding					
IA1	Support breastfeeding	4	4	4	4.00
IA2	No cow's milk < 1yr	4	4	4	4.00
IB1	Feed infants on cue	4	4	4	4.00
IB2	Stop feed @ satiety	3	3	3	3.00
IB3	Hold infant to feed	4	4	4	4.00
IC1	Plan solid introduction	3	3	3	3.00
IC2	Intro solids @ 4-6 mo	4	4	4	4.00
IC3	Iron-Fort @ 4-6 mo	3	3	3	3.00
ID1	Don't mix formula	4	4	4	4.00
ID2	Whole fruit 7 m-1 yr	1	1	1	1.00
ID3	No juice < 12 mo	3	3	3	3.00
Average Rating Per CC Type		3.36	3.36	3.36	3.36
Nutrition					
NA1	Limit oils/fats	2	2	2	2.00
NA2	Low fat meat/proteins	3	3	3	3.00
NA3	Low fat milk equivalents	3	3	3	3.00
NA4	Whole milk 1-2 y/o	3	2	2	2.33
NA5	Low fat milk > 2 y/o	2	2	2	2.00
NB1	Whole grains	3	3	3	3.00
NB2	Variety of vegetables	4	4	3	3.67
NB3	Variety of whole fruit	4	4	4	4.00
NC1	100% juice	4	4	4	4.00
NC2	Juice only @ meals	2	2	2	2.00
NC3	Juice 4-6 oz. 1-6 y/o	3	3	3	3.00
NC4	Juice 8-12 oz. 7+ y/o	3	3	3	3.00
ND1	Make water available	4	2	2	2.67
NE1	Teach portion sizes	3	3	3	3.00
NE2	Eat with children	2	2	2	2.00
NF1	Appropriate servings	4	4	4	4.00
NF2	Healthy seconds	3	3	3	3.00
NG1	Limit salt	2	2	2	2.00
NG2	Avoid sugary foods	1	1	1	1.00
NH1	Food no force/bribe	3	3	3	3.00
NH2	Food no reward/punish	3	3	3	3.00
Average Rating Per CC Type		2.90	2.76	2.71	2.79
Physical Activity					
PA1	Space for active play	4	4	3	3.67
PA2	Training on activities	2	2	2	2.00
PA3	Write activity policies	2	2	2	2.00
PA4	Play with children	2	2	2	2.00
PA5	Don't withhold play	4	4	4	4.00
PB1	No screen time < 2 yr	4	3	3	3.33
PB2	Screen time 30 min/wk	3	3	3	3.00
PB3	Screen time purpose	4	4	4	4.00
PB4	No TV w/meals	2	2	2	2.00
PC1	Outdoor play occasions	4	3	3	3.33
PC2	Toddler play time	3	3	3	3.00
PC3	Preschool play time	3	3	3	3.00
PD1	Structured play	4	3	3	3.33
PE1	Tummy time often	2	2	2	2.00
PE2	Limit time infant equip.	3	3	3	3.00
Average Rating Per CC Type		3.07	2.87	2.80	2.91
Grand Average for Care Types & Components		3.06	2.94	2.89	2.96

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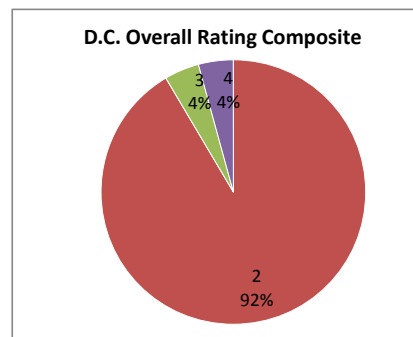
Ratings	1	2	3	4
I - Count	3	0	12	18
N-Count	3	19	29	12
P-Count	0	15	19	11



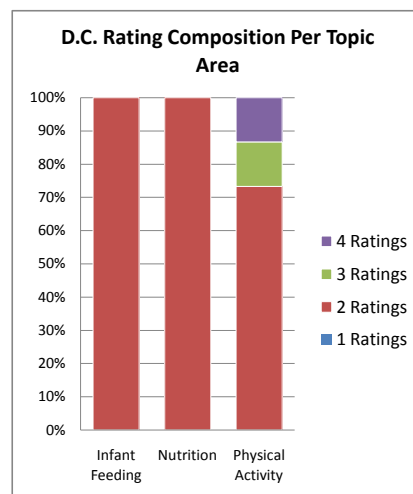
District of Columbia

State Overall Ratings

Components by Topic Area		Child Care Center	Large Family Child Care Home	Small Family Child Care Home	Average Rating Per Component
Infant Feeding					
IA1	Support breastfeeding	2	N/A	2	2.00
IA2	No cow's milk < 1yr	2	N/A	2	2.00
IB1	Feed infants on cue	2	N/A	2	2.00
IB2	Stop feed @ satiety	2	N/A	2	2.00
IB3	Hold infant to feed	2	N/A	2	2.00
IC1	Plan solid introduction	2	N/A	2	2.00
IC2	Intro solids @ 4-6 mo	2	N/A	2	2.00
IC3	Iron-Fort @ 4-6 mo	2	N/A	2	2.00
ID1	Don't mix formula	2	N/A	2	2.00
ID2	Whole fruit 7 m-1 yr	2	N/A	2	2.00
ID3	No juice < 12 mo	2	N/A	2	2.00
Average Rating Per CC Type		2.00	n/a	2.00	2.00
Nutrition					
NA1	Limit oils/fats	2	N/A	2	2.00
NA2	Low fat meat/proteins	2	N/A	2	2.00
NA3	Low fat milk equivalents	2	N/A	2	2.00
NA4	Whole milk 1-2 y/o	2	N/A	2	2.00
NA5	Low fat milk > 2 y/o	2	N/A	2	2.00
NB1	Whole grains	2	N/A	2	2.00
NB2	Variety of vegetables	2	N/A	2	2.00
NB3	Variety of whole fruit	2	N/A	2	2.00
NC1	100% juice	2	N/A	2	2.00
NC2	Juice only @ meals	2	N/A	2	2.00
NC3	Juice 4-6 oz. 1-6 y/o	2	N/A	2	2.00
NC4	Juice 8-12 oz. 7+ y/o	2	N/A	2	2.00
ND1	Make water available	2	N/A	2	2.00
NE1	Teach portion sizes	2	N/A	2	2.00
NE2	Eat with children	2	N/A	2	2.00
NF1	Appropriate servings	2	N/A	2	2.00
NF2	Healthy seconds	2	N/A	2	2.00
NG1	Limit salt	2	N/A	2	2.00
NG2	Avoid sugary foods	2	N/A	2	2.00
NH1	Food no force/bribe	2	N/A	2	2.00
NH2	Food no reward/punish	2	N/A	2	2.00
Average Rating Per CC Type		2.00	n/a	2.00	2.00
Physical Activity					
PA1	Space for active play	4	N/A	4	4.00
PA2	Training on activities	2	N/A	2	2.00
PA3	Write activity policies	2	N/A	2	2.00
PA4	Play with children	2	N/A	2	2.00
PA5	Don't withhold play	2	N/A	2	2.00
PB1	No screen time < 2 yr	2	N/A	2	2.00
PB2	Screen time 30 min/wk	2	N/A	2	2.00
PB3	Screen time purpose	2	N/A	2	2.00
PB4	No TV w/meals	2	N/A	2	2.00
PC1	Outdoor play occasions	4	N/A	4	4.00
PC2	Toddler play time	3	N/A	3	3.00
PC3	Preschool play time	3	N/A	3	3.00
PD1	Structured play	2	N/A	2	2.00
PE1	Tummy time often	2	N/A	2	2.00
PE2	Limit time infant equip.	2	N/A	2	2.00
Average Rating Per CC Type		2.40	n/a	2.40	2.40
Grand Average for Care Types & Components		2.13	n/a	2.13	2.13



Ratings	1	2	3	4
I - Count	0	22	0	0
N-Count	0	42	0	0
P-Count	0	22	4	4



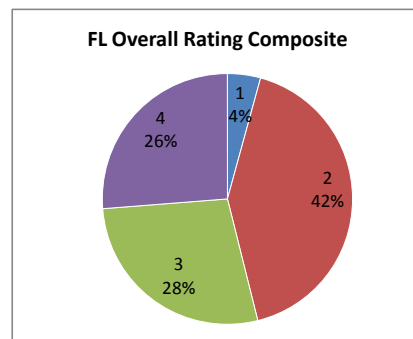
What Ratings Mean

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- 2 Regulation does not mention the content of standard
- 3 Regulation partially meets standard
- 4 Regulation fully meets standard

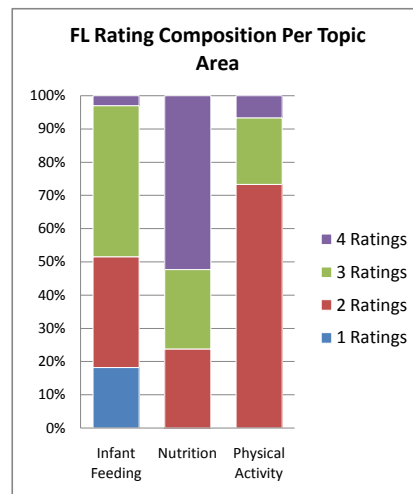
Florida

State Overall Ratings

Components by Topic Area		Child Care	Large Family	Small Family	Average Rating Per Component
		Center	Home	Home	
Infant Feeding					
IA1	Support breastfeeding	2	3	3	2.67
IA2	No cow's milk < 1yr	2	2	2	2.00
IB1	Feed infants on cue	4	2	2	2.67
IB2	Stop feed @ satiety	3	3	3	3.00
IB3	Hold infant to feed	3	2	2	2.33
IC1	Plan solid introduction	3	3	3	3.00
IC2	Intro solids @ 4-6 mo	3	3	3	3.00
IC3	Iron-Fort @ 4-6 mo	3	3	3	3.00
ID1	Don't mix formula	2	2	2	2.00
ID2	Whole fruit 7 m-1 yr	1	1	1	1.00
ID3	No juice < 12 mo	1	1	1	1.00
Average Rating Per CC Type		2.45	2.27	2.27	2.33
Nutrition					
NA1	Limit oils/fats	4	4	4	4.00
NA2	Low fat meat/proteins	4	4	4	4.00
NA3	Low fat milk equivalents	4	4	4	4.00
NA4	Whole milk 1-2 y/o	2	2	2	2.00
NA5	Low fat milk > 2 y/o	4	4	4	4.00
NB1	Whole grains	4	4	4	4.00
NB2	Variety of vegetables	4	4	4	4.00
NB3	Variety of whole fruit	4	4	4	4.00
NC1	100% juice	4	4	4	4.00
NC2	Juice only @ meals	2	2	2	2.00
NC3	Juice 4-6 oz. 1-6 y/o	3	3	3	3.00
NC4	Juice 8-12 oz. 7+ y/o	3	3	3	3.00
ND1	Make water available	4	4	4	4.00
NE1	Teach portion sizes	2	2	2	2.00
NE2	Eat with children	2	2	2	2.00
NF1	Appropriate servings	4	4	4	4.00
NF2	Healthy seconds	3	3	3	3.00
NG1	Limit salt	4	4	4	4.00
NG2	Avoid sugary foods	3	3	3	3.00
NH1	Food no force/bribe	2	2	2	2.00
NH2	Food no reward/punish	3	3	3	3.00
Average Rating Per CC Type		3.29	3.29	3.29	3.29
Physical Activity					
PA1	Space for active play	4	4	4	4.00
PA2	Training on activities	2	2	2	2.00
PA3	Write activity policies	2	2	2	2.00
PA4	Play with children	2	2	2	2.00
PA5	Don't withhold play	2	2	2	2.00
PB1	No screen time < 2 yr	2	2	2	2.00
PB2	Screen time 30 min/wk	2	2	2	2.00
PB3	Screen time purpose	2	2	2	2.00
PB4	No TV w/meals	2	2	2	2.00
PC1	Outdoor play occasions	3	3	3	3.00
PC2	Toddler play time	3	3	3	3.00
PC3	Preschool play time	3	3	3	3.00
PD1	Structured play	2	2	2	2.00
PE1	Tummy time often	2	2	2	2.00
PE2	Limit time infant equip.	2	2	2	2.00
Average Rating Per CC Type		2.33	2.33	2.33	2.33
Grand Average for Care Types & Components		2.79	2.74	2.74	2.76



Ratings	1	2	3	4
I - Count	6	11	15	1
N-Count	0	15	15	33
P-Count	0	33	9	3



What Ratings Mean

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Georgia

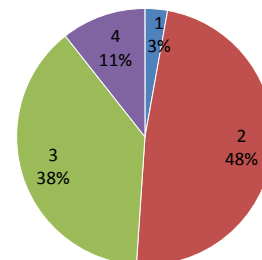
State Overall Ratings

Components by Topic Area		Child Care	Large Family	Small Family	Average Rating Per Component
		Center	Home	Home	
Infant Feeding					
IA1	Support breastfeeding	4	3	2	3.00
IA2	No cow's milk < 1yr	4	4	2	3.33
IB1	Feed infants on cue	4	4	2	3.33
IB2	Stop feed @ satiety	3	3	2	2.67
IB3	Hold infant to feed	3	3	3	3.00
IC1	Plan solid introduction	3	3	2	2.67
IC2	Intro solids @ 4-6 mo	3	3	2	2.67
IC3	Iron-Fort @ 4-6 mo	3	3	2	2.67
ID1	Don't mix formula	2	2	2	2.00
ID2	Whole fruit 7 m-1 yr	1	1	2	1.33
ID3	No juice < 12 mo	1	1	2	1.33
Average Rating Per CC Type		2.82	2.73	2.09	2.55
Nutrition					
NA1	Limit oils/fats	2	2	2	2.00
NA2	Low fat meat/proteins	3	3	3	3.00
NA3	Low fat milk equivalents	3	3	3	3.00
NA4	Whole milk 1-2 y/o	2	2	2	2.00
NA5	Low fat milk > 2 y/o	2	2	2	2.00
NB1	Whole grains	3	3	2	2.67
NB2	Variety of vegetables	3	3	3	3.00
NB3	Variety of whole fruit	3	3	3	3.00
NC1	100% juice	4	4	2	3.33
NC2	Juice only @ meals	2	2	2	2.00
NC3	Juice 4-6 oz. 1-6 y/o	3	3	2	2.67
NC4	Juice 8-12 oz. 7+ y/o	3	3	2	2.67
ND1	Make water available	3	3	2	2.67
NE1	Teach portion sizes	2	2	2	2.00
NE2	Eat with children	2	2	2	2.00
NF1	Appropriate servings	4	4	4	4.00
NF2	Healthy seconds	3	3	2	2.67
NG1	Limit salt	2	2	2	2.00
NG2	Avoid sugary foods	3	3	2	2.67
NH1	Food no force/bribe	3	3	3	3.00
NH2	Food no reward/punish	4	4	4	4.00
Average Rating Per CC Type		2.81	2.81	2.43	2.68
Physical Activity					
PA1	Space for active play	4	4	3	3.67
PA2	Training on activities	2	2	2	2.00
PA3	Write activity policies	2	2	2	2.00
PA4	Play with children	2	2	2	2.00
PA5	Don't withhold play	2	2	2	2.00
PB1	No screen time < 2 yr	2	2	2	2.00
PB2	Screen time 30 min/wk	3	3	3	3.00
PB3	Screen time purpose	2	2	2	2.00
PB4	No TV w/meals	2	2	2	2.00
PC1	Outdoor play occasions	3	3	3	3.00
PC2	Toddler play time	3	3	3	3.00
PC3	Preschool play time	3	3	3	3.00
PD1	Structured play	2	2	2	2.00
PE1	Tummy time often	2	2	2	2.00
PE2	Limit time infant equip.	3	3	2	2.67
Average Rating Per CC Type		2.47	2.47	2.33	2.42
Grand Average for Care Types & Components		2.70	2.68	2.32	2.57

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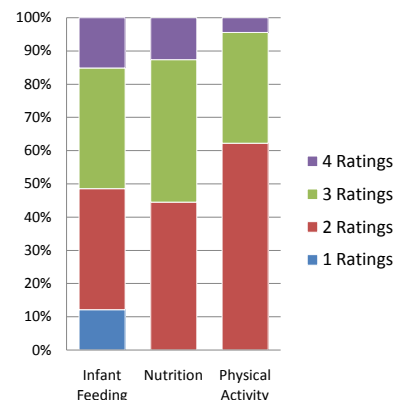
GA Overall Rating Composite



Tally of Each Rating Per Topic Area

Ratings	1	2	3	4
I - Count	4	12	12	5
N - Count	0	28	27	8
P - Count	0	28	15	2

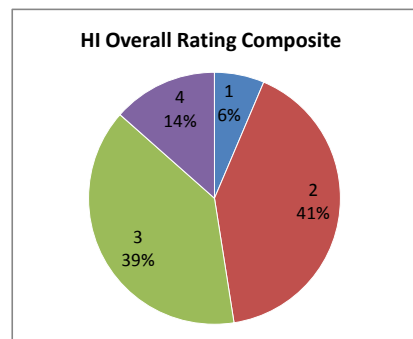
GA Rating Composition Per Topic Area



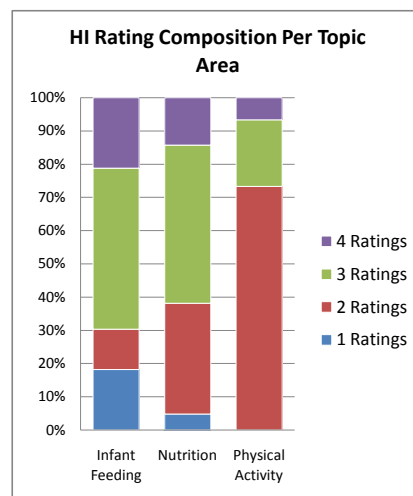
Hawaii

State Overall Ratings

Components by Topic Area		Child Care	Large Family	Small Family	Average Rating Per Component
		Center	Home	Home	
Infant Feeding					
IA1	Support breastfeeding	3	3	3	3.00
IA2	No cow's milk < 1yr	4	4	4	4.00
IB1	Feed infants on cue	4	4	4	4.00
IB2	Stop feed @ satiety	3	3	3	3.00
IB3	Hold infant to feed	4	2	3	3.00
IC1	Plan solid introduction	3	3	3	3.00
IC2	Intro solids @ 4-6 mo	3	3	3	3.00
IC3	Iron-Fort @ 4-6 mo	3	3	3	3.00
ID1	Don't mix formula	2	2	2	2.00
ID2	Whole fruit 7 m-1 yr	1	1	1	1.00
ID3	No juice < 12 mo	1	1	1	1.00
Average Rating Per CC Type		2.82	2.64	2.73	2.73
Nutrition					
NA1	Limit oils/fats	2	2	2	2.00
NA2	Low fat meat/proteins	3	3	3	3.00
NA3	Low fat milk equivalents	3	3	3	3.00
NA4	Whole milk 1-2 y/o	2	2	2	2.00
NA5	Low fat milk > 2 y/o	2	2	2	2.00
NB1	Whole grains	3	3	3	3.00
NB2	Variety of vegetables	3	3	3	3.00
NB3	Variety of whole fruit	3	3	3	3.00
NC1	100% juice	4	4	4	4.00
NC2	Juice only @ meals	2	2	2	2.00
NC3	Juice 4-6 oz. 1-6 y/o	3	3	3	3.00
NC4	Juice 8-12 oz. 7+ y/o	3	3	3	3.00
ND1	Make water available	3	3	3	3.00
NE1	Teach portion sizes	2	2	2	2.00
NE2	Eat with children	2	2	2	2.00
NF1	Appropriate servings	4	4	4	4.00
NF2	Healthy seconds	3	3	3	3.00
NG1	Limit salt	2	2	2	2.00
NG2	Avoid sugary foods	1	1	1	1.00
NH1	Food no force/bribe	3	3	3	3.00
NH2	Food no reward/punish	4	4	4	4.00
Average Rating Per CC Type		2.71	2.71	2.71	2.71
Physical Activity					
PA1	Space for active play	4	4	4	4.00
PA2	Training on activities	2	2	2	2.00
PA3	Write activity policies	2	2	2	2.00
PA4	Play with children	2	2	2	2.00
PA5	Don't withhold play	2	2	2	2.00
PB1	No screen time < 2 yr	2	2	2	2.00
PB2	Screen time 30 min/wk	2	2	2	2.00
PB3	Screen time purpose	2	2	2	2.00
PB4	No TV w/meals	2	2	2	2.00
PC1	Outdoor play occasions	3	3	3	3.00
PC2	Toddler play time	3	3	3	3.00
PC3	Preschool play time	3	3	3	3.00
PD1	Structured play	2	2	2	2.00
PE1	Tummy time often	2	2	2	2.00
PE2	Limit time infant equip.	2	2	2	2.00
Average Rating Per CC Type		2.33	2.33	2.33	2.33
Grand Average for Care Types & Components		2.62	2.57	2.60	2.60



Ratings	1	2	3	4
I - Count	6	4	16	7
N-Count	3	21	30	9
P-Count	0	33	9	3



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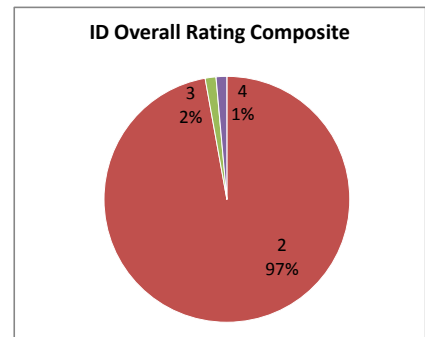
Idaho

State Overall Ratings

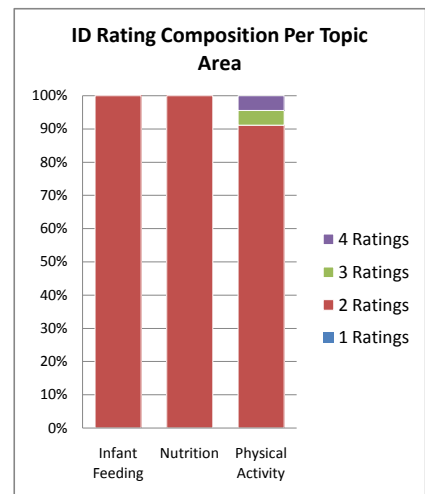
Components by Topic Area		Child Care	Large Family	Small Family	Average Rating Per Component
		Center	Home	Home	
Infant Feeding					
IA1	Support breastfeeding	2	2	2	2.00
IA2	No cow's milk < 1yr	2	2	2	2.00
IB1	Feed infants on cue	2	2	2	2.00
IB2	Stop feed @ satiety	2	2	2	2.00
IB3	Hold infant to feed	2	2	2	2.00
IC1	Plan solid introduction	2	2	2	2.00
IC2	Intro solids @ 4-6 mo	2	2	2	2.00
IC3	Iron-Fort @ 4-6 mo	2	2	2	2.00
ID1	Don't mix formula	2	2	2	2.00
ID2	Whole fruit 7 m-1 yr	2	2	2	2.00
ID3	No juice < 12 mo	2	2	2	2.00
Average Rating Per CC Type		2.00	2.00	2.00	2.00
Nutrition					
NA1	Limit oils/fats	2	2	2	2.00
NA2	Low fat meat/proteins	2	2	2	2.00
NA3	Low fat milk equivalents	2	2	2	2.00
NA4	Whole milk 1-2 y/o	2	2	2	2.00
NA5	Low fat milk > 2 y/o	2	2	2	2.00
NB1	Whole grains	2	2	2	2.00
NB2	Variety of vegetables	2	2	2	2.00
NB3	Variety of whole fruit	2	2	2	2.00
NC1	100% juice	2	2	2	2.00
NC2	Juice only @ meals	2	2	2	2.00
NC3	Juice 4-6 oz. 1-6 y/o	2	2	2	2.00
NC4	Juice 8-12 oz. 7+ y/o	2	2	2	2.00
ND1	Make water available	2	2	2	2.00
NE1	Teach portion sizes	2	2	2	2.00
NE2	Eat with children	2	2	2	2.00
NF1	Appropriate servings	2	2	2	2.00
NF2	Healthy seconds	2	2	2	2.00
NG1	Limit salt	2	2	2	2.00
NG2	Avoid sugary foods	2	2	2	2.00
NH1	Food no force/bribe	2	2	2	2.00
NH2	Food no reward/punish	2	2	2	2.00
Average Rating Per CC Type		2.00	2.00	2.00	2.00
Physical Activity					
PA1	Space for active play	2	4	4	3.33
PA2	Training on activities	2	2	2	2.00
PA3	Write activity policies	2	3	3	2.67
PA4	Play with children	2	2	2	2.00
PA5	Don't withhold play	2	2	2	2.00
PB1	No screen time < 2 yr	2	2	2	2.00
PB2	Screen time 30 min/wk	2	2	2	2.00
PB3	Screen time purpose	2	2	2	2.00
PB4	No TV w/meals	2	2	2	2.00
PC1	Outdoor play occasions	2	2	2	2.00
PC2	Toddler play time	2	2	2	2.00
PC3	Preschool play time	2	2	2	2.00
PD1	Structured play	2	2	2	2.00
PE1	Tummy time often	2	2	2	2.00
PE2	Limit time infant equip.	2	2	2	2.00
Average Rating Per CC Type		2.00	2.20	2.20	2.13
Grand Average for Care Types & Components		2.00	2.06	2.06	2.04

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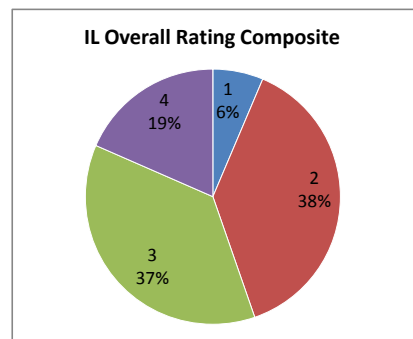
Ratings	1	2	3	4
I - Count	0	33	0	0
N - Count	0	63	0	0
P - Count	0	41	2	2



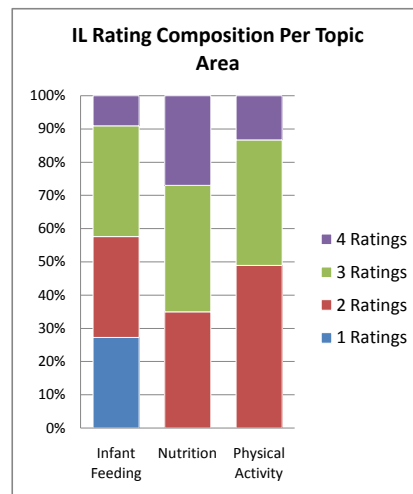
Illinois

State Overall Ratings

Components by Topic Area		Child Care	Large Family	Small Family	Average Rating Per Component
		Center	Home	Home	
Infant Feeding					
IA1	Support breastfeeding	2	2	2	2.00
IA2	No cow's milk < 1yr	1	1	1	1.00
IB1	Feed infants on cue	2	4	4	3.33
IB2	Stop feed @ satiety	2	2	2	2.00
IB3	Hold infant to feed	3	3	3	3.00
IC1	Plan solid introduction	3	3	3	3.00
IC2	Intro solids @ 4-6 mo	4	3	3	3.33
IC3	Iron-Fort @ 4-6 mo	3	3	3	3.00
ID1	Don't mix formula	2	2	2	2.00
ID2	Whole fruit 7 m-1 yr	1	1	1	1.00
ID3	No juice < 12 mo	1	1	1	1.00
Average Rating Per CC Type		2.18	2.27	2.27	2.24
Nutrition					
NA1	Limit oils/fats	2	2	2	2.00
NA2	Low fat meat/proteins	3	3	3	3.00
NA3	Low fat milk equivalents	3	3	3	3.00
NA4	Whole milk 1-2 y/o	3	2	2	2.33
NA5	Low fat milk > 2 y/o	3	2	2	2.33
NB1	Whole grains	3	3	3	3.00
NB2	Variety of vegetables	3	4	3	3.33
NB3	Variety of whole fruit	4	4	4	4.00
NC1	100% juice	4	4	4	4.00
NC2	Juice only @ meals	2	2	2	2.00
NC3	Juice 4-6 oz. 1-6 y/o	3	4	4	3.67
NC4	Juice 8-12 oz. 7+ y/o	4	4	4	4.00
ND1	Make water available	3	3	3	3.00
NE1	Teach portion sizes	3	2	2	2.33
NE2	Eat with children	2	2	2	2.00
NF1	Appropriate servings	4	4	4	4.00
NF2	Healthy seconds	3	2	2	2.33
NG1	Limit salt	2	2	2	2.00
NG2	Avoid sugary foods	3	2	2	2.33
NH1	Food no force/bribe	4	3	3	3.33
NH2	Food no reward/punish	4	3	3	3.33
Average Rating Per CC Type		3.10	2.86	2.81	2.92
Physical Activity					
PA1	Space for active play	4	4	4	4.00
PA2	Training on activities	2	2	2	2.00
PA3	Write activity policies	2	2	2	2.00
PA4	Play with children	2	2	2	2.00
PA5	Don't withhold play	3	3	3	3.00
PB1	No screen time < 2 yr	3	2	2	2.33
PB2	Screen time 30 min/wk	3	2	2	2.33
PB3	Screen time purpose	2	2	2	2.00
PB4	No TV w/meals	2	2	2	2.00
PC1	Outdoor play occasions	3	3	3	3.00
PC2	Toddler play time	3	3	3	3.00
PC3	Preschool play time	3	3	3	3.00
PD1	Structured play	3	3	3	3.00
PE1	Tummy time often	4	4	4	4.00
PE2	Limit time infant equip.	2	2	2	2.00
Average Rating Per CC Type		2.73	2.60	2.60	2.64
Grand Average for Care Types & Components		2.77	2.64	2.62	2.67



Ratings	1	2	3	4
I - Count	9	10	11	3
N-Count	0	22	24	17
P-Count	0	22	17	6



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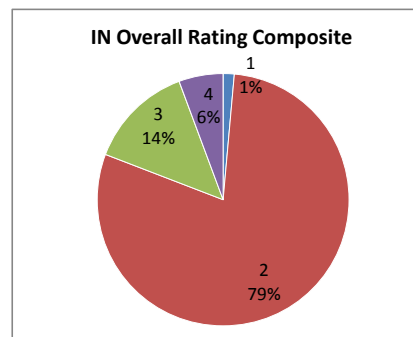
Indiana

State Overall Ratings

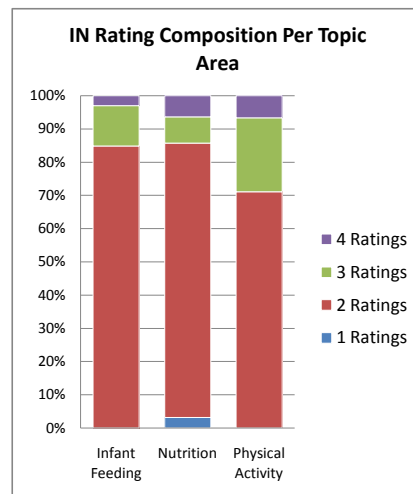
Components by Topic Area		Child Care	Large Family	Small Family	Average Rating Per Component
		Center	Home	Home	
Infant Feeding					
IA1	Support breastfeeding	3	2	2	2.33
IA2	No cow's milk < 1yr	2	2	2	2.00
IB1	Feed infants on cue	3	2	2	2.33
IB2	Stop feed @ satiety	2	2	2	2.00
IB3	Hold infant to feed	4	3	3	3.33
IC1	Plan solid introduction	2	2	2	2.00
IC2	Intro solids @ 4-6 mo	2	2	2	2.00
IC3	Iron-Fort @ 4-6 mo	2	2	2	2.00
ID1	Don't mix formula	2	2	2	2.00
ID2	Whole fruit 7 m-1 yr	2	2	2	2.00
ID3	No juice < 12 mo	2	2	2	2.00
Average Rating Per CC Type		2.36	2.09	2.09	2.18
Nutrition					
NA1	Limit oils/fats	2	2	2	2.00
NA2	Low fat meat/proteins	2	2	2	2.00
NA3	Low fat milk equivalents	2	2	2	2.00
NA4	Whole milk 1-2 y/o	3	2	2	2.33
NA5	Low fat milk > 2 y/o	1	2	2	1.67
NB1	Whole grains	2	2	2	2.00
NB2	Variety of vegetables	2	2	2	2.00
NB3	Variety of whole fruit	2	2	2	2.00
NC1	100% juice	4	2	2	2.67
NC2	Juice only @ meals	2	2	2	2.00
NC3	Juice 4-6 oz. 1-6 y/o	2	2	2	2.00
NC4	Juice 8-12 oz. 7+ y/o	2	2	2	2.00
ND1	Make water available	3	2	4	3.00
NE1	Teach portion sizes	3	2	2	2.33
NE2	Eat with children	2	2	2	2.00
NF1	Appropriate servings	2	2	4	2.67
NF2	Healthy seconds	1	2	2	1.67
NG1	Limit salt	2	2	2	2.00
NG2	Avoid sugary foods	3	2	2	2.33
NH1	Food no force/bribe	2	2	2	2.00
NH2	Food no reward/punish	4	2	3	3.00
Average Rating Per CC Type		2.29	2.00	2.24	2.17
Physical Activity					
PA1	Space for active play	4	2	3	3.00
PA2	Training on activities	2	2	2	2.00
PA3	Write activity policies	2	2	2	2.00
PA4	Play with children	2	2	2	2.00
PA5	Don't withhold play	3	2	2	2.33
PB1	No screen time < 2 yr	4	2	2	2.67
PB2	Screen time 30 min/wk	2	2	2	2.00
PB3	Screen time purpose	4	2	2	2.67
PB4	No TV w/meals	2	2	2	2.00
PC1	Outdoor play occasions	3	2	3	2.67
PC2	Toddler play time	3	2	3	2.67
PC3	Preschool play time	3	2	3	2.67
PD1	Structured play	3	2	2	2.33
PE1	Tummy time often	2	2	2	2.00
PE2	Limit time infant equip.	3	2	2	2.33
Average Rating Per CC Type		2.80	2.00	2.27	2.36
Grand Average for Care Types & Components		2.47	2.02	2.21	2.23

What Ratings Mean

- 1 Regulation contradicts the standard
- 2 Regulation does not mention the content of standard
- 3 Regulation partially meets standard
- 4 Regulation fully meets standard



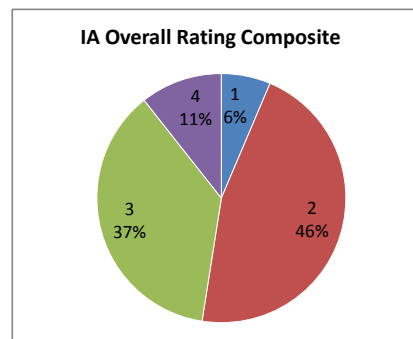
Ratings	1	2	3	4
I - Count	0	28	4	1
N-Count	2	52	5	4
P-Count	0	32	10	3



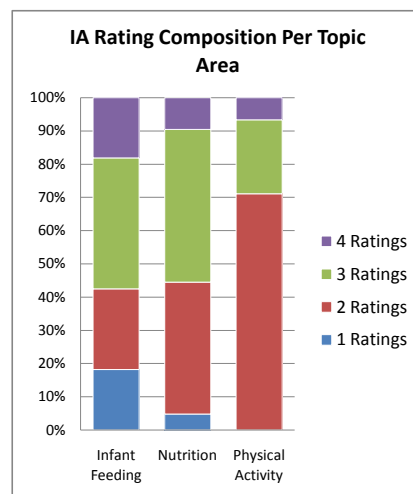
Iowa

State Overall Ratings

Components by Topic Area		Child Care	Large Family	Small Family	Average Rating Per Component
		Center	Home	Home	
Infant Feeding					
IA1	Support breastfeeding	2	2	2	2.00
IA2	No cow's milk < 1yr	4	4	4	4.00
IB1	Feed infants on cue	4	4	4	4.00
IB2	Stop feed @ satiety	3	3	3	3.00
IB3	Hold infant to feed	3	2	2	2.33
IC1	Plan solid introduction	3	3	3	3.00
IC2	Intro solids @ 4-6 mo	3	3	3	3.00
IC3	Iron-Fort @ 4-6 mo	3	3	3	3.00
ID1	Don't mix formula	2	2	2	2.00
ID2	Whole fruit 7 m-1 yr	1	1	1	1.00
ID3	No juice < 12 mo	1	1	1	1.00
Average Rating Per CC Type		2.64	2.55	2.55	2.58
Nutrition					
NA1	Limit oils/fats	2	2	2	2.00
NA2	Low fat meat/proteins	3	3	3	3.00
NA3	Low fat milk equivalents	3	3	3	3.00
NA4	Whole milk 1-2 y/o	3	2	2	2.33
NA5	Low fat milk > 2 y/o	2	2	2	2.00
NB1	Whole grains	3	3	3	3.00
NB2	Variety of vegetables	3	3	3	3.00
NB3	Variety of whole fruit	3	3	3	3.00
NC1	100% juice	4	4	4	4.00
NC2	Juice only @ meals	2	2	2	2.00
NC3	Juice 4-6 oz. 1-6 y/o	3	3	3	3.00
NC4	Juice 8-12 oz. 7+ y/o	3	3	3	3.00
ND1	Make water available	3	2	2	2.33
NE1	Teach portion sizes	2	2	2	2.00
NE2	Eat with children	2	2	2	2.00
NF1	Appropriate servings	4	4	4	4.00
NF2	Healthy seconds	3	3	3	3.00
NG1	Limit salt	2	2	2	2.00
NG2	Avoid sugary foods	1	1	1	1.00
NH1	Food no force/bribe	2	2	2	2.00
NH2	Food no reward/punish	3	3	3	3.00
Average Rating Per CC Type		2.67	2.57	2.57	2.60
Physical Activity					
PA1	Space for active play	4	4	4	4.00
PA2	Training on activities	2	2	2	2.00
PA3	Write activity policies	2	2	2	2.00
PA4	Play with children	2	2	2	2.00
PA5	Don't withhold play	2	2	2	2.00
PB1	No screen time < 2 yr	2	2	2	2.00
PB2	Screen time 30 min/wk	2	2	2	2.00
PB3	Screen time purpose	2	2	2	2.00
PB4	No TV w/meals	2	2	2	2.00
PC1	Outdoor play occasions	3	2	2	2.33
PC2	Toddler play time	3	3	3	3.00
PC3	Preschool play time	3	3	3	3.00
PD1	Structured play	3	3	3	3.00
PE1	Tummy time often	2	2	2	2.00
PE2	Limit time infant equip.	2	2	2	2.00
Average Rating Per CC Type		2.40	2.33	2.33	2.36
Grand Average for Care Types & Components		2.57	2.49	2.49	2.52



Ratings	1	2	3	4
I - Count	6	8	13	6
N-Count	3	25	29	6
P-Count	0	32	10	3



What Ratings Mean

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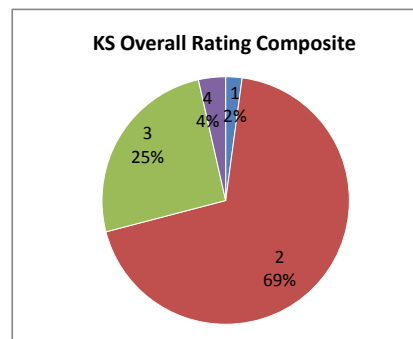
Kansas

State Overall Ratings

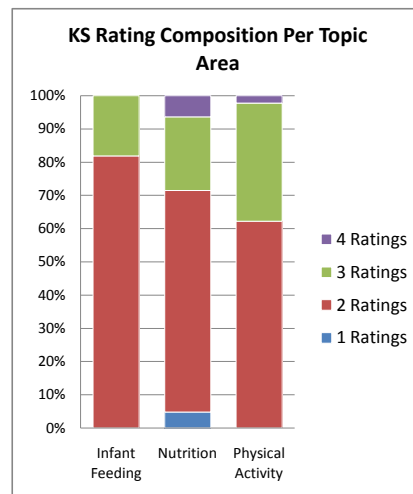
Components by Topic Area		Child Care	Large Family	Small Family	Average Rating Per Component
		Center	Home	Home	
Infant Feeding					
IA1	Support breastfeeding	2	2	2	2.00
IA2	No cow's milk < 1yr	2	2	2	2.00
IB1	Feed infants on cue	2	2	2	2.00
IB2	Stop feed @ satiety	2	2	2	2.00
IB3	Hold infant to feed	3	3	3	3.00
IC1	Plan solid introduction	3	3	3	3.00
IC2	Intro solids @ 4-6 mo	2	2	2	2.00
IC3	Iron-Fort @ 4-6 mo	2	2	2	2.00
ID1	Don't mix formula	2	2	2	2.00
ID2	Whole fruit 7 m-1 yr	2	2	2	2.00
ID3	No juice < 12 mo	2	2	2	2.00
Average Rating Per CC Type		2.18	2.18	2.18	2.18
Nutrition					
NA1	Limit oils/fats	2	2	2	2.00
NA2	Low fat meat/proteins	3	3	3	3.00
NA3	Low fat milk equivalents	3	3	3	3.00
NA4	Whole milk 1-2 y/o	2	2	2	2.00
NA5	Low fat milk > 2 y/o	2	2	2	2.00
NB1	Whole grains	2	2	2	2.00
NB2	Variety of vegetables	3	3	3	3.00
NB3	Variety of whole fruit	3	3	3	3.00
NC1	100% juice	4	4	4	4.00
NC2	Juice only @ meals	2	2	2	2.00
NC3	Juice 4-6 oz. 1-6 y/o	2	2	2	2.00
NC4	Juice 8-12 oz. 7+ y/o	2	2	2	2.00
ND1	Make water available	4	2	2	2.67
NE1	Teach portion sizes	2	2	2	2.00
NE2	Eat with children	2	2	2	2.00
NF1	Appropriate servings	2	2	2	2.00
NF2	Healthy seconds	1	1	1	1.00
NG1	Limit salt	2	2	2	2.00
NG2	Avoid sugary foods	2	2	2	2.00
NH1	Food no force/bribe	3	2	2	2.33
NH2	Food no reward/punish	3	2	2	2.33
Average Rating Per CC Type		2.43	2.24	2.24	2.30
Physical Activity					
PA1	Space for active play	4	3	3	3.33
PA2	Training on activities	2	2	2	2.00
PA3	Write activity policies	2	2	2	2.00
PA4	Play with children	2	2	2	2.00
PA5	Don't withhold play	2	2	2	2.00
PB1	No screen time < 2 yr	3	3	3	3.00
PB2	Screen time 30 min/wk	2	2	2	2.00
PB3	Screen time purpose	2	2	2	2.00
PB4	No TV w/meals	2	2	2	2.00
PC1	Outdoor play occasions	3	3	3	3.00
PC2	Toddler play time	3	3	3	3.00
PC3	Preschool play time	3	3	3	3.00
PD1	Structured play	3	2	2	2.33
PE1	Tummy time often	2	2	2	2.00
PE2	Limit time infant equip.	3	2	2	2.33
Average Rating Per CC Type		2.53	2.33	2.33	2.40
Grand Average for Care Types & Components		2.40	2.26	2.26	2.30

What Ratings Mean

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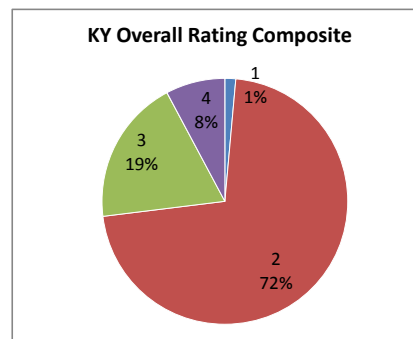
Ratings	1	2	3	4
I - Count	0	27	6	0
N-Count	3	42	14	4
P-Count	0	28	16	1



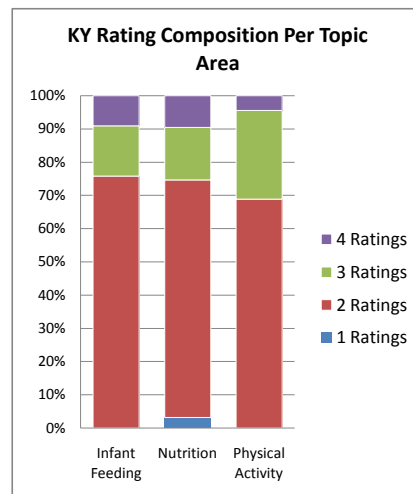
Kentucky

State Overall Ratings

Components by Topic Area		Child Care	Large Family	Small Family	Average Rating Per Component
		Center	Home	Home	
Infant Feeding					
IA1	Support breastfeeding	2	2	2	2.00
IA2	No cow's milk < 1yr	2	2	2	2.00
IB1	Feed infants on cue	2	2	2	2.00
IB2	Stop feed @ satiety	3	3	3	3.00
IB3	Hold infant to feed	4	4	4	4.00
IC1	Plan solid introduction	2	2	3	2.33
IC2	Intro solids @ 4-6 mo	2	2	3	2.33
IC3	Iron-Fort @ 4-6 mo	2	2	2	2.00
ID1	Don't mix formula	2	2	2	2.00
ID2	Whole fruit 7 m-1 yr	2	2	2	2.00
ID3	No juice < 12 mo	2	2	2	2.00
Average Rating Per CC Type		2.27	2.27	2.45	2.33
Nutrition					
NA1	Limit oils/fats	2	2	2	2.00
NA2	Low fat meat/proteins	2	2	2	2.00
NA3	Low fat milk equivalents	2	2	2	2.00
NA4	Whole milk 1-2 y/o	2	2	2	2.00
NA5	Low fat milk > 2 y/o	2	2	2	2.00
NB1	Whole grains	2	2	2	2.00
NB2	Variety of vegetables	3	3	3	3.00
NB3	Variety of whole fruit	3	3	3	3.00
NC1	100% juice	4	4	4	4.00
NC2	Juice only @ meals	2	2	2	2.00
NC3	Juice 4-6 oz. 1-6 y/o	2	2	2	2.00
NC4	Juice 8-12 oz. 7+ y/o	2	2	2	2.00
ND1	Make water available	3	3	2	2.67
NE1	Teach portion sizes	2	2	2	2.00
NE2	Eat with children	2	2	2	2.00
NF1	Appropriate servings	4	4	4	4.00
NF2	Healthy seconds	1	1	2	1.33
NG1	Limit salt	2	2	2	2.00
NG2	Avoid sugary foods	2	2	2	2.00
NH1	Food no force/bribe	2	2	2	2.00
NH2	Food no reward/punish	3	3	2	2.67
Average Rating Per CC Type		2.33	2.33	2.29	2.32
Physical Activity					
PA1	Space for active play	4	4	3	3.67
PA2	Training on activities	2	2	2	2.00
PA3	Write activity policies	2	2	2	2.00
PA4	Play with children	2	2	2	2.00
PA5	Don't withhold play	2	2	2	2.00
PB1	No screen time < 2 yr	2	2	3	2.33
PB2	Screen time 30 min/wk	2	2	3	2.33
PB3	Screen time purpose	2	2	2	2.00
PB4	No TV w/meals	2	2	2	2.00
PC1	Outdoor play occasions	3	3	3	3.00
PC2	Toddler play time	3	3	3	3.00
PC3	Preschool play time	3	3	3	3.00
PD1	Structured play	2	2	2	2.00
PE1	Tummy time often	2	2	2	2.00
PE2	Limit time infant equip.	2	2	2	2.00
Average Rating Per CC Type		2.33	2.33	2.40	2.36
Grand Average for Care Types & Components		2.32	2.32	2.36	2.33



Ratings	1	2	3	4
I - Count	0	25	5	3
N - Count	2	45	10	6
P - Count	0	31	12	2



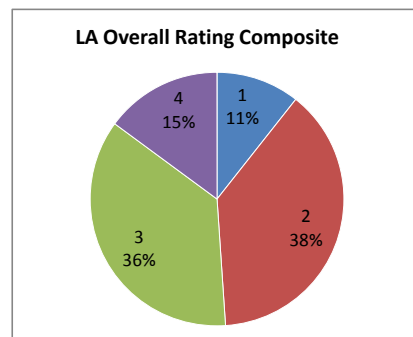
What Ratings Mean

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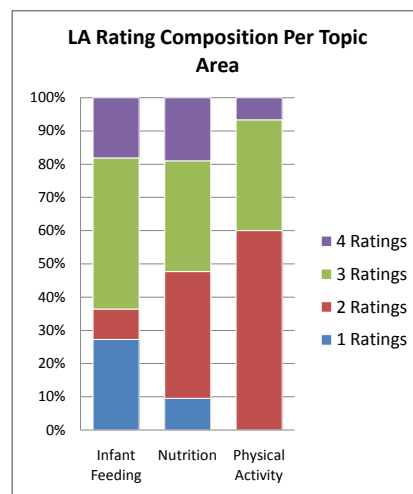
Louisiana

State Overall Ratings

Components by Topic Area		Child Care	Large Family	Small Family	Average Rating Per Component
		Center	Home	Child Care Home	
Infant Feeding					
IA1	Support breastfeeding	3	N/A	N/A	3.00
IA2	No cow's milk < 1yr	1	N/A	N/A	1.00
IB1	Feed infants on cue	4	N/A	N/A	4.00
IB2	Stop feed @ satiety	3	N/A	N/A	3.00
IB3	Hold infant to feed	4	N/A	N/A	4.00
IC1	Plan solid introduction	3	N/A	N/A	3.00
IC2	Intro solids @ 4-6 mo	3	N/A	N/A	3.00
IC3	Iron-Fort @ 4-6 mo	3	N/A	N/A	3.00
ID1	Don't mix formula	2	N/A	N/A	2.00
ID2	Whole fruit 7 m-1 yr	1	N/A	N/A	1.00
ID3	No juice < 12 mo	1	N/A	N/A	1.00
Average Rating Per CC Type		2.55	N/A	N/A	2.55
Nutrition					
NA1	Limit oils/fats	2	N/A	N/A	2.00
NA2	Low fat meat/proteins	3	N/A	N/A	3.00
NA3	Low fat milk equivalents	3	N/A	N/A	3.00
NA4	Whole milk 1-2 y/o	2	N/A	N/A	2.00
NA5	Low fat milk > 2 y/o	2	N/A	N/A	2.00
NB1	Whole grains	3	N/A	N/A	3.00
NB2	Variety of vegetables	3	N/A	N/A	3.00
NB3	Variety of whole fruit	4	N/A	N/A	4.00
NC1	100% juice	4	N/A	N/A	4.00
NC2	Juice only @ meals	2	N/A	N/A	2.00
NC3	Juice 4-6 oz. 1-6 y/o	3	N/A	N/A	3.00
NC4	Juice 8-12 oz. 7+ y/o	3	N/A	N/A	3.00
ND1	Make water available	4	N/A	N/A	4.00
NE1	Teach portion sizes	2	N/A	N/A	2.00
NE2	Eat with children	2	N/A	N/A	2.00
NF1	Appropriate servings	4	N/A	N/A	4.00
NF2	Healthy seconds	1	N/A	N/A	1.00
NG1	Limit salt	2	N/A	N/A	2.00
NG2	Avoid sugary foods	1	N/A	N/A	1.00
NH1	Food no force/bribe	2	N/A	N/A	2.00
NH2	Food no reward/punish	3	N/A	N/A	3.00
Average Rating Per CC Type		2.62	N/A	N/A	2.62
Physical Activity					
PA1	Space for active play	4	N/A	N/A	4.00
PA2	Training on activities	2	N/A	N/A	2.00
PA3	Write activity policies	2	N/A	N/A	2.00
PA4	Play with children	2	N/A	N/A	2.00
PA5	Don't withhold play	3	N/A	N/A	3.00
PB1	No screen time < 2 yr	2	N/A	N/A	2.00
PB2	Screen time 30 min/wk	2	N/A	N/A	2.00
PB3	Screen time purpose	2	N/A	N/A	2.00
PB4	No TV w/meals	2	N/A	N/A	2.00
PC1	Outdoor play occasions	3	N/A	N/A	3.00
PC2	Toddler play time	3	N/A	N/A	3.00
PC3	Preschool play time	3	N/A	N/A	3.00
PD1	Structured play	2	N/A	N/A	2.00
PE1	Tummy time often	2	N/A	N/A	2.00
PE2	Limit time infant equip.	3	N/A	N/A	3.00
Average Rating Per CC Type		2.47	N/A	N/A	2.47
Grand Average for Care Types & Components		2.55	N/A	N/A	2.55



Ratings	1	2	3	4
I - Count	3	1	5	2
N-Count	2	8	7	4
P-Count	0	9	5	1



What Ratings Mean

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Maine

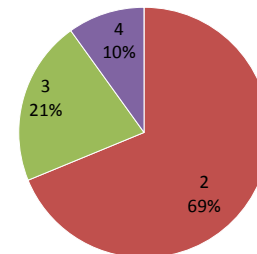
State Overall Ratings

Components by Topic Area		Child Care	Large Family	Small Family	Average Rating Per Component
		Center	Home	Home	
Infant Feeding					
IA1	Support breastfeeding	2	2	2	2.00
IA2	No cow's milk < 1yr	2	2	2	2.00
IB1	Feed infants on cue	4	4	4	4.00
IB2	Stop feed @ satiety	2	2	2	2.00
IB3	Hold infant to feed	4	4	3	3.67
IC1	Plan solid introduction	2	2	2	2.00
IC2	Intro solids @ 4-6 mo	2	2	2	2.00
IC3	Iron-Fort @ 4-6 mo	2	2	2	2.00
ID1	Don't mix formula	2	2	2	2.00
ID2	Whole fruit 7 m-1 yr	2	2	2	2.00
ID3	No juice < 12 mo	2	2	2	2.00
Average Rating Per CC Type		2.36	2.36	2.27	2.33
Nutrition					
NA1	Limit oils/fats	2	2	2	2.00
NA2	Low fat meat/proteins	3	3	2	2.67
NA3	Low fat milk equivalents	3	3	2	2.67
NA4	Whole milk 1-2 y/o	2	2	2	2.00
NA5	Low fat milk > 2 y/o	2	2	2	2.00
NB1	Whole grains	2	2	2	2.00
NB2	Variety of vegetables	3	3	2	2.67
NB3	Variety of whole fruit	3	3	2	2.67
NC1	100% juice	2	2	2	2.00
NC2	Juice only @ meals	2	2	2	2.00
NC3	Juice 4-6 oz. 1-6 y/o	2	2	2	2.00
NC4	Juice 8-12 oz. 7+ y/o	2	2	2	2.00
ND1	Make water available	3	3	2	2.67
NE1	Teach portion sizes	2	2	2	2.00
NE2	Eat with children	2	2	2	2.00
NF1	Appropriate servings	3	3	2	2.67
NF2	Healthy seconds	2	2	2	2.00
NG1	Limit salt	2	2	2	2.00
NG2	Avoid sugary foods	2	2	2	2.00
NH1	Food no force/bribe	3	3	3	3.00
NH2	Food no reward/punish	3	3	3	3.00
Average Rating Per CC Type		2.38	2.38	2.10	2.29
Physical Activity					
PA1	Space for active play	4	4	4	4.00
PA2	Training on activities	2	2	2	2.00
PA3	Write activity policies	2	2	2	2.00
PA4	Play with children	2	2	2	2.00
PA5	Don't withhold play	2	2	2	2.00
PB1	No screen time < 2 yr	3	3	3	3.00
PB2	Screen time 30 min/wk	3	3	2	2.67
PB3	Screen time purpose	4	4	4	4.00
PB4	No TV w/meals	2	2	2	2.00
PC1	Outdoor play occasions	4	4	4	4.00
PC2	Toddler play time	3	3	3	3.00
PC3	Preschool play time	3	3	3	3.00
PD1	Structured play	2	2	2	2.00
PE1	Tummy time often	2	2	2	2.00
PE2	Limit time infant equip.	2	2	2	2.00
Average Rating Per CC Type		2.67	2.67	2.60	2.64
Grand Average for Care Types & Components		2.47	2.47	2.30	2.41

What Ratings Mean

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- 3 Regulation partially meets standard
- 4 Regulation fully meets standard

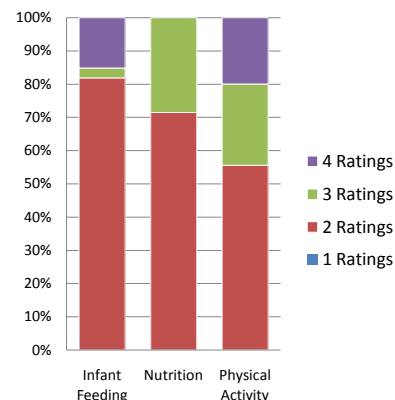
ME Overall Rating Composite



Tally of Each Rating Per Topic Area

Ratings	1	2	3	4
I - Count	0	27	1	5
N-Count	0	45	18	0
P-Count	0	25	11	9

ME Rating Composition Per Topic Area



Maryland

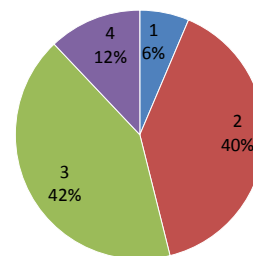
State Overall Ratings

Components by Topic Area		Child Care	Large Family	Small Family	Average Rating Per Component
		Center	Home	Home	
Infant Feeding					
IA1	Support breastfeeding	3	3	3	3.00
IA2	No cow's milk < 1yr	4	4	4	4.00
IB1	Feed infants on cue	4	4	4	4.00
IB2	Stop feed @ satiety	3	3	3	3.00
IB3	Hold infant to feed	3	3	2	2.67
IC1	Plan solid introduction	3	3	3	3.00
IC2	Intro solids @ 4-6 mo	3	3	3	3.00
IC3	Iron-Fort @ 4-6 mo	3	3	3	3.00
ID1	Don't mix formula	2	2	2	2.00
ID2	Whole fruit 7 m-1 yr	1	1	1	1.00
ID3	No juice < 12 mo	1	1	1	1.00
Average Rating Per CC Type		2.73	2.73	2.64	2.70
Nutrition					
NA1	Limit oils/fats	2	2	2	2.00
NA2	Low fat meat/proteins	3	3	3	3.00
NA3	Low fat milk equivalents	3	3	3	3.00
NA4	Whole milk 1-2 y/o	2	2	2	2.00
NA5	Low fat milk > 2 y/o	2	2	2	2.00
NB1	Whole grains	3	3	3	3.00
NB2	Variety of vegetables	3	3	3	3.00
NB3	Variety of whole fruit	3	3	3	3.00
NC1	100% juice	4	4	4	4.00
NC2	Juice only @ meals	2	2	2	2.00
NC3	Juice 4-6 oz. 1-6 y/o	3	3	3	3.00
NC4	Juice 8-12 oz. 7+ y/o	3	3	3	3.00
ND1	Make water available	3	3	2	2.67
NE1	Teach portion sizes	2	2	2	2.00
NE2	Eat with children	2	2	2	2.00
NF1	Appropriate servings	4	4	3	3.67
NF2	Healthy seconds	3	3	3	3.00
NG1	Limit salt	2	2	2	2.00
NG2	Avoid sugary foods	1	1	1	1.00
NH1	Food no force/bribe	3	3	3	3.00
NH2	Food no reward/punish	3	3	3	3.00
Average Rating Per CC Type		2.67	2.67	2.57	2.63
Physical Activity					
PA1	Space for active play	4	4	4	4.00
PA2	Training on activities	2	2	2	2.00
PA3	Write activity policies	2	2	2	2.00
PA4	Play with children	2	2	2	2.00
PA5	Don't withhold play	2	2	2	2.00
PB1	No screen time < 2 yr	2	2	2	2.00
PB2	Screen time 30 min/wk	2	2	2	2.00
PB3	Screen time purpose	2	2	2	2.00
PB4	No TV w/meals	2	2	2	2.00
PC1	Outdoor play occasions	4	4	4	4.00
PC2	Toddler play time	3	3	3	3.00
PC3	Preschool play time	3	3	3	3.00
PD1	Structured play	3	3	3	3.00
PE1	Tummy time often	2	2	2	2.00
PE2	Limit time infant equip.	2	2	2	2.00
Average Rating Per CC Type		2.47	2.47	2.47	2.47
Grand Average for Care Types & Components		2.62	2.62	2.55	2.60

What Ratings Mean

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- 3 Regulation partially meets standard
- 4 Regulation fully meets standard

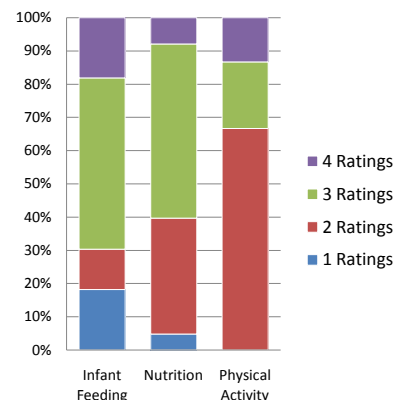
MD Overall Rating Composite



Tally of Each Rating Per Topic Area

Ratings	1	2	3	4
I - Count	6	4	17	6
N-Count	3	22	33	5
P-Count	0	30	9	6

MD Rating Composition Per Topic Area



Massachusetts

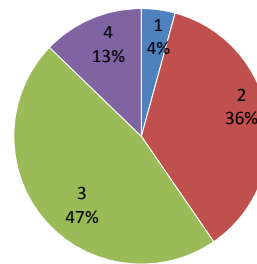
State Overall Ratings

Components by Topic Area		Child Care	Large Family	Small Family	Average Rating Per Component
		Center	Home	Home	
Infant Feeding					
IA1	Support breastfeeding	3	3	3	3.00
IA2	No cow's milk < 1yr	4	4	4	4.00
IB1	Feed infants on cue	4	4	4	4.00
IB2	Stop feed @ satiety	3	3	3	3.00
IB3	Hold infant to feed	4	4	4	4.00
IC1	Plan solid introduction	3	3	3	3.00
IC2	Intro solids @ 4-6 mo	3	3	3	3.00
IC3	Iron-Fort @ 4-6 mo	3	3	3	3.00
ID1	Don't mix formula	2	2	2	2.00
ID2	Whole fruit 7 m-1 yr	3	3	3	3.00
ID3	No juice < 12 mo	1	1	1	1.00
Average Rating Per CC Type		3.00	3.00	3.00	3.00
Nutrition					
NA1	Limit oils/fats	2	2	2	2.00
NA2	Low fat meat/proteins	3	3	3	3.00
NA3	Low fat milk equivalents	3	3	3	3.00
NA4	Whole milk 1-2 y/o	2	2	2	2.00
NA5	Low fat milk > 2 y/o	2	2	2	2.00
NB1	Whole grains	3	3	3	3.00
NB2	Variety of vegetables	3	3	3	3.00
NB3	Variety of whole fruit	3	3	3	3.00
NC1	100% juice	4	4	4	4.00
NC2	Juice only @ meals	2	2	2	2.00
NC3	Juice 4-6 oz. 1-6 y/o	3	3	3	3.00
NC4	Juice 8-12 oz. 7+ y/o	3	3	3	3.00
ND1	Make water available	3	3	3	3.00
NE1	Teach portion sizes	2	2	2	2.00
NE2	Eat with children	2	2	2	2.00
NF1	Appropriate servings	4	4	4	4.00
NF2	Healthy seconds	3	3	3	3.00
NG1	Limit salt	2	2	2	2.00
NG2	Avoid sugary foods	1	1	1	1.00
NH1	Food no force/bribe	3	3	3	3.00
NH2	Food no reward/punish	3	3	3	3.00
Average Rating Per CC Type		2.67	2.67	2.67	2.67
Physical Activity					
PA1	Space for active play	4	4	4	4.00
PA2	Training on activities	2	2	2	2.00
PA3	Write activity policies	2	2	2	2.00
PA4	Play with children	2	2	2	2.00
PA5	Don't withhold play	3	3	3	3.00
PB1	No screen time < 2 yr	2	2	2	2.00
PB2	Screen time 30 min/wk	2	2	2	2.00
PB3	Screen time purpose	2	2	2	2.00
PB4	No TV w/meals	2	2	2	2.00
PC1	Outdoor play occasions	3	3	3	3.00
PC2	Toddler play time	3	3	3	3.00
PC3	Preschool play time	3	3	3	3.00
PD1	Structured play	2	2	2	2.00
PE1	Tummy time often	2	2	2	2.00
PE2	Limit time infant equip.	3	3	3	3.00
Average Rating Per CC Type		2.47	2.47	2.47	2.47
Grand Average for Care Types & Components		2.68	2.68	2.68	2.68

What Ratings Mean

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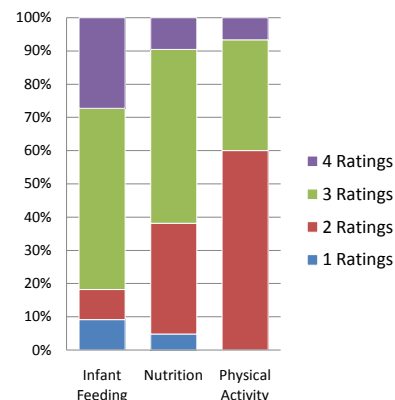
MA Overall Rating Composite



Tally of Each Rating Per Topic Area

Ratings	1	2	3	4
I - Count	3	3	18	9
N-Count	3	21	33	6
P-Count	0	27	15	3

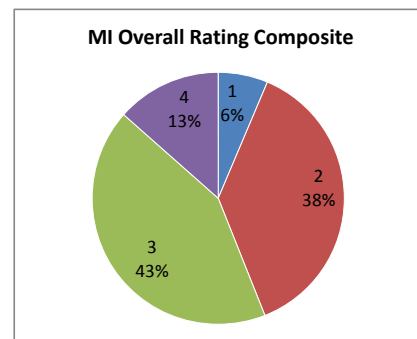
MA Rating Composition Per Topic Area



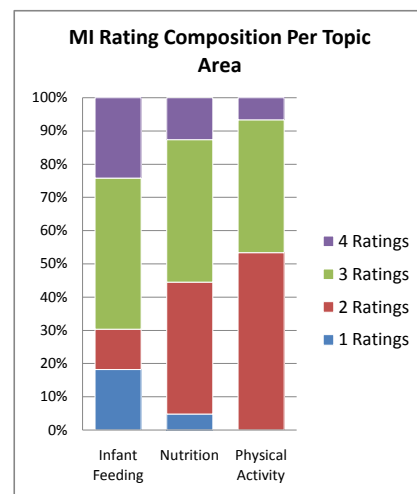
Michigan

State Overall Ratings

		Child Care Center	Large Family Child Care Home	Small Family Child Care Home	Average Rating Per Component
Components by Topic Area					
Infant Feeding					
IA1	Support breastfeeding	4	3	3	3.33
IA2	No cow's milk < 1yr	4	4	4	4.00
IB1	Feed infants on cue	4	4	4	4.00
IB2	Stop feed @ satiety	3	3	3	3.00
IB3	Hold infant to feed	3	2	2	2.33
IC1	Plan solid introduction	3	3	3	3.00
IC2	Intro solids @ 4-6 mo	3	3	3	3.00
IC3	Iron-Fort @ 4-6 mo	3	3	3	3.00
ID1	Don't mix formula	4	2	2	2.67
ID2	Whole fruit 7 m-1 yr	1	1	1	1.00
ID3	No juice < 12 mo	1	1	1	1.00
Average Rating Per CC Type		3.00	2.64	2.64	2.76
Nutrition					
NA1	Limit oils/fats	2	2	2	2.00
NA2	Low fat meat/proteins	3	3	3	3.00
NA3	Low fat milk equivalents	3	3	3	3.00
NA4	Whole milk 1-2 y/o	2	2	2	2.00
NA5	Low fat milk > 2 y/o	2	2	2	2.00
NB1	Whole grains	3	3	3	3.00
NB2	Variety of vegetables	3	3	3	3.00
NB3	Variety of whole fruit	3	3	3	3.00
NC1	100% juice	4	4	4	4.00
NC2	Juice only @ meals	2	2	2	2.00
NC3	Juice 4-6 oz. 1-6 y/o	3	3	3	3.00
NC4	Juice 8-12 oz. 7+ y/o	3	3	3	3.00
ND1	Make water available	2	4	4	3.33
NE1	Teach portion sizes	2	2	2	2.00
NE2	Eat with children	2	2	2	2.00
NF1	Appropriate servings	4	4	4	4.00
NF2	Healthy seconds	3	3	3	3.00
NG1	Limit salt	2	2	2	2.00
NG2	Avoid sugary foods	1	1	1	1.00
NH1	Food no force/bribe	2	2	2	2.00
NH2	Food no reward/punish	3	3	3	3.00
Average Rating Per CC Type		2.57	2.67	2.67	2.63
Physical Activity					
PA1	Space for active play	4	4	4	4.00
PA2	Training on activities	2	2	2	2.00
PA3	Write activity policies	2	2	2	2.00
PA4	Play with children	2	2	2	2.00
PA5	Don't withhold play	2	2	2	2.00
PB1	No screen time < 2 yr	3	3	3	3.00
PB2	Screen time 30 min/wk	3	3	3	3.00
PB3	Screen time purpose	3	3	3	3.00
PB4	No TV w/meals	2	2	2	2.00
PC1	Outdoor play occasions	3	3	3	3.00
PC2	Toddler play time	3	3	3	3.00
PC3	Preschool play time	3	3	3	3.00
PD1	Structured play	2	2	2	2.00
PE1	Tummy time often	2	2	2	2.00
PE2	Limit time infant equip.	2	2	2	2.00
Average Rating Per CC Type		2.53	2.53	2.53	2.53
Grand Average for Care Types & Components		2.66	2.62	2.62	2.63



Ratings	1	2	3	4
I - Count	6	4	15	8
N-Count	3	25	27	8
P-Count	0	24	18	3



What Ratings Mean

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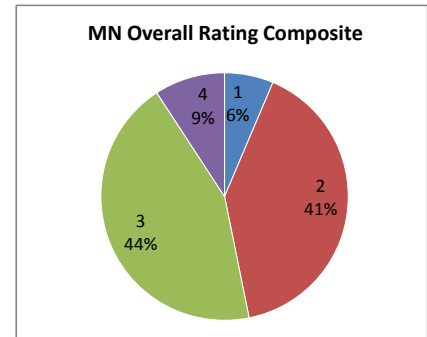
Minnesota

State Overall Ratings

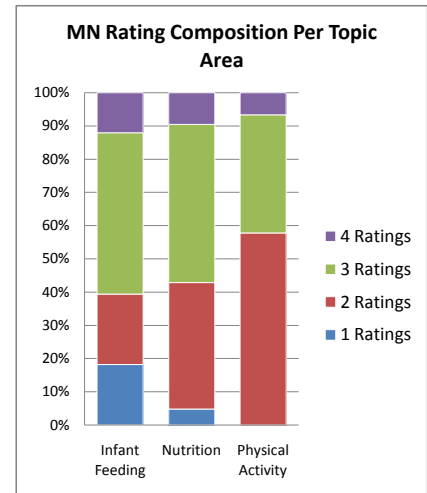
Components by Topic Area		Child Care	Large Family	Small Family	Average Rating Per Component
		Center	Home	Home	
Infant Feeding					
IA1	Support breastfeeding	2	2	2	2.00
IA2	No cow's milk < 1yr	3	4	4	3.67
IB1	Feed infants on cue	3	4	4	3.67
IB2	Stop feed @ satiety	3	3	3	3.00
IB3	Hold infant to feed	2	3	3	2.67
IC1	Plan solid introduction	3	3	3	3.00
IC2	Intro solids @ 4-6 mo	3	3	3	3.00
IC3	Iron-Fort @ 4-6 mo	3	3	3	3.00
ID1	Don't mix formula	2	2	2	2.00
ID2	Whole fruit 7 m-1 yr	1	1	1	1.00
ID3	No juice < 12 mo	1	1	1	1.00
Average Rating Per CC Type		2.36	2.64	2.64	2.55
Nutrition					
NA1	Limit oils/fats	2	2	2	2.00
NA2	Low fat meat/proteins	3	3	3	3.00
NA3	Low fat milk equivalents	3	3	3	3.00
NA4	Whole milk 1-2 y/o	2	2	2	2.00
NA5	Low fat milk > 2 y/o	2	2	2	2.00
NB1	Whole grains	3	3	3	3.00
NB2	Variety of vegetables	3	3	3	3.00
NB3	Variety of whole fruit	3	3	3	3.00
NC1	100% juice	4	4	4	4.00
NC2	Juice only @ meals	2	2	2	2.00
NC3	Juice 4-6 oz. 1-6 y/o	3	3	3	3.00
NC4	Juice 8-12 oz. 7+ y/o	3	3	3	3.00
ND1	Make water available	3	3	3	3.00
NE1	Teach portion sizes	2	2	2	2.00
NE2	Eat with children	2	2	2	2.00
NF1	Appropriate servings	4	4	4	4.00
NF2	Healthy seconds	3	3	3	3.00
NG1	Limit salt	2	2	2	2.00
NG2	Avoid sugary foods	1	1	1	1.00
NH1	Food no force/bribe	2	2	2	2.00
NH2	Food no reward/punish	3	3	3	3.00
Average Rating Per CC Type		2.62	2.62	2.62	2.62
Physical Activity					
PA1	Space for active play	4	4	4	4.00
PA2	Training on activities	2	2	2	2.00
PA3	Write activity policies	2	2	2	2.00
PA4	Play with children	2	2	2	2.00
PA5	Don't withhold play	3	3	3	3.00
PB1	No screen time < 2 yr	2	2	2	2.00
PB2	Screen time 30 min/wk	2	2	2	2.00
PB3	Screen time purpose	2	2	2	2.00
PB4	No TV w/meals	2	2	2	2.00
PC1	Outdoor play occasions	3	3	3	3.00
PC2	Toddler play time	3	3	3	3.00
PC3	Preschool play time	3	3	3	3.00
PD1	Structured play	3	3	3	3.00
PE1	Tummy time often	2	2	2	2.00
PE2	Limit time infant equip.	3	2	2	2.33
Average Rating Per CC Type		2.53	2.47	2.47	2.49
Grand Average for Care Types & Components		2.53	2.57	2.57	2.56

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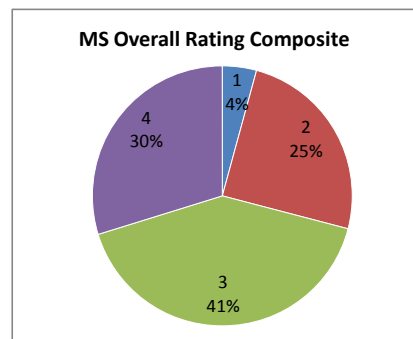
Ratings	1	2	3	4
I - Count	6	7	16	4
N-Count	3	24	30	6
P-Count	0	26	16	3



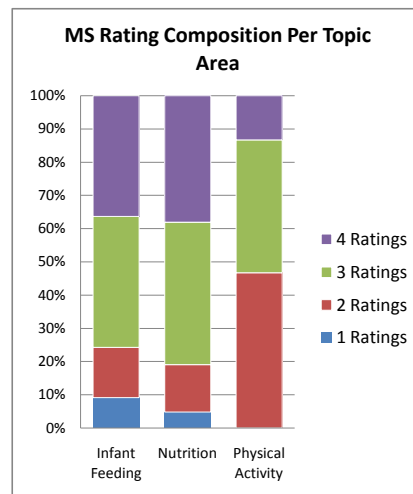
Mississippi

State Overall Ratings

Components by Topic Area		Child Care	Large Family	Small Family	Average Rating Per Component
		Center	Home	Home	
Infant Feeding					
IA1	Support breastfeeding	4	4	4	4.00
IA2	No cow's milk < 1yr	4	4	4	4.00
IB1	Feed infants on cue	4	4	4	4.00
IB2	Stop feed @ satiety	3	2	2	2.33
IB3	Hold infant to feed	4	4	4	4.00
IC1	Plan solid introduction	3	3	3	3.00
IC2	Intro solids @ 4-6 mo	3	3	3	3.00
IC3	Iron-Fort @ 4-6 mo	3	3	3	3.00
ID1	Don't mix formula	2	2	2	2.00
ID2	Whole fruit 7 m-1 yr	1	1	1	1.00
ID3	No juice < 12 mo	3	3	3	3.00
Average Rating Per CC Type		3.09	3.00	3.00	3.03
Nutrition					
NA1	Limit oils/fats	3	3	3	3.00
NA2	Low fat meat/proteins	4	4	4	4.00
NA3	Low fat milk equivalents	3	3	3	3.00
NA4	Whole milk 1-2 y/o	3	3	3	3.00
NA5	Low fat milk > 2 y/o	4	4	4	4.00
NB1	Whole grains	4	4	4	4.00
NB2	Variety of vegetables	4	4	4	4.00
NB3	Variety of whole fruit	4	4	4	4.00
NC1	100% juice	1	1	1	1.00
NC2	Juice only @ meals	2	2	2	2.00
NC3	Juice 4-6 oz. 1-6 y/o	3	3	3	3.00
NC4	Juice 8-12 oz. 7+ y/o	3	3	3	3.00
ND1	Make water available	3	3	3	3.00
NE1	Teach portion sizes	2	2	2	2.00
NE2	Eat with children	2	2	2	2.00
NF1	Appropriate servings	4	4	4	4.00
NF2	Healthy seconds	3	3	3	3.00
NG1	Limit salt	4	4	4	4.00
NG2	Avoid sugary foods	3	3	3	3.00
NH1	Food no force/bribe	3	3	3	3.00
NH2	Food no reward/punish	4	4	4	4.00
Average Rating Per CC Type		3.14	3.14	3.14	3.14
Physical Activity					
PA1	Space for active play	4	4	4	4.00
PA2	Training on activities	2	2	2	2.00
PA3	Write activity policies	2	2	2	2.00
PA4	Play with children	2	2	2	2.00
PA5	Don't withhold play	3	3	3	3.00
PB1	No screen time < 2 yr	3	3	3	3.00
PB2	Screen time 30 min/wk	3	3	3	3.00
PB3	Screen time purpose	4	4	4	4.00
PB4	No TV w/meals	2	2	2	2.00
PC1	Outdoor play occasions	3	3	3	3.00
PC2	Toddler play time	3	3	3	3.00
PC3	Preschool play time	3	3	3	3.00
PD1	Structured play	2	2	2	2.00
PE1	Tummy time often	2	2	2	2.00
PE2	Limit time infant equip.	2	2	2	2.00
Average Rating Per CC Type		2.67	2.67	2.67	2.67
Grand Average for Care Types & Components		2.98	2.96	2.96	2.96



Ratings	1	2	3	4
I - Count	3	5	13	12
N-Count	3	9	27	24
P-Count	0	21	18	6



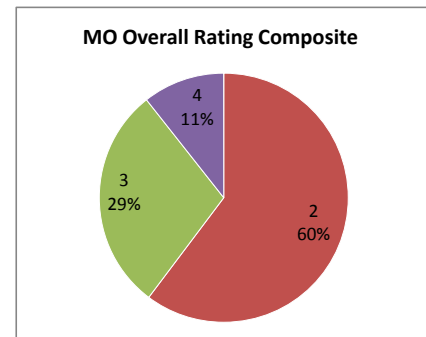
What Ratings Mean

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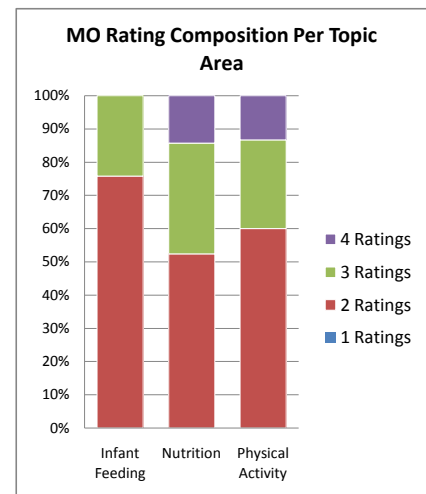
Missouri

State Overall Ratings

Components by Topic Area		Child Care	Large Family	Small Family	Average Rating Per Component
		Center	Home	Home	
Infant Feeding					
IA1	Support breastfeeding	2	2	2	2.00
IA2	No cow's milk < 1yr	2	2	2	2.00
IB1	Feed infants on cue	3	3	2	2.67
IB2	Stop feed @ satiety	2	2	2	2.00
IB3	Hold infant to feed	3	3	3	3.00
IC1	Plan solid introduction	3	3	3	3.00
IC2	Intro solids @ 4-6 mo	2	2	2	2.00
IC3	Iron-Fort @ 4-6 mo	2	2	2	2.00
ID1	Don't mix formula	2	2	2	2.00
ID2	Whole fruit 7 m-1 yr	2	2	2	2.00
ID3	No juice < 12 mo	2	2	2	2.00
Average Rating Per CC Type		2.27	2.27	2.18	2.24
Nutrition					
NA1	Limit oils/fats	2	2	2	2.00
NA2	Low fat meat/proteins	3	3	3	3.00
NA3	Low fat milk equivalents	3	3	3	3.00
NA4	Whole milk 1-2 y/o	2	2	2	2.00
NA5	Low fat milk > 2 y/o	2	2	2	2.00
NB1	Whole grains	2	2	2	2.00
NB2	Variety of vegetables	2	2	2	2.00
NB3	Variety of whole fruit	4	4	4	4.00
NC1	100% juice	4	4	4	4.00
NC2	Juice only @ meals	2	2	2	2.00
NC3	Juice 4-6 oz. 1-6 y/o	3	3	3	3.00
NC4	Juice 8-12 oz. 7+ y/o	3	3	3	3.00
ND1	Make water available	3	3	3	3.00
NE1	Teach portion sizes	2	2	2	2.00
NE2	Eat with children	2	2	2	2.00
NF1	Appropriate servings	4	4	4	4.00
NF2	Healthy seconds	2	2	2	2.00
NG1	Limit salt	2	2	2	2.00
NG2	Avoid sugary foods	2	2	2	2.00
NH1	Food no force/bribe	3	3	3	3.00
NH2	Food no reward/punish	3	3	3	3.00
Average Rating Per CC Type		2.62	2.62	2.62	2.62
Physical Activity					
PA1	Space for active play	4	4	4	4.00
PA2	Training on activities	2	2	2	2.00
PA3	Write activity policies	2	2	2	2.00
PA4	Play with children	2	2	2	2.00
PA5	Don't withhold play	4	4	4	4.00
PB1	No screen time < 2 yr	2	2	2	2.00
PB2	Screen time 30 min/wk	2	2	2	2.00
PB3	Screen time purpose	2	2	2	2.00
PB4	No TV w/meals	2	2	2	2.00
PC1	Outdoor play occasions	3	3	3	3.00
PC2	Toddler play time	3	3	3	3.00
PC3	Preschool play time	3	3	3	3.00
PD1	Structured play	2	2	2	2.00
PE1	Tummy time often	2	2	2	2.00
PE2	Limit time infant equip.	3	3	3	3.00
Average Rating Per CC Type		2.53	2.53	2.53	2.53
Grand Average for Care Types & Components		2.51	2.51	2.49	2.50



Ratings	1	2	3	4
I - Count	0	25	8	0
N-Count	0	33	21	9
P-Count	0	27	12	6



What Ratings Mean

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Montana

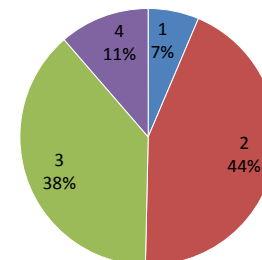
State Overall Ratings

Components by Topic Area		Child Care	Large Family	Small Family	Average Rating Per Component
		Center	Home	Home	
Infant Feeding					
IA1	Support breastfeeding	3	3	3	3.00
IA2	No cow's milk < 1yr	4	4	4	4.00
IB1	Feed infants on cue	4	4	4	4.00
IB2	Stop feed @ satiety	3	3	3	3.00
IB3	Hold infant to feed	3	3	3	3.00
IC1	Plan solid introduction	3	3	3	3.00
IC2	Intro solids @ 4-6 mo	3	3	3	3.00
IC3	Iron-Fort @ 4-6 mo	3	3	3	3.00
ID1	Don't mix formula	2	2	2	2.00
ID2	Whole fruit 7 m-1 yr	1	1	1	1.00
ID3	No juice < 12 mo	1	1	1	1.00
Average Rating Per CC Type		2.73	2.73	2.73	2.73
Nutrition					
NA1	Limit oils/fats	2	2	2	2.00
NA2	Low fat meat/proteins	3	3	3	3.00
NA3	Low fat milk equivalents	3	3	3	3.00
NA4	Whole milk 1-2 y/o	2	2	2	2.00
NA5	Low fat milk > 2 y/o	2	2	2	2.00
NB1	Whole grains	3	3	3	3.00
NB2	Variety of vegetables	3	3	3	3.00
NB3	Variety of whole fruit	3	3	3	3.00
NC1	100% juice	4	4	4	4.00
NC2	Juice only @ meals	4	2	2	2.67
NC3	Juice 4-6 oz. 1-6 y/o	3	3	3	3.00
NC4	Juice 8-12 oz. 7+ y/o	3	3	3	3.00
ND1	Make water available	3	3	3	3.00
NE1	Teach portion sizes	2	2	2	2.00
NE2	Eat with children	2	2	2	2.00
NF1	Appropriate servings	4	4	4	4.00
NF2	Healthy seconds	3	3	3	3.00
NG1	Limit salt	2	2	2	2.00
NG2	Avoid sugary foods	1	1	1	1.00
NH1	Food no force/bribe	2	2	2	2.00
NH2	Food no reward/punish	2	2	2	2.00
Average Rating Per CC Type		2.67	2.57	2.57	2.60
Physical Activity					
PA1	Space for active play	4	4	4	4.00
PA2	Training on activities	2	2	2	2.00
PA3	Write activity policies	2	2	2	2.00
PA4	Play with children	2	2	2	2.00
PA5	Don't withhold play	2	2	2	2.00
PB1	No screen time < 2 yr	2	3	3	2.67
PB2	Screen time 30 min/wk	2	3	3	2.67
PB3	Screen time purpose	2	2	2	2.00
PB4	No TV w/meals	2	2	2	2.00
PC1	Outdoor play occasions	2	3	3	2.67
PC2	Toddler play time	2	2	2	2.00
PC3	Preschool play time	2	2	2	2.00
PD1	Structured play	2	2	2	2.00
PE1	Tummy time often	2	2	2	2.00
PE2	Limit time infant equip.	3	3	3	3.00
Average Rating Per CC Type		2.20	2.40	2.40	2.33
Grand Average for Care Types & Components		2.53	2.55	2.55	2.55

What Ratings Mean

- 1 Regulation contradicts the standard
- 2 Regulation does not mention the content of standard
- 3 Regulation partially meets standard
- 4 Regulation fully meets standard

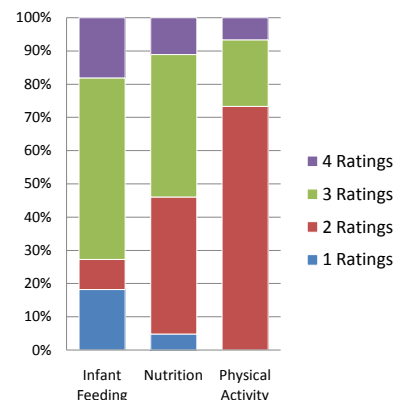
MT Overall Rating Composite



Tally of Each Rating Per Topic Area

Ratings	1	2	3	4
I - Count	6	3	18	6
N - Count	3	26	27	7
P - Count	0	33	9	3

MT Rating Composition Per Topic Area



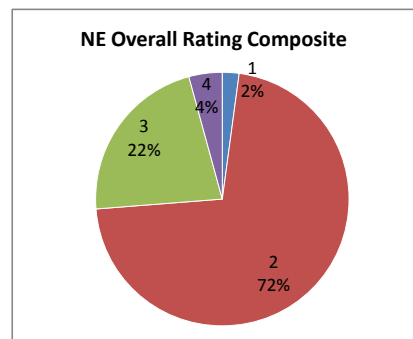
Nebraska

State Overall Ratings

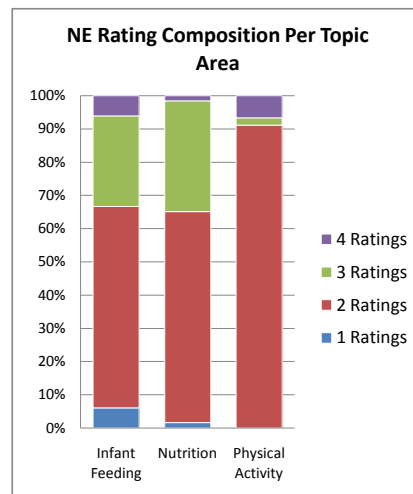
Components by Topic Area		Child Care	Large Family	Small Family	Average Rating Per Component
		Center	Home	Home	
Infant Feeding					
IA1	Support breastfeeding	2	2	2	2.00
IA2	No cow's milk < 1yr	4	2	2	2.67
IB1	Feed infants on cue	4	2	2	2.67
IB2	Stop feed @ satiety	3	2	2	2.33
IB3	Hold infant to feed	3	3	3	3.00
IC1	Plan solid introduction	3	3	3	3.00
IC2	Intro solids @ 4-6 mo	3	2	2	2.33
IC3	Iron-Fort @ 4-6 mo	3	2	2	2.33
ID1	Don't mix formula	2	2	2	2.00
ID2	Whole fruit 7 m-1 yr	1	2	2	1.67
ID3	No juice < 12 mo	1	2	2	1.67
Average Rating Per CC Type		2.64	2.18	2.18	2.33
Nutrition					
NA1	Limit oils/fats	2	2	2	2.00
NA2	Low fat meat/proteins	3	3	3	3.00
NA3	Low fat milk equivalents	3	2	2	2.33
NA4	Whole milk 1-2 y/o	2	2	2	2.00
NA5	Low fat milk > 2 y/o	2	2	2	2.00
NB1	Whole grains	3	2	2	2.33
NB2	Variety of vegetables	3	3	3	3.00
NB3	Variety of whole fruit	3	3	3	3.00
NC1	100% juice	4	2	2	2.67
NC2	Juice only @ meals	2	2	2	2.00
NC3	Juice 4-6 oz. 1-6 y/o	3	2	2	2.33
NC4	Juice 8-12 oz. 7+ y/o	3	2	2	2.33
ND1	Make water available	3	3	3	3.00
NE1	Teach portion sizes	2	2	2	2.00
NE2	Eat with children	2	2	2	2.00
NF1	Appropriate servings	3	2	2	2.33
NF2	Healthy seconds	3	2	2	2.33
NG1	Limit salt	2	2	2	2.00
NG2	Avoid sugary foods	1	2	2	1.67
NH1	Food no force/bribe	2	2	2	2.00
NH2	Food no reward/punish	3	3	3	3.00
Average Rating Per CC Type		2.57	2.24	2.24	2.35
Physical Activity					
PA1	Space for active play	4	4	4	4.00
PA2	Training on activities	2	2	2	2.00
PA3	Write activity policies	2	2	2	2.00
PA4	Play with children	2	2	2	2.00
PA5	Don't withhold play	2	2	2	2.00
PB1	No screen time < 2 yr	2	2	2	2.00
PB2	Screen time 30 min/wk	2	2	2	2.00
PB3	Screen time purpose	2	2	2	2.00
PB4	No TV w/meals	2	2	2	2.00
PC1	Outdoor play occasions	3	2	2	2.33
PC2	Toddler play time	2	2	2	2.00
PC3	Preschool play time	2	2	2	2.00
PD1	Structured play	2	2	2	2.00
PE1	Tummy time often	2	2	2	2.00
PE2	Limit time infant equip.	2	2	2	2.00
Average Rating Per CC Type		2.20	2.13	2.13	2.16
Grand Average for Care Types & Components		2.47	2.19	2.19	2.28

What Ratings Mean

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- 2 Regulation does not mention the content of standard
- 3 Regulation partially meets standard
- 4 Regulation fully meets standard



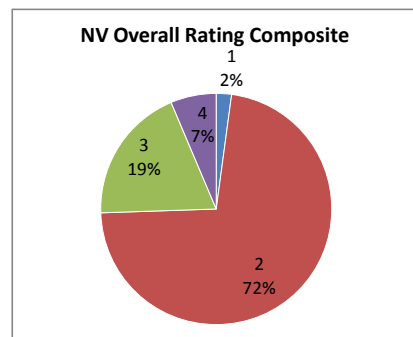
Ratings	1	2	3	4
I - Count	2	20	9	2
N-Count	1	40	21	1
P-Count	0	41	1	3



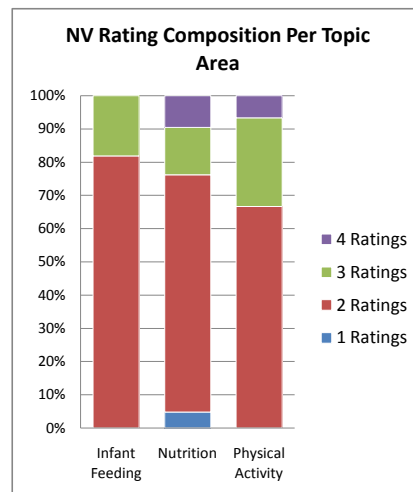
Nevada

State Overall Ratings

Components by Topic Area		Child Care	Large Family	Small Family	Average Rating Per Component
		Center	Home	Home	
Infant Feeding					
IA1	Support breastfeeding	2	2	2	2.00
IA2	No cow's milk < 1yr	2	2	2	2.00
IB1	Feed infants on cue	2	2	2	2.00
IB2	Stop feed @ satiety	2	2	2	2.00
IB3	Hold infant to feed	3	3	3	3.00
IC1	Plan solid introduction	3	3	3	3.00
IC2	Intro solids @ 4-6 mo	2	2	2	2.00
IC3	Iron-Fort @ 4-6 mo	2	2	2	2.00
ID1	Don't mix formula	2	2	2	2.00
ID2	Whole fruit 7 m-1 yr	2	2	2	2.00
ID3	No juice < 12 mo	2	2	2	2.00
Average Rating Per CC Type		2.18	2.18	2.18	2.18
Nutrition					
NA1	Limit oils/fats	2	2	2	2.00
NA2	Low fat meat/proteins	2	2	2	2.00
NA3	Low fat milk equivalents	2	2	2	2.00
NA4	Whole milk 1-2 y/o	2	2	2	2.00
NA5	Low fat milk > 2 y/o	2	2	2	2.00
NB1	Whole grains	2	2	2	2.00
NB2	Variety of vegetables	2	2	2	2.00
NB3	Variety of whole fruit	2	2	2	2.00
NC1	100% juice	2	2	2	2.00
NC2	Juice only @ meals	2	2	2	2.00
NC3	Juice 4-6 oz. 1-6 y/o	2	2	2	2.00
NC4	Juice 8-12 oz. 7+ y/o	2	2	2	2.00
ND1	Make water available	4	4	4	4.00
NE1	Teach portion sizes	2	2	2	2.00
NE2	Eat with children	2	2	2	2.00
NF1	Appropriate servings	3	3	3	3.00
NF2	Healthy seconds	3	3	3	3.00
NG1	Limit salt	2	2	2	2.00
NG2	Avoid sugary foods	1	1	1	1.00
NH1	Food no force/bribe	3	3	3	3.00
NH2	Food no reward/punish	4	4	4	4.00
Average Rating Per CC Type		2.29	2.29	2.29	2.29
Physical Activity					
PA1	Space for active play	4	4	4	4.00
PA2	Training on activities	2	2	2	2.00
PA3	Write activity policies	2	2	2	2.00
PA4	Play with children	2	2	2	2.00
PA5	Don't withhold play	3	3	3	3.00
PB1	No screen time < 2 yr	2	2	2	2.00
PB2	Screen time 30 min/wk	2	2	2	2.00
PB3	Screen time purpose	2	2	2	2.00
PB4	No TV w/meals	2	2	2	2.00
PC1	Outdoor play occasions	3	3	3	3.00
PC2	Toddler play time	3	3	3	3.00
PC3	Preschool play time	2	2	2	2.00
PD1	Structured play	2	2	2	2.00
PE1	Tummy time often	2	2	2	2.00
PE2	Limit time infant equip.	3	3	3	3.00
Average Rating Per CC Type		2.40	2.40	2.40	2.40
Grand Average for Care Types & Components		2.30	2.30	2.30	2.30



Ratings	1	2	3	4
I - Count	0	27	6	0
N-Count	3	45	9	6
P-Count	0	30	12	3



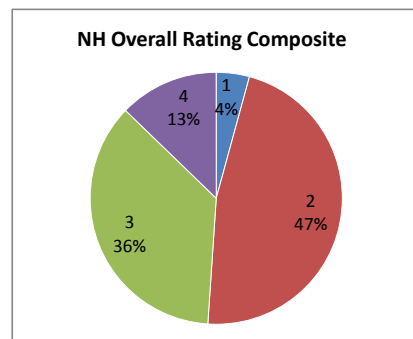
What Ratings Mean

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- 2 Regulation does not mention the content of standard
- 3 Regulation partially meets standard
- 4 Regulation fully meets standard

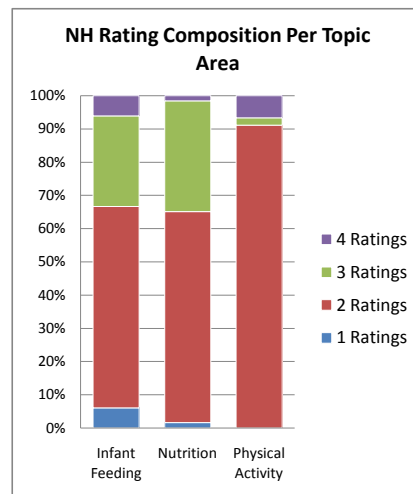
New Hampshire

State Overall Ratings

Components by Topic Area		Child Care	Large Family	Small Family	Average Rating Per Component
		Center	Home	Home	
Infant Feeding					
IA1	Support breastfeeding	2	2	2	2.00
IA2	No cow's milk < 1yr	4	4	4	4.00
IB1	Feed infants on cue	4	4	4	4.00
IB2	Stop feed @ satiety	3	3	3	3.00
IB3	Hold infant to feed	3	3	3	3.00
IC1	Plan solid introduction	3	3	3	3.00
IC2	Intro solids @ 4-6 mo	3	3	3	3.00
IC3	Iron-Fort @ 4-6 mo	3	3	3	3.00
ID1	Don't mix formula	2	2	2	2.00
ID2	Whole fruit 7 m-1 yr	1	1	1	1.00
ID3	No juice < 12 mo	1	1	1	1.00
Average Rating Per CC Type		2.64	2.64	2.64	2.64
Nutrition					
NA1	Limit oils/fats	2	2	2	2.00
NA2	Low fat meat/proteins	3	3	3	3.00
NA3	Low fat milk equivalents	2	2	2	2.00
NA4	Whole milk 1-2 y/o	3	3	3	3.00
NA5	Low fat milk > 2 y/o	2	2	2	2.00
NB1	Whole grains	2	2	2	2.00
NB2	Variety of vegetables	3	3	3	3.00
NB3	Variety of whole fruit	3	3	3	3.00
NC1	100% juice	4	4	4	4.00
NC2	Juice only @ meals	4	4	4	4.00
NC3	Juice 4-6 oz. 1-6 y/o	3	3	3	3.00
NC4	Juice 8-12 oz. 7+ y/o	3	3	3	3.00
ND1	Make water available	3	3	3	3.00
NE1	Teach portion sizes	2	2	2	2.00
NE2	Eat with children	2	2	2	2.00
NF1	Appropriate servings	4	4	4	4.00
NF2	Healthy seconds	2	2	2	2.00
NG1	Limit salt	2	2	2	2.00
NG2	Avoid sugary foods	2	2	2	2.00
NH1	Food no force/bribe	3	3	3	3.00
NH2	Food no reward/punish	3	3	3	3.00
Average Rating Per CC Type		2.71	2.71	2.71	2.71
Physical Activity					
PA1	Space for active play	4	4	4	4.00
PA2	Training on activities	2	2	2	2.00
PA3	Write activity policies	2	2	2	2.00
PA4	Play with children	2	2	2	2.00
PA5	Don't withhold play	3	3	3	3.00
PB1	No screen time < 2 yr	2	2	2	2.00
PB2	Screen time 30 min/wk	2	2	2	2.00
PB3	Screen time purpose	2	2	2	2.00
PB4	No TV w/meals	2	2	2	2.00
PC1	Outdoor play occasions	3	3	3	3.00
PC2	Toddler play time	2	2	2	2.00
PC3	Preschool play time	2	2	2	2.00
PD1	Structured play	2	2	2	2.00
PE1	Tummy time often	2	2	2	2.00
PE2	Limit time infant equip.	3	3	3	3.00
Average Rating Per CC Type		2.33	2.33	2.33	2.33
Grand Average for Care Types & Components		2.57	2.57	2.57	2.57



Ratings	1	2	3	4
I - Count	6	6	15	6
N-Count	0	27	27	9
P-Count	0	33	9	3



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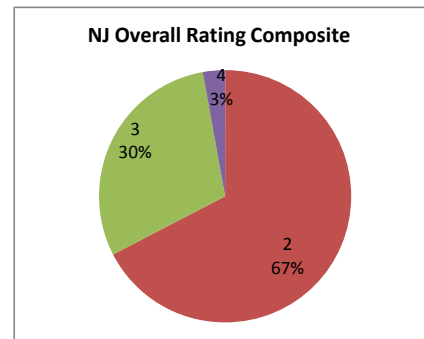
New Jersey

State Overall Ratings

Components by Topic Area		Child Care	Large Family	Small Family	Average Rating Per Component
		Center	Home	Home	
Infant Feeding					
IA1	Support breastfeeding	2	2	2	2.00
IA2	No cow's milk < 1yr	2	2	2	2.00
IB1	Feed infants on cue	2	2	2	2.00
IB2	Stop feed @ satiety	2	2	2	2.00
IB3	Hold infant to feed	3	3	2	2.67
IC1	Plan solid introduction	3	3	2	2.67
IC2	Intro solids @ 4-6 mo	2	2	3	2.33
IC3	Iron-Fort @ 4-6 mo	2	2	2	2.00
ID1	Don't mix formula	2	2	2	2.00
ID2	Whole fruit 7 m-1 yr	2	2	2	2.00
ID3	No juice < 12 mo	2	2	2	2.00
Average Rating Per CC Type		2.18	2.18	2.09	2.15
Nutrition					
NA1	Limit oils/fats	2	2	2	2.00
NA2	Low fat meat/proteins	3	3	2	2.67
NA3	Low fat milk equivalents	2	2	2	2.00
NA4	Whole milk 1-2 y/o	2	2	2	2.00
NA5	Low fat milk > 2 y/o	2	2	2	2.00
NB1	Whole grains	3	3	2	2.67
NB2	Variety of vegetables	3	3	2	2.67
NB3	Variety of whole fruit	3	3	2	2.67
NC1	100% juice	3	3	2	2.67
NC2	Juice only @ meals	2	2	2	2.00
NC3	Juice 4-6 oz. 1-6 y/o	2	2	2	2.00
NC4	Juice 8-12 oz. 7+ y/o	2	2	2	2.00
ND1	Make water available	3	3	4	3.33
NE1	Teach portion sizes	2	2	2	2.00
NE2	Eat with children	2	2	2	2.00
NF1	Appropriate servings	3	3	3	3.00
NF2	Healthy seconds	3	3	3	3.00
NG1	Limit salt	2	2	2	2.00
NG2	Avoid sugary foods	2	2	2	2.00
NH1	Food no force/bribe	3	3	3	3.00
NH2	Food no reward/punish	3	3	3	3.00
Average Rating Per CC Type		2.48	2.48	2.29	2.41
Physical Activity					
PA1	Space for active play	4	4	4	4.00
PA2	Training on activities	2	2	2	2.00
PA3	Write activity policies	2	2	2	2.00
PA4	Play with children	2	2	2	2.00
PA5	Don't withhold play	3	3	2	2.67
PB1	No screen time < 2 yr	2	2	3	2.33
PB2	Screen time 30 min/wk	2	2	3	2.33
PB3	Screen time purpose	2	2	2	2.00
PB4	No TV w/meals	2	2	2	2.00
PC1	Outdoor play occasions	3	3	2	2.67
PC2	Toddler play time	3	3	3	3.00
PC3	Preschool play time	3	3	3	3.00
PD1	Structured play	2	2	2	2.00
PE1	Tummy time often	2	2	2	2.00
PE2	Limit time infant equip.	2	2	3	2.33
Average Rating Per CC Type		2.40	2.40	2.47	2.42
Grand Average for Care Types & Components		2.38	2.38	2.30	2.35

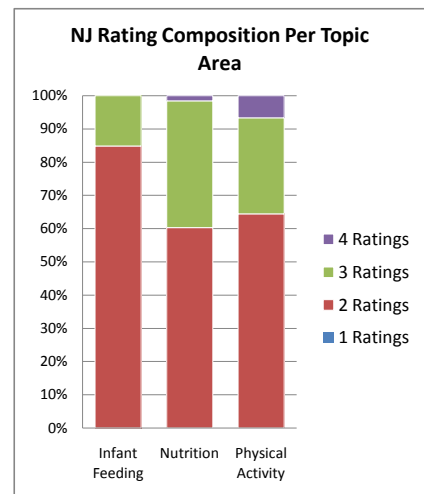
What Ratings Mean

- 1 Regulation contradicts the standard
- 2 Regulation does not mention the content of standard
- 3 Regulation partially meets standard
- 4 Regulation fully meets standard



Tally of Each Rating Per Topic Area

Ratings	1	2	3	4
I - Count	0	28	5	0
N-Count	0	38	24	1
P-Count	0	29	13	3



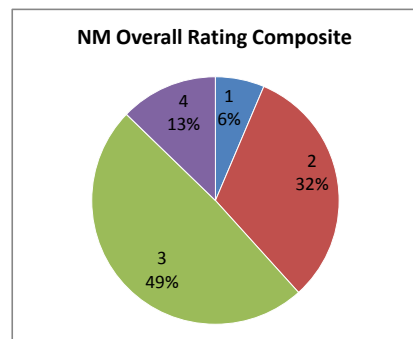
New Mexico

State Overall Ratings

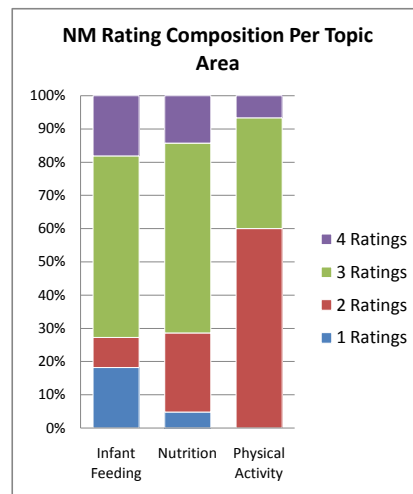
Components by Topic Area		Child Care	Large Family	Small Family	Average Rating Per Component
		Center	Home	Home	
Infant Feeding					
IA1	Support breastfeeding	3	3	3	3.00
IA2	No cow's milk < 1yr	4	4	4	4.00
IB1	Feed infants on cue	4	4	4	4.00
IB2	Stop feed @ satiety	3	3	3	3.00
IB3	Hold infant to feed	3	3	3	3.00
IC1	Plan solid introduction	3	3	3	3.00
IC2	Intro solids @ 4-6 mo	3	3	3	3.00
IC3	Iron-Fort @ 4-6 mo	3	3	3	3.00
ID1	Don't mix formula	2	2	2	2.00
ID2	Whole fruit 7 m-1 yr	1	1	1	1.00
ID3	No juice < 12 mo	1	1	1	1.00
Average Rating Per CC Type		2.73	2.73	2.73	2.73
Nutrition					
NA1	Limit oils/fats	2	2	2	2.00
NA2	Low fat meat/proteins	3	3	3	3.00
NA3	Low fat milk equivalents	3	3	3	3.00
NA4	Whole milk 1-2 y/o	3	3	3	3.00
NA5	Low fat milk > 2 y/o	3	3	3	3.00
NB1	Whole grains	3	3	3	3.00
NB2	Variety of vegetables	3	3	3	3.00
NB3	Variety of whole fruit	4	4	4	4.00
NC1	100% juice	3	3	3	3.00
NC2	Juice only @ meals	2	2	2	2.00
NC3	Juice 4-6 oz. 1-6 y/o	3	3	3	3.00
NC4	Juice 8-12 oz. 7+ y/o	3	3	3	3.00
ND1	Make water available	3	3	3	3.00
NE1	Teach portion sizes	3	3	3	3.00
NE2	Eat with children	2	2	2	2.00
NF1	Appropriate servings	4	4	4	4.00
NF2	Healthy seconds	4	4	4	4.00
NG1	Limit salt	2	2	2	2.00
NG2	Avoid sugary foods	1	1	1	1.00
NH1	Food no force/bribe	2	2	2	2.00
NH2	Food no reward/punish	3	3	3	3.00
Average Rating Per CC Type		2.81	2.81	2.81	2.81
Physical Activity					
PA1	Space for active play	4	4	4	4.00
PA2	Training on activities	2	2	2	2.00
PA3	Write activity policies	2	2	2	2.00
PA4	Play with children	2	2	2	2.00
PA5	Don't withhold play	2	2	2	2.00
PB1	No screen time < 2 yr	3	3	3	3.00
PB2	Screen time 30 min/wk	3	3	3	3.00
PB3	Screen time purpose	2	2	2	2.00
PB4	No TV w/meals	2	2	2	2.00
PC1	Outdoor play occasions	3	3	3	3.00
PC2	Toddler play time	3	3	3	3.00
PC3	Preschool play time	3	3	3	3.00
PD1	Structured play	2	2	2	2.00
PE1	Tummy time often	2	2	2	2.00
PE2	Limit time infant equip.	2	2	2	2.00
Average Rating Per CC Type		2.47	2.47	2.47	2.47
Grand Average for Care Types & Components		2.68	2.68	2.68	2.68

What Ratings Mean

- 1 Regulation contradicts the standard
- 2 Regulation does not mention the content of standard
- 3 Regulation partially meets standard
- 4 Regulation fully meets standard



Ratings	1	2	3	4
I - Count	6	3	18	6
N-Count	3	15	36	9
P-Count	0	27	15	3



New York

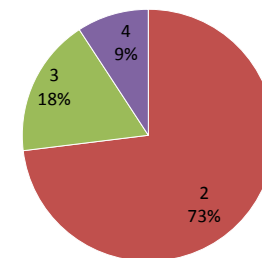
State Overall Ratings

Components by Topic Area		Child Care	Large Family	Small Family	Average Rating Per Component
		Center	Home	Home	
Infant Feeding					
IA1	Support breastfeeding	3	2	3	2.67
IA2	No cow's milk < 1yr	2	2	2	2.00
IB1	Feed infants on cue	2	2	2	2.00
IB2	Stop feed @ satiety	2	2	2	2.00
IB3	Hold infant to feed	4	3	3	3.33
IC1	Plan solid introduction	2	2	2	2.00
IC2	Intro solids @ 4-6 mo	2	2	2	2.00
IC3	Iron-Fort @ 4-6 mo	2	2	2	2.00
ID1	Don't mix formula	2	2	2	2.00
ID2	Whole fruit 7 m-1 yr	2	2	2	2.00
ID3	No juice < 12 mo	2	2	2	2.00
Average Rating Per CC Type		2.27	2.09	2.18	2.18
Nutrition					
NA1	Limit oils/fats	2	2	2	2.00
NA2	Low fat meat/proteins	2	2	2	2.00
NA3	Low fat milk equivalents	2	2	2	2.00
NA4	Whole milk 1-2 y/o	2	2	2	2.00
NA5	Low fat milk > 2 y/o	2	2	2	2.00
NB1	Whole grains	2	2	2	2.00
NB2	Variety of vegetables	2	2	2	2.00
NB3	Variety of whole fruit	2	2	2	2.00
NC1	100% juice	2	2	2	2.00
NC2	Juice only @ meals	2	2	2	2.00
NC3	Juice 4-6 oz. 1-6 y/o	3	3	3	3.00
NC4	Juice 8-12 oz. 7+ y/o	3	3	3	3.00
ND1	Make water available	4	4	4	4.00
NE1	Teach portion sizes	2	2	2	2.00
NE2	Eat with children	2	2	2	2.00
NF1	Appropriate servings	4	4	4	4.00
NF2	Healthy seconds	4	4	4	4.00
NG1	Limit salt	2	2	2	2.00
NG2	Avoid sugary foods	2	2	2	2.00
NH1	Food no force/bribe	3	3	3	3.00
NH2	Food no reward/punish	3	3	3	3.00
Average Rating Per CC Type		2.48	2.48	2.48	2.48
Physical Activity					
PA1	Space for active play	4	4	4	4.00
PA2	Training on activities	2	2	2	2.00
PA3	Write activity policies	2	2	2	2.00
PA4	Play with children	2	2	2	2.00
PA5	Don't withhold play	3	3	3	3.00
PB1	No screen time < 2 yr	2	2	2	2.00
PB2	Screen time 30 min/wk	2	2	2	2.00
PB3	Screen time purpose	2	2	2	2.00
PB4	No TV w/meals	2	2	2	2.00
PC1	Outdoor play occasions	3	3	3	3.00
PC2	Toddler play time	2	2	2	2.00
PC3	Preschool play time	2	2	2	2.00
PD1	Structured play	2	2	2	2.00
PE1	Tummy time often	2	2	2	2.00
PE2	Limit time infant equip.	3	3	3	3.00
Average Rating Per CC Type		2.33	2.33	2.33	2.33
Grand Average for Care Types & Components		2.38	2.34	2.36	2.36

What Ratings Mean

- 1 Regulation contradicts the standard
- 2 Regulation does not mention the content of standard
- 3 Regulation partially meets standard
- 4 Regulation fully meets standard

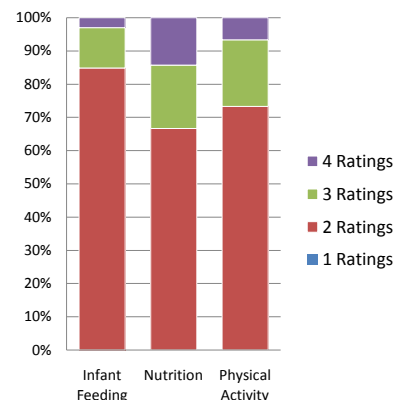
NY Overall Rating Composite



Tally of Each Rating Per Topic Area

Ratings	1	2	3	4
I - Count	0	28	4	1
N-Count	0	42	12	9
P-Count	0	33	9	3

NY Rating Composition Per Topic Area



North Carolina

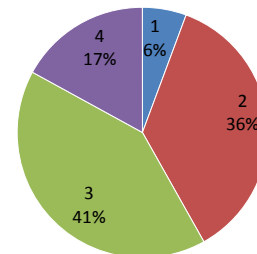
State Overall Ratings

Components by Topic Area		Child Care	Large Family	Small Family	Average Rating Per Component
		Center	Home	Home	
Infant Feeding					
IA1	Support breastfeeding	4	4	4	4.00
IA2	No cow's milk < 1yr	4	4	4	4.00
IB1	Feed infants on cue	4	4	4	4.00
IB2	Stop feed @ satiety	3	3	3	3.00
IB3	Hold infant to feed	3	3	3	3.00
IC1	Plan solid introduction	3	3	3	3.00
IC2	Intro solids @ 4-6 mo	3	3	3	3.00
IC3	Iron-Fort @ 4-6 mo	3	3	3	3.00
ID1	Don't mix formula	2	2	2	2.00
ID2	Whole fruit 7 m-1 yr	1	1	1	1.00
ID3	No juice < 12 mo	1	1	1	1.00
Average Rating Per CC Type		2.82	2.82	2.82	2.82
Nutrition					
NA1	Limit oils/fats	2	2	2	2.00
NA2	Low fat meat/proteins	3	3	3	3.00
NA3	Low fat milk equivalents	3	3	3	3.00
NA4	Whole milk 1-2 y/o	2	2	2	2.00
NA5	Low fat milk > 2 y/o	2	2	2	2.00
NB1	Whole grains	3	3	3	3.00
NB2	Variety of vegetables	3	3	3	3.00
NB3	Variety of whole fruit	3	3	3	3.00
NC1	100% juice	4	4	4	4.00
NC2	Juice only @ meals	2	2	2	2.00
NC3	Juice 4-6 oz. 1-6 y/o	3	3	3	3.00
NC4	Juice 8-12 oz. 7+ y/o	3	3	3	3.00
ND1	Make water available	3	3	3	3.00
NE1	Teach portion sizes	2	2	2	2.00
NE2	Eat with children	2	2	2	2.00
NF1	Appropriate servings	4	4	4	4.00
NF2	Healthy seconds	3	3	3	3.00
NG1	Limit salt	2	2	2	2.00
NG2	Avoid sugary foods	3	1	1	1.67
NH1	Food no force/bribe	2	2	2	2.00
NH2	Food no reward/punish	3	3	3	3.00
Average Rating Per CC Type		2.71	2.62	2.62	2.65
Physical Activity					
PA1	Space for active play	4	4	4	4.00
PA2	Training on activities	2	2	2	2.00
PA3	Write activity policies	2	2	2	2.00
PA4	Play with children	2	2	2	2.00
PA5	Don't withhold play	2	2	2	2.00
PB1	No screen time < 2 yr	4	4	4	4.00
PB2	Screen time 30 min/wk	3	3	3	3.00
PB3	Screen time purpose	2	2	2	2.00
PB4	No TV w/meals	2	2	2	2.00
PC1	Outdoor play occasions	3	3	3	3.00
PC2	Toddler play time	3	3	3	3.00
PC3	Preschool play time	3	3	3	3.00
PD1	Structured play	2	2	2	2.00
PE1	Tummy time often	4	4	4	4.00
PE2	Limit time infant equip.	2	2	2	2.00
Average Rating Per CC Type		2.67	2.67	2.67	2.67
Grand Average for Care Types & Components		2.72	2.68	2.68	2.70

What Ratings Mean

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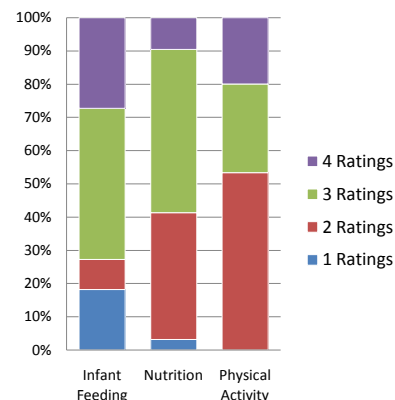
NC Overall Rating Composite



Tally of Each Rating Per Topic Area

Ratings	1	2	3	4
I - Count	6	3	15	9
N-Count	2	24	31	6
P-Count	0	24	12	9

NC Rating Composition Per Topic Area



North Dakota

State Overall Ratings

Key to Changes

Improved Rating
Lower Rating

Components by Topic Area	2010 Data			2011 Data		
		Large Family Child Care	Small Family Child Care		Large Family Child Care	Small Family Child Care
	Center	Home	Home	Center	Home	Home
Infant Feeding						
IA1	Support breastfeeding	2	2	2	2	2
IA2	No cow's milk < 1yr	3	4	1	3	3
IB1	Feed infants on cue	4	4	2	4	4
IB2	Stop feed @ satiety	3	3	2	4	4
IB3	Hold infant to feed	3	2	3	3	3
IC1	Plan solid introduction	3	3	2	3	3
IC2	Intro solids @ 4-6 mo	3	3	2	4	4
IC3	Iron-Fort @ 4-6 mo	3	3	2	3	2
ID1	Don't mix formula	3	3	2	4	4
ID2	Whole fruit 7 m-1 yr	1	1	2	1	1
ID3	No juice < 12 mo	1	1	2	1	1
Average Rating Per CC Type		2.64	2.64	2.00		
Nutrition						
NA1	Limit oils/fats	2	2	2	2	2
NA2	Low fat meat/proteins	3	3	2	3	3
NA3	Low fat milk equivalents	3	3	2	3	3
NA4	Whole milk 1-2 y/o	2	2	2	2	2
NA5	Low fat milk > 2 y/o	2	2	2	2	2
NB1	Whole grains	3	3	2	3	3
NB2	Variety of vegetables	3	3	2	3	3
NB3	Variety of whole fruit	3	3	2	3	3
NC1	100% juice	4	4	2	4	4
NC2	Juice only @ meals	2	2	2	2	2
NC3	Juice 4-6 oz. 1-6 y/o	3	3	2	3	3
NC4	Juice 8-12 oz. 7+ y/o	3	3	2	3	3
ND1	Make water available	3	2	2	3	2
NE1	Teach portion sizes	3	3	2	3	3
NE2	Eat with children	2	2	2	2	2
NF1	Appropriate servings	4	4	2	4	4
NF2	Healthy seconds	3	3	2	3	3
NG1	Limit salt	2	2	2	2	2
NG2	Avoid sugary foods	1	1	2	1	1
NH1	Food no force/bribe	3	3	3	3	3
NH2	Food no reward/punish	3	3	3	3	3
Average Rating Per CC Type		2.71	2.67	2.10		
Physical Activity						
PA1	Space for active play	4	4	4	4	4
PA2	Training on activities	2	2	2	2	2
PA3	Write activity policies	2	2	2	3	3
PA4	Play with children	2	2	2	3	2
PA5	Don't withhold play	3	3	3	4	4
PB1	No screen time < 2 yr	2	2	2	2	2
PB2	Screen time 30 min/wk	2	2	2	2	2
PB3	Screen time purpose	2	2	2	2	2
PB4	No TV w/meals	2	2	2	2	2
PC1	Outdoor play occasions	2	3	3	3	3
PC2	Toddler play time	2	2	2	2	2
PC3	Preschool play time	2	2	2	2	2
PD1	Structured play	2	2	2	2	2
PE1	Tummy time often	2	2	2	2	2
PE2	Limit time infant equip.	2	2	2	2	2
Average Rating Per CC Type		2.20	2.27	2.27		
Grand Average for Care Types & Components		2.53	2.53	2.13		

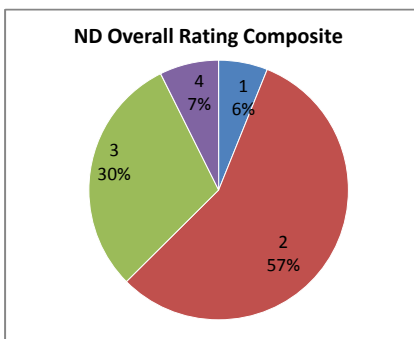
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North Dakota

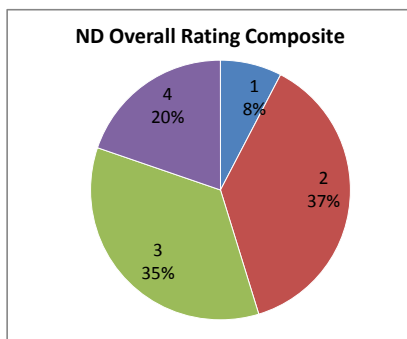
State Overall Ratings

2010

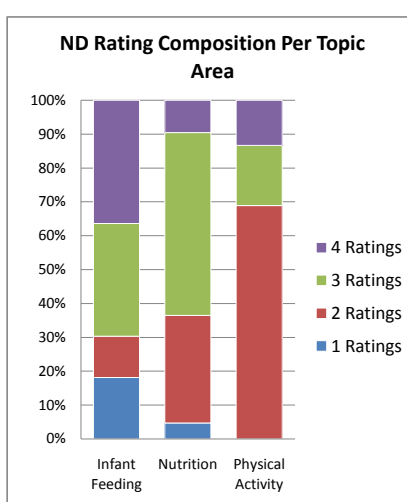
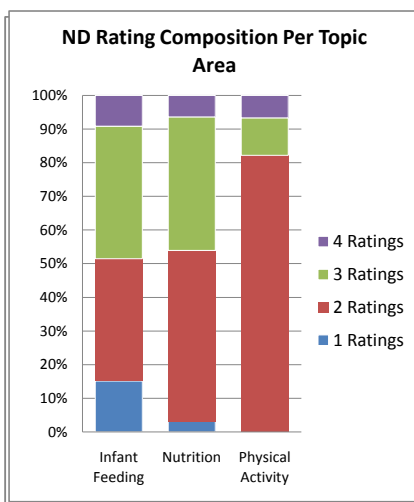


Tally of Each Rating Per Topic Area				
Ratings	1	2	3	4
I - Count	5	12	13	3
N-Count	2	32	25	4
P-Count	0	37	5	3

2011



Tally of Each Rating Per Topic Area				
Ratings	1	2	3	4
I - Count	6	4	11	12
N-Count	3	20	34	6
P-Count	0	31	8	6



Understanding and Using This page

To the right of the ratings table are two types of charts and tables. The pie charts at the top show the composition of all the ratings for the state by percentage of 1, 2, 3 and 4 ratings, which affords an overall view of the state's ratings. The small table below each pie chart shows the frequency (number) of each rating of 1, 2, 3 and 4 for each topic area: I=Infant Feeding, N=Nutrition, and P=Physical Activity. The stacked bar charts show the percentage of ratings of 1- 4 for each topic area. Ratings of 1 are at the base of the columns and ratings of 4 are at the top.

It is suggested that the state reviews this page for analysis of its regulations, to see where terminology is strong and to identify those areas in which terminology may be improved in its child care regulations that have implications for childhood obesity prevention. This page reports the state's ratings for each variable by child care type, so that all final ratings per child care facility type are shown.

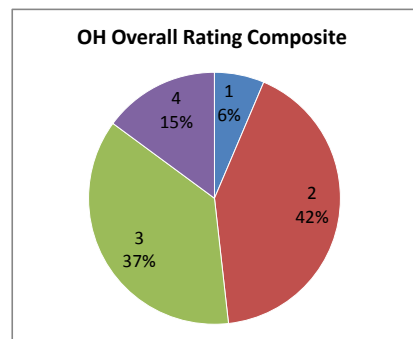
Ohio

State Overall Ratings

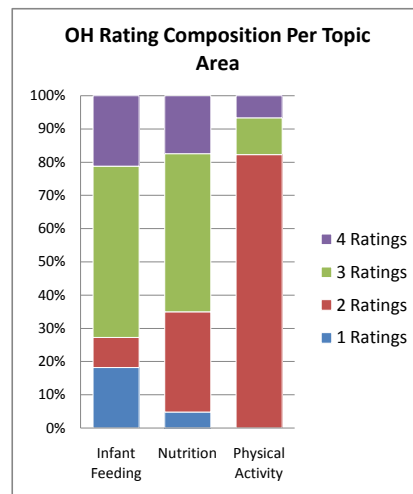
Components by Topic Area		Child Care	Large Family	Small Family	Average Rating Per Component
		Center	Home	Home	
Infant Feeding					
IA1	Support breastfeeding	3	3	3	3.00
IA2	No cow's milk < 1yr	4	4	4	4.00
IB1	Feed infants on cue	4	4	4	4.00
IB2	Stop feed @ satiety	3	3	3	3.00
IB3	Hold infant to feed	3	3	3	3.00
IC1	Plan solid introduction	4	3	3	3.33
IC2	Intro solids @ 4-6 mo	3	3	3	3.00
IC3	Iron-Fort @ 4-6 mo	3	3	3	3.00
ID1	Don't mix formula	2	2	2	2.00
ID2	Whole fruit 7 m-1 yr	1	1	1	1.00
ID3	No juice < 12 mo	1	1	1	1.00
Average Rating Per CC Type		2.82	2.73	2.73	2.76
Nutrition					
NA1	Limit oils/fats	2	2	2	2.00
NA2	Low fat meat/proteins	3	3	3	3.00
NA3	Low fat milk equivalents	3	3	3	3.00
NA4	Whole milk 1-2 y/o	3	3	3	3.00
NA5	Low fat milk > 2 y/o	2	2	2	2.00
NB1	Whole grains	4	4	4	4.00
NB2	Variety of vegetables	3	3	3	3.00
NB3	Variety of whole fruit	3	3	3	3.00
NC1	100% juice	4	4	4	4.00
NC2	Juice only @ meals	2	2	2	2.00
NC3	Juice 4-6 oz. 1-6 y/o	3	3	3	3.00
NC4	Juice 8-12 oz. 7+ y/o	3	3	3	3.00
ND1	Make water available	4	4	4	4.00
NE1	Teach portion sizes	3	3	2	2.67
NE2	Eat with children	2	2	2	2.00
NF1	Appropriate servings	4	4	3	3.67
NF2	Healthy seconds	3	3	3	3.00
NG1	Limit salt	2	2	2	2.00
NG2	Avoid sugary foods	1	1	1	1.00
NH1	Food no force/bribe	2	2	2	2.00
NH2	Food no reward/punish	3	3	3	3.00
Average Rating Per CC Type		2.81	2.81	2.71	2.78
Physical Activity					
PA1	Space for active play	4	4	4	4.00
PA2	Training on activities	2	2	2	2.00
PA3	Write activity policies	2	2	2	2.00
PA4	Play with children	2	2	2	2.00
PA5	Don't withhold play	3	2	3	2.67
PB1	No screen time < 2 yr	2	2	2	2.00
PB2	Screen time 30 min/wk	2	2	2	2.00
PB3	Screen time purpose	2	2	2	2.00
PB4	No TV w/meals	2	2	2	2.00
PC1	Outdoor play occasions	3	3	3	3.00
PC2	Toddler play time	2	2	2	2.00
PC3	Preschool play time	2	2	2	2.00
PD1	Structured play	2	2	2	2.00
PE1	Tummy time often	2	2	2	2.00
PE2	Limit time infant equip.	2	2	2	2.00
Average Rating Per CC Type		2.27	2.20	2.27	2.24
Grand Average for Care Types & Components		2.64	2.60	2.57	2.60

What Ratings Mean

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Ratings	1	2	3	4
I - Count	6	3	17	7
N-Count	3	19	30	11
P-Count	0	37	5	3



Oklahoma

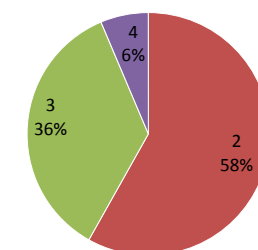
State Overall Ratings

Components by Topic Area		Child Care	Large Family	Small Family	Average Rating Per Component
		Center	Child Care Home	Child Care Home	
Infant Feeding					
IA1	Support breastfeeding	2	2	2	2.00
IA2	No cow's milk < 1yr	4	2	2	2.67
IB1	Feed infants on cue	4	2	2	2.67
IB2	Stop feed @ satiety	2	2	2	2.00
IB3	Hold infant to feed	3	3	3	3.00
IC1	Plan solid introduction	3	2	2	2.33
IC2	Intro solids @ 4-6 mo	2	2	2	2.00
IC3	Iron-Fort @ 4-6 mo	2	2	2	2.00
ID1	Don't mix formula	2	2	2	2.00
ID2	Whole fruit 7 m-1 yr	2	2	2	2.00
ID3	No juice < 12 mo	2	2	2	2.00
Average Rating Per CC Type		2.55	2.09	2.09	2.24
Nutrition					
NA1	Limit oils/fats	2	2	2	2.00
NA2	Low fat meat/proteins	3	3	3	3.00
NA3	Low fat milk equivalents	3	3	3	3.00
NA4	Whole milk 1-2 y/o	2	2	2	2.00
NA5	Low fat milk > 2 y/o	2	2	2	2.00
NB1	Whole grains	3	3	3	3.00
NB2	Variety of vegetables	3	3	3	3.00
NB3	Variety of whole fruit	3	3	3	3.00
NC1	100% juice	2	2	2	2.00
NC2	Juice only @ meals	2	2	2	2.00
NC3	Juice 4-6 oz. 1-6 y/o	3	3	3	3.00
NC4	Juice 8-12 oz. 7+ y/o	3	3	3	3.00
ND1	Make water available	4	3	3	3.33
NE1	Teach portion sizes	2	2	2	2.00
NE2	Eat with children	2	2	2	2.00
NF1	Appropriate servings	3	3	3	3.00
NF2	Healthy seconds	3	3	3	3.00
NG1	Limit salt	2	2	2	2.00
NG2	Avoid sugary foods	2	2	2	2.00
NH1	Food no force/bribe	2	3	3	2.67
NH2	Food no reward/punish	3	3	3	3.00
Average Rating Per CC Type		2.57	2.57	2.57	2.57
Physical Activity					
PA1	Space for active play	4	4	4	4.00
PA2	Training on activities	2	2	2	2.00
PA3	Write activity policies	2	2	2	2.00
PA4	Play with children	2	2	2	2.00
PA5	Don't withhold play	4	4	4	4.00
PB1	No screen time < 2 yr	3	3	3	3.00
PB2	Screen time 30 min/wk	3	3	3	3.00
PB3	Screen time purpose	2	2	2	2.00
PB4	No TV w/meals	2	2	2	2.00
PC1	Outdoor play occasions	3	3	3	3.00
PC2	Toddler play time	2	2	2	2.00
PC3	Preschool play time	2	2	2	2.00
PD1	Structured play	2	2	2	2.00
PE1	Tummy time often	2	2	2	2.00
PE2	Limit time infant equip.	3	3	3	3.00
Average Rating Per CC Type		2.53	2.53	2.53	2.53
Grand Average for Care Types & Components		2.55	2.45	2.45	2.48

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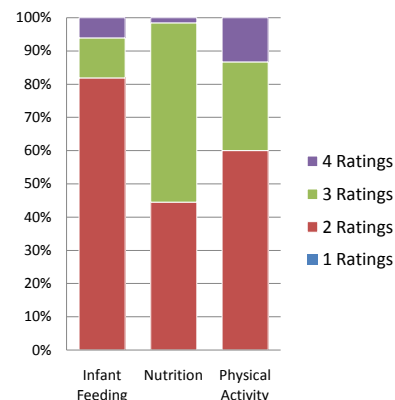
OK Overall Rating Composite



Tally of Each Rating Per Topic Area

Ratings	1	2	3	4
I - Count	0	27	4	2
N-Count	0	28	34	1
P-Count	0	27	12	6

OK Rating Composition Per Topic Area



Oregon

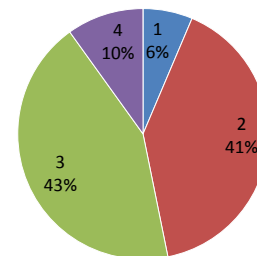
State Overall Ratings

Components by Topic Area		Child Care	Large Family	Small Family	Average Rating Per Component
		Center	Home	Home	
Infant Feeding					
IA1	Support breastfeeding	2	3	3	2.67
IA2	No cow's milk < 1yr	4	4	4	4.00
IB1	Feed infants on cue	4	4	4	4.00
IB2	Stop feed @ satiety	3	3	3	3.00
IB3	Hold infant to feed	3	3	3	3.00
IC1	Plan solid introduction	3	3	3	3.00
IC2	Intro solids @ 4-6 mo	1	1	3	1.67
IC3	Iron-Fort @ 4-6 mo	3	3	3	3.00
ID1	Don't mix formula	2	2	2	2.00
ID2	Whole fruit 7 m-1 yr	1	1	1	1.00
ID3	No juice < 12 mo	1	1	1	1.00
Average Rating Per CC Type		2.45	2.55	2.73	2.58
Nutrition					
NA1	Limit oils/fats	2	2	2	2.00
NA2	Low fat meat/proteins	3	3	3	3.00
NA3	Low fat milk equivalents	3	3	3	3.00
NA4	Whole milk 1-2 y/o	2	2	2	2.00
NA5	Low fat milk > 2 y/o	2	2	2	2.00
NB1	Whole grains	3	3	3	3.00
NB2	Variety of vegetables	3	3	3	3.00
NB3	Variety of whole fruit	3	3	3	3.00
NC1	100% juice	4	4	4	4.00
NC2	Juice only @ meals	2	2	2	2.00
NC3	Juice 4-6 oz. 1-6 y/o	3	3	3	3.00
NC4	Juice 8-12 oz. 7+ y/o	3	3	3	3.00
ND1	Make water available	3	3	2	2.67
NE1	Teach portion sizes	2	2	2	2.00
NE2	Eat with children	2	2	2	2.00
NF1	Appropriate servings	4	4	4	4.00
NF2	Healthy seconds	3	3	3	3.00
NG1	Limit salt	3	3	2	2.67
NG2	Avoid sugary foods	3	3	1	2.33
NH1	Food no force/bribe	3	3	2	2.67
NH2	Food no reward/punish	3	3	3	3.00
Average Rating Per CC Type		2.81	2.81	2.57	2.73
Physical Activity					
PA1	Space for active play	4	4	2	3.33
PA2	Training on activities	2	2	2	2.00
PA3	Write activity policies	2	2	2	2.00
PA4	Play with children	2	2	2	2.00
PA5	Don't withhold play	2	2	2	2.00
PB1	No screen time < 2 yr	2	3	3	2.67
PB2	Screen time 30 min/wk	2	3	3	2.67
PB3	Screen time purpose	2	2	2	2.00
PB4	No TV w/meals	2	2	2	2.00
PC1	Outdoor play occasions	3	3	3	3.00
PC2	Toddler play time	3	3	2	2.67
PC3	Preschool play time	3	3	2	2.67
PD1	Structured play	2	2	2	2.00
PE1	Tummy time often	2	2	2	2.00
PE2	Limit time infant equip.	2	2	2	2.00
Average Rating Per CC Type		2.33	2.47	2.20	2.33
Grand Average for Care Types & Components		2.57	2.64	2.49	2.57

What Ratings Mean

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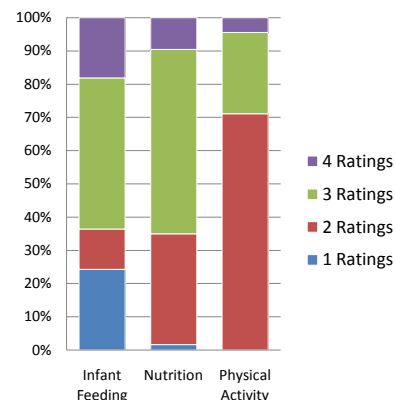
OR Overall Rating Composite



Tally of Each Rating Per Topic Area

Ratings	1	2	3	4
I - Count	8	4	15	6
N-Count	1	21	35	6
P-Count	0	32	11	2

OR Rating Composition Per Topic Area



Pennsylvania

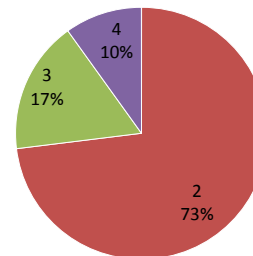
State Overall Ratings

Components by Topic Area		Child Care	Large Family	Small Family	Average Rating Per Component
		Center	Home	Home	
Infant Feeding					
IA1	Support breastfeeding	2	2	2	2.00
IA2	No cow's milk < 1yr	2	2	2	2.00
IB1	Feed infants on cue	3	3	3	3.00
IB2	Stop feed @ satiety	2	2	2	2.00
IB3	Hold infant to feed	3	3	3	3.00
IC1	Plan solid introduction	3	3	3	3.00
IC2	Intro solids @ 4-6 mo	2	2	2	2.00
IC3	Iron-Fort @ 4-6 mo	2	2	2	2.00
ID1	Don't mix formula	2	2	2	2.00
ID2	Whole fruit 7 m-1 yr	2	2	2	2.00
ID3	No juice < 12 mo	2	2	2	2.00
Average Rating Per CC Type		2.27	2.27	2.27	2.27
Nutrition					
NA1	Limit oils/fats	2	2	2	2.00
NA2	Low fat meat/proteins	3	3	3	3.00
NA3	Low fat milk equivalents	3	3	3	3.00
NA4	Whole milk 1-2 y/o	2	2	2	2.00
NA5	Low fat milk > 2 y/o	2	2	2	2.00
NB1	Whole grains	3	3	3	3.00
NB2	Variety of vegetables	4	4	4	4.00
NB3	Variety of whole fruit	4	4	4	4.00
NC1	100% juice	2	2	2	2.00
NC2	Juice only @ meals	2	2	2	2.00
NC3	Juice 4-6 oz. 1-6 y/o	2	2	2	2.00
NC4	Juice 8-12 oz. 7+ y/o	2	2	2	2.00
ND1	Make water available	4	4	4	4.00
NE1	Teach portion sizes	2	2	2	2.00
NE2	Eat with children	2	2	2	2.00
NF1	Appropriate servings	4	4	4	4.00
NF2	Healthy seconds	3	3	3	3.00
NG1	Limit salt	2	2	2	2.00
NG2	Avoid sugary foods	2	2	2	2.00
NH1	Food no force/bribe	2	2	2	2.00
NH2	Food no reward/punish	2	2	2	2.00
Average Rating Per CC Type		2.57	2.57	2.57	2.57
Physical Activity					
PA1	Space for active play	4	4	2	3.33
PA2	Training on activities	2	2	2	2.00
PA3	Write activity policies	2	2	2	2.00
PA4	Play with children	2	2	2	2.00
PA5	Don't withhold play	2	2	2	2.00
PB1	No screen time < 2 yr	2	2	2	2.00
PB2	Screen time 30 min/wk	2	2	2	2.00
PB3	Screen time purpose	2	2	2	2.00
PB4	No TV w/meals	2	2	2	2.00
PC1	Outdoor play occasions	3	3	3	3.00
PC2	Toddler play time	2	2	2	2.00
PC3	Preschool play time	2	2	2	2.00
PD1	Structured play	2	2	2	2.00
PE1	Tummy time often	2	2	2	2.00
PE2	Limit time infant equip.	2	2	2	2.00
Average Rating Per CC Type		2.20	2.20	2.07	2.16
Grand Average for Care Types & Components		2.38	2.38	2.34	2.37

What Ratings Mean

- 1 Regulation contradicts the standard
- 2 Regulation does not mention the content of standard
- 3 Regulation partially meets standard
- 4 Regulation fully meets standard

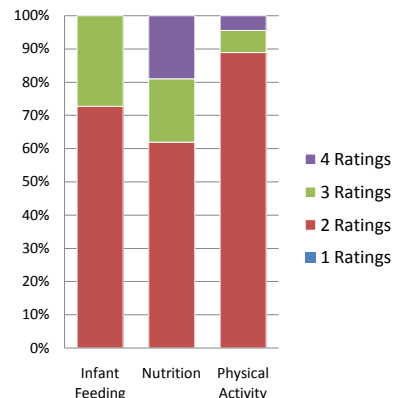
PA Overall Rating Composite



Tally of Each Rating Per Topic Area

Ratings	1	2	3	4
I - Count	0	24	9	0
N-Count	0	39	12	12
P-Count	0	40	3	2

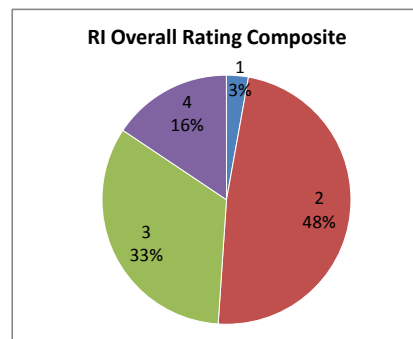
PA Rating Composition Per Topic Area



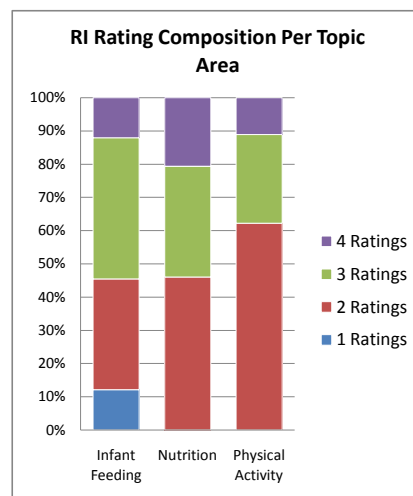
Rhode Island

State Overall Ratings

Components by Topic Area		Child Care Center	Large Family Child Care Home	Small Family Child Care Home	Average Rating Per Component
Infant Feeding					
IA1	Support breastfeeding	2	3	3	2.67
IA2	No cow's milk < 1yr	3	4	4	3.67
IB1	Feed infants on cue	3	4	4	3.67
IB2	Stop feed @ satiety	2	3	3	2.67
IB3	Hold infant to feed	3	2	2	2.33
IC1	Plan solid introduction	3	3	3	3.00
IC2	Intro solids @ 4-6 mo	2	3	3	2.67
IC3	Iron-Fort @ 4-6 mo	2	3	3	2.67
ID1	Don't mix formula	2	2	2	2.00
ID2	Whole fruit 7 m-1 yr	2	1	1	1.33
ID3	No juice < 12 mo	2	1	1	1.33
Average Rating Per CC Type		2.36	2.64	2.64	2.55
Nutrition					
NA1	Limit oils/fats	2	2	2	2.00
NA2	Low fat meat/proteins	2	3	3	2.67
NA3	Low fat milk equivalents	2	3	3	2.67
NA4	Whole milk 1-2 y/o	2	3	3	2.67
NA5	Low fat milk > 2 y/o	2	3	3	2.67
NB1	Whole grains	2	3	3	2.67
NB2	Variety of vegetables	2	3	3	2.67
NB3	Variety of whole fruit	2	3	3	2.67
NC1	100% juice	2	4	4	3.33
NC2	Juice only @ meals	2	4	4	3.33
NC3	Juice 4-6 oz. 1-6 y/o	2	4	4	3.33
NC4	Juice 8-12 oz. 7+ y/o	2	4	4	3.33
ND1	Make water available	4	4	4	4.00
NE1	Teach portion sizes	2	2	2	2.00
NE2	Eat with children	2	2	2	2.00
NF1	Appropriate servings	2	4	4	3.33
NF2	Healthy seconds	2	3	3	2.67
NG1	Limit salt	2	2	2	2.00
NG2	Avoid sugary foods	2	3	3	2.67
NH1	Food no force/bribe	2	2	2	2.00
NH2	Food no reward/punish	3	3	3	3.00
Average Rating Per CC Type		2.14	3.05	3.05	2.75
Physical Activity					
PA1	Space for active play	4	4	4	4.00
PA2	Training on activities	2	2	2	2.00
PA3	Write activity policies	2	2	2	2.00
PA4	Play with children	2	2	2	2.00
PA5	Don't withhold play	2	4	4	3.33
PB1	No screen time < 2 yr	2	3	3	2.67
PB2	Screen time 30 min/wk	2	3	3	2.67
PB3	Screen time purpose	2	2	2	2.00
PB4	No TV w/meals	2	2	2	2.00
PC1	Outdoor play occasions	2	3	3	2.67
PC2	Toddler play time	3	3	3	3.00
PC3	Preschool play time	3	3	3	3.00
PD1	Structured play	2	2	2	2.00
PE1	Tummy time often	2	2	2	2.00
PE2	Limit time infant equip.	2	2	2	2.00
Average Rating Per CC Type		2.27	2.60	2.60	2.49
Grand Average for Care Types & Components		2.23	2.81	2.81	2.62



Ratings	1	2	3	4
I - Count	4	11	14	4
N-Count	0	29	21	13
P-Count	0	28	12	5



What Ratings Mean

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South Carolina

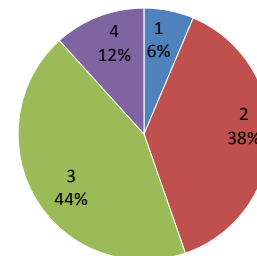
State Overall Ratings

Components by Topic Area		Child Care	Large Family	Small Family	Average Rating Per Component
		Center	Home	Child Care Home	
Infant Feeding					
IA1	Support breastfeeding	3	3	N/A	3.00
IA2	No cow's milk < 1yr	4	4	N/A	4.00
IB1	Feed infants on cue	4	4	N/A	4.00
IB2	Stop feed @ satiety	3	3	N/A	3.00
IB3	Hold infant to feed	3	3	N/A	3.00
IC1	Plan solid introduction	3	3	N/A	3.00
IC2	Intro solids @ 4-6 mo	3	3	N/A	3.00
IC3	Iron-Fort @ 4-6 mo	3	3	N/A	3.00
ID1	Don't mix formula	2	2	N/A	2.00
ID2	Whole fruit 7 m-1 yr	1	1	N/A	1.00
ID3	No juice < 12 mo	1	1	N/A	1.00
Average Rating Per CC Type		2.73	2.73	N/A	2.73
Nutrition					
NA1	Limit oils/fats	2	2	N/A	2.00
NA2	Low fat meat/proteins	3	3	N/A	3.00
NA3	Low fat milk equivalents	3	3	N/A	3.00
NA4	Whole milk 1-2 y/o	2	2	N/A	2.00
NA5	Low fat milk > 2 y/o	2	2	N/A	2.00
NB1	Whole grains	3	3	N/A	3.00
NB2	Variety of vegetables	3	3	N/A	3.00
NB3	Variety of whole fruit	3	3	N/A	3.00
NC1	100% juice	4	4	N/A	4.00
NC2	Juice only @ meals	2	2	N/A	2.00
NC3	Juice 4-6 oz. 1-6 y/o	3	3	N/A	3.00
NC4	Juice 8-12 oz. 7+ y/o	3	3	N/A	3.00
ND1	Make water available	4	4	N/A	4.00
NE1	Teach portion sizes	2	2	N/A	2.00
NE2	Eat with children	2	2	N/A	2.00
NF1	Appropriate servings	4	4	N/A	4.00
NF2	Healthy seconds	3	3	N/A	3.00
NG1	Limit salt	2	2	N/A	2.00
NG2	Avoid sugary foods	1	1	N/A	1.00
NH1	Food no force/bribe	3	3	N/A	3.00
NH2	Food no reward/punish	3	3	N/A	3.00
Average Rating Per CC Type		2.71	2.71	N/A	2.71
Physical Activity					
PA1	Space for active play	4	3	N/A	3.50
PA2	Training on activities	2	2	N/A	2.00
PA3	Write activity policies	2	2	N/A	2.00
PA4	Play with children	2	2	N/A	2.00
PA5	Don't withhold play	2	2	N/A	2.00
PB1	No screen time < 2 yr	3	3	N/A	3.00
PB2	Screen time 30 min/wk	3	3	N/A	3.00
PB3	Screen time purpose	2	2	N/A	2.00
PB4	No TV w/meals	2	2	N/A	2.00
PC1	Outdoor play occasions	3	3	N/A	3.00
PC2	Toddler play time	2	2	N/A	2.00
PC3	Preschool play time	2	2	N/A	2.00
PD1	Structured play	2	2	N/A	2.00
PE1	Tummy time often	2	2	N/A	2.00
PE2	Limit time infant equip.	3	3	N/A	3.00
Average Rating Per CC Type		2.40	2.33	N/A	2.37
Grand Average for Care Types & Components		2.62	2.60	N/A	2.61

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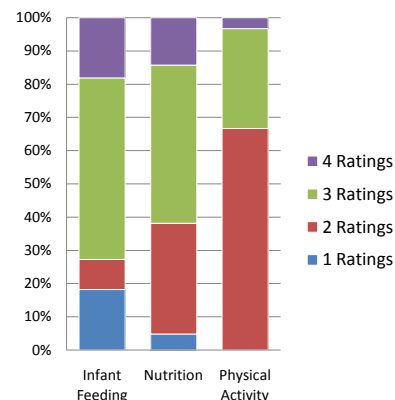
SC Overall Rating Composite



Tally of Each Rating Per Topic Area

Ratings	1	2	3	4
I - Count	4	2	12	4
N-Count	2	14	20	6
P-Count	0	20	9	1

SC Rating Composition Per Topic Area



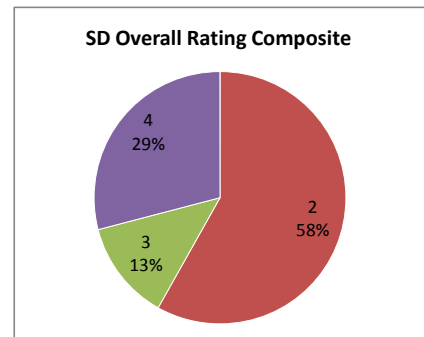
South Dakota

State Overall Ratings

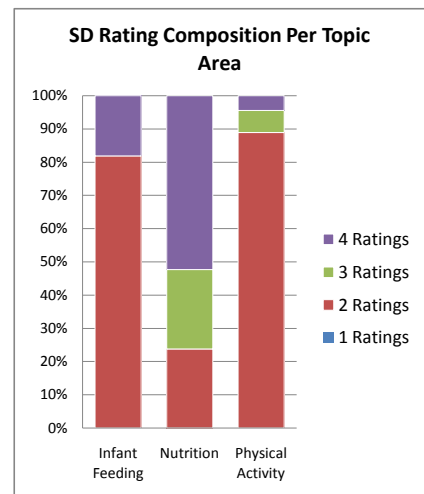
Components by Topic Area		Child Care	Large Family	Small Family	Average Rating Per Component
		Center	Home	Home	
Infant Feeding					
IA1	Support breastfeeding	2	2	2	2.00
IA2	No cow's milk < 1yr	2	2	2	2.00
IB1	Feed infants on cue	4	4	4	4.00
IB2	Stop feed @ satiety	2	2	2	2.00
IB3	Hold infant to feed	4	4	4	4.00
IC1	Plan solid introduction	2	2	2	2.00
IC2	Intro solids @ 4-6 mo	2	2	2	2.00
IC3	Iron-Fort @ 4-6 mo	2	2	2	2.00
ID1	Don't mix formula	2	2	2	2.00
ID2	Whole fruit 7 m-1 yr	2	2	2	2.00
ID3	No juice < 12 mo	2	2	2	2.00
Average Rating Per CC Type		2.36	2.36	2.36	2.36
Nutrition					
NA1	Limit oils/fats	4	4	4	4.00
NA2	Low fat meat/proteins	4	4	4	4.00
NA3	Low fat milk equivalents	4	4	4	4.00
NA4	Whole milk 1-2 y/o	2	2	2	2.00
NA5	Low fat milk > 2 y/o	4	4	4	4.00
NB1	Whole grains	4	4	4	4.00
NB2	Variety of vegetables	4	4	4	4.00
NB3	Variety of whole fruit	4	4	4	4.00
NC1	100% juice	4	4	4	4.00
NC2	Juice only @ meals	2	2	2	2.00
NC3	Juice 4-6 oz. 1-6 y/o	3	3	3	3.00
NC4	Juice 8-12 oz. 7+ y/o	3	3	3	3.00
ND1	Make water available	4	4	4	4.00
NE1	Teach portion sizes	2	2	2	2.00
NE2	Eat with children	2	2	2	2.00
NF1	Appropriate servings	4	4	4	4.00
NF2	Healthy seconds	2	2	2	2.00
NG1	Limit salt	4	4	4	4.00
NG2	Avoid sugary foods	3	3	3	3.00
NH1	Food no force/bribe	3	3	3	3.00
NH2	Food no reward/punish	3	3	3	3.00
Average Rating Per CC Type		3.29	3.29	3.29	3.29
Physical Activity					
PA1	Space for active play	4	4	2	3.33
PA2	Training on activities	2	2	2	2.00
PA3	Write activity policies	2	2	2	2.00
PA4	Play with children	2	2	2	2.00
PA5	Don't withhold play	2	2	2	2.00
PB1	No screen time < 2 yr	2	2	2	2.00
PB2	Screen time 30 min/wk	2	2	2	2.00
PB3	Screen time purpose	2	2	2	2.00
PB4	No TV w/meals	2	2	2	2.00
PC1	Outdoor play occasions	3	2	2	2.33
PC2	Toddler play time	3	2	2	2.33
PC3	Preschool play time	3	2	2	2.33
PD1	Structured play	2	2	2	2.00
PE1	Tummy time often	2	2	2	2.00
PE2	Limit time infant equip.	2	2	2	2.00
Average Rating Per CC Type		2.33	2.13	2.00	2.16
Grand Average for Care Types & Components		2.77	2.70	2.66	2.71

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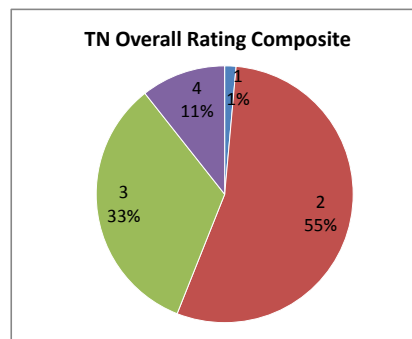
Ratings	1	2	3	4
I - Count	0	27	0	6
N-Count	0	15	15	33
P-Count	0	40	3	2



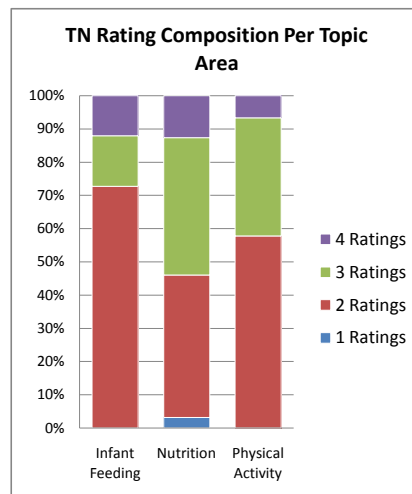
Tennessee

State Overall Ratings

Components by Topic Area		Child Care Center	Large Family Child Care Home	Small Family Child Care Home	Average Rating Per Component
Infant Feeding					
IA1	Support breastfeeding	3	2	2	2.33
IA2	No cow's milk < 1yr	2	2	4	2.67
IB1	Feed infants on cue	4	4	4	4.00
IB2	Stop feed @ satiety	2	2	2	2.00
IB3	Hold infant to feed	3	2	3	2.67
IC1	Plan solid introduction	3	3	2	2.67
IC2	Intro solids @ 4-6 mo	2	2	2	2.00
IC3	Iron-Fort @ 4-6 mo	2	2	2	2.00
ID1	Don't mix formula	2	2	2	2.00
ID2	Whole fruit 7 m-1 yr	2	2	2	2.00
ID3	No juice < 12 mo	2	2	2	2.00
Average Rating Per CC Type		2.45	2.27	2.45	2.39
Nutrition					
NA1	Limit oils/fats	3	2	2	2.33
NA2	Low fat meat/proteins	3	3	3	3.00
NA3	Low fat milk equivalents	2	1	1	1.33
NA4	Whole milk 1-2 y/o	2	2	2	2.00
NA5	Low fat milk > 2 y/o	2	2	2	2.00
NB1	Whole grains	2	3	3	2.67
NB2	Variety of vegetables	3	3	3	3.00
NB3	Variety of whole fruit	3	4	3	3.33
NC1	100% juice	2	4	4	3.33
NC2	Juice only @ meals	2	2	2	2.00
NC3	Juice 4-6 oz. 1-6 y/o	2	3	3	2.67
NC4	Juice 8-12 oz. 7+ y/o	2	3	3	2.67
ND1	Make water available	3	3	3	3.00
NE1	Teach portion sizes	2	2	2	2.00
NE2	Eat with children	2	2	2	2.00
NF1	Appropriate servings	2	4	4	3.33
NF2	Healthy seconds	2	3	3	2.67
NG1	Limit salt	2	2	2	2.00
NG2	Avoid sugary foods	4	3	3	3.33
NH1	Food no force/bribe	4	3	3	3.33
NH2	Food no reward/punish	4	3	3	3.33
Average Rating Per CC Type		2.52	2.71	2.67	2.63
Physical Activity					
PA1	Space for active play	4	4	3	3.67
PA2	Training on activities	2	2	2	2.00
PA3	Write activity policies	2	2	2	2.00
PA4	Play with children	2	2	2	2.00
PA5	Don't withhold play	4	2	2	2.67
PB1	No screen time < 2 yr	3	3	3	3.00
PB2	Screen time 30 min/wk	3	3	3	3.00
PB3	Screen time purpose	3	3	3	3.00
PB4	No TV w/meals	2	2	2	2.00
PC1	Outdoor play occasions	3	3	3	3.00
PC2	Toddler play time	3	2	2	2.33
PC3	Preschool play time	3	2	2	2.33
PD1	Structured play	2	2	2	2.00
PE1	Tummy time often	2	2	2	2.00
PE2	Limit time infant equip.	3	2	2	2.33
Average Rating Per CC Type		2.73	2.40	2.33	2.49
Grand Average for Care Types & Components		2.57	2.51	2.51	2.53



Ratings	1	2	3	4
I - Count	0	24	5	4
N-Count	2	27	26	8
P-Count	0	26	16	3



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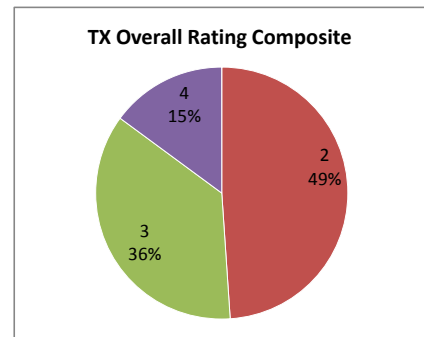
Texas

State Overall Ratings

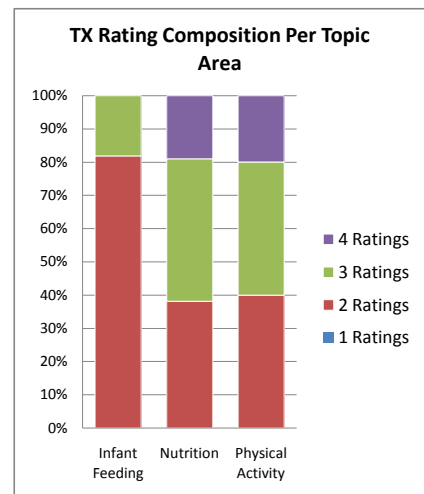
Components by Topic Area		Child Care	Large Family	Small Family	Average Rating Per Component
		Center	Home	Home	
Infant Feeding					
IA1	Support breastfeeding	2	2	2	2.00
IA2	No cow's milk < 1yr	2	2	2	2.00
IB1	Feed infants on cue	3	3	3	3.00
IB2	Stop feed @ satiety	2	2	2	2.00
IB3	Hold infant to feed	3	3	3	3.00
IC1	Plan solid introduction	2	2	2	2.00
IC2	Intro solids @ 4-6 mo	2	2	2	2.00
IC3	Iron-Fort @ 4-6 mo	2	2	2	2.00
ID1	Don't mix formula	2	2	2	2.00
ID2	Whole fruit 7 m-1 yr	2	2	2	2.00
ID3	No juice < 12 mo	2	2	2	2.00
Average Rating Per CC Type		2.18	2.18	2.18	2.18
Nutrition					
NA1	Limit oils/fats	2	2	2	2.00
NA2	Low fat meat/proteins	3	3	3	3.00
NA3	Low fat milk equivalents	2	2	2	2.00
NA4	Whole milk 1-2 y/o	2	2	2	2.00
NA5	Low fat milk > 2 y/o	2	2	2	2.00
NB1	Whole grains	3	3	3	3.00
NB2	Variety of vegetables	3	3	3	3.00
NB3	Variety of whole fruit	3	3	3	3.00
NC1	100% juice	4	4	4	4.00
NC2	Juice only @ meals	3	3	3	3.00
NC3	Juice 4-6 oz. 1-6 y/o	3	3	3	3.00
NC4	Juice 8-12 oz. 7+ y/o	3	3	3	3.00
ND1	Make water available	4	4	4	4.00
NE1	Teach portion sizes	2	2	2	2.00
NE2	Eat with children	2	2	2	2.00
NF1	Appropriate servings	4	4	4	4.00
NF2	Healthy seconds	3	3	3	3.00
NG1	Limit salt	2	2	2	2.00
NG2	Avoid sugary foods	2	2	2	2.00
NH1	Food no force/bribe	3	3	3	3.00
NH2	Food no reward/punish	4	4	4	4.00
Average Rating Per CC Type		2.81	2.81	2.81	2.81
Physical Activity					
PA1	Space for active play	4	4	4	4.00
PA2	Training on activities	2	2	2	2.00
PA3	Write activity policies	2	2	2	2.00
PA4	Play with children	2	2	2	2.00
PA5	Don't withhold play	4	4	4	4.00
PB1	No screen time < 2 yr	3	3	3	3.00
PB2	Screen time 30 min/wk	3	3	3	3.00
PB3	Screen time purpose	2	2	2	2.00
PB4	No TV w/meals	2	2	2	2.00
PC1	Outdoor play occasions	3	3	3	3.00
PC2	Toddler play time	3	3	3	3.00
PC3	Preschool play time	3	3	3	3.00
PD1	Structured play	2	2	2	2.00
PE1	Tummy time often	4	4	4	4.00
PE2	Limit time infant equip.	3	3	3	3.00
Average Rating Per CC Type		2.80	2.80	2.80	2.80
Grand Average for Care Types & Components		2.66	2.66	2.66	2.66

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- 3 Regulation partially meets standard
- 4 Regulation fully meets standard



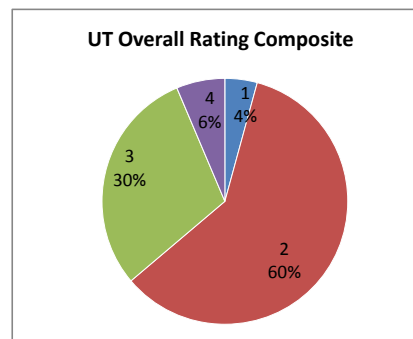
Ratings	1	2	3	4
I - Count	0	27	6	0
N-Count	0	24	27	12
P-Count	0	18	18	9



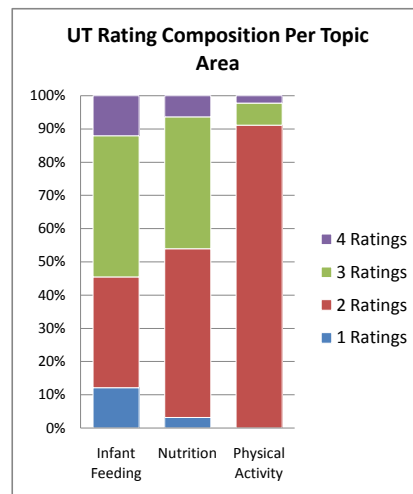
Utah

State Overall Ratings

Components by Topic Area		Child Care	Large Family	Small Family	Average Rating Per Component
		Center	Home	Home	
Infant Feeding					
IA1	Support breastfeeding	3	3	2	2.67
IA2	No cow's milk < 1yr	4	4	3	3.67
IB1	Feed infants on cue	4	4	2	3.33
IB2	Stop feed @ satiety	3	3	2	2.67
IB3	Hold infant to feed	3	3	3	3.00
IC1	Plan solid introduction	3	3	2	2.67
IC2	Intro solids @ 4-6 mo	3	3	2	2.67
IC3	Iron-Fort @ 4-6 mo	3	3	2	2.67
ID1	Don't mix formula	2	2	2	2.00
ID2	Whole fruit 7 m-1 yr	1	1	2	1.33
ID3	No juice < 12 mo	1	1	2	1.33
Average Rating Per CC Type		2.73	2.73	2.18	2.55
Nutrition					
NA1	Limit oils/fats	2	2	2	2.00
NA2	Low fat meat/proteins	3	3	2	2.67
NA3	Low fat milk equivalents	3	3	2	2.67
NA4	Whole milk 1-2 y/o	2	2	2	2.00
NA5	Low fat milk > 2 y/o	2	2	2	2.00
NB1	Whole grains	2	2	2	2.00
NB2	Variety of vegetables	3	3	2	2.67
NB3	Variety of whole fruit	3	3	2	2.67
NC1	100% juice	4	4	2	3.33
NC2	Juice only @ meals	3	3	2	2.67
NC3	Juice 4-6 oz. 1-6 y/o	3	3	2	2.67
NC4	Juice 8-12 oz. 7+ y/o	3	3	2	2.67
ND1	Make water available	3	3	3	3.00
NE1	Teach portion sizes	2	2	2	2.00
NE2	Eat with children	2	2	2	2.00
NF1	Appropriate servings	4	4	2	3.33
NF2	Healthy seconds	3	3	2	2.67
NG1	Limit salt	2	2	2	2.00
NG2	Avoid sugary foods	1	1	2	1.33
NH1	Food no force/bribe	3	3	3	3.00
NH2	Food no reward/punish	3	3	3	3.00
Average Rating Per CC Type		2.67	2.67	2.14	2.49
Physical Activity					
PA1	Space for active play	4	2	2	2.67
PA2	Training on activities	2	2	2	2.00
PA3	Write activity policies	2	2	2	2.00
PA4	Play with children	2	2	2	2.00
PA5	Don't withhold play	2	2	2	2.00
PB1	No screen time < 2 yr	2	2	2	2.00
PB2	Screen time 30 min/wk	2	2	2	2.00
PB3	Screen time purpose	2	2	2	2.00
PB4	No TV w/meals	2	2	2	2.00
PC1	Outdoor play occasions	3	2	2	2.33
PC2	Toddler play time	2	2	3	2.33
PC3	Preschool play time	2	2	2	2.00
PD1	Structured play	2	2	2	2.00
PE1	Tummy time often	2	2	2	2.00
PE2	Limit time infant equip.	3	2	2	2.33
Average Rating Per CC Type		2.27	2.00	2.07	2.11
Grand Average for Care Types & Components		2.55	2.47	2.13	2.38



Ratings	1	2	3	4
I - Count	4	11	14	4
N-Count	2	32	25	4
P-Count	0	41	3	1



What Ratings Mean

- 1 Regulation contradicts the standard
- 2 Regulation does not mention the content of standard
- 3 Regulation partially meets standard
- 4 Regulation fully meets standard

Vermont

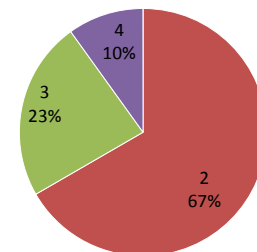
State Overall Ratings

Components by Topic Area		Child Care	Large Family	Small Family	Average Rating Per Component
		Center	Home	Home	
Infant Feeding					
IA1	Support breastfeeding	4	4	4	4.00
IA2	No cow's milk < 1yr	3	3	3	3.00
IB1	Feed infants on cue	4	4	4	4.00
IB2	Stop feed @ satiety	2	2	2	2.00
IB3	Hold infant to feed	3	3	3	3.00
IC1	Plan solid introduction	2	2	2	2.00
IC2	Intro solids @ 4-6 mo	3	2	2	2.33
IC3	Iron-Fort @ 4-6 mo	2	2	2	2.00
ID1	Don't mix formula	2	2	2	2.00
ID2	Whole fruit 7 m-1 yr	2	2	2	2.00
ID3	No juice < 12 mo	3	2	2	2.33
Average Rating Per CC Type		2.73	2.55	2.55	2.61
Nutrition					
NA1	Limit oils/fats	2	2	2	2.00
NA2	Low fat meat/proteins	2	2	2	2.00
NA3	Low fat milk equivalents	2	2	2	2.00
NA4	Whole milk 1-2 y/o	2	2	2	2.00
NA5	Low fat milk > 2 y/o	2	2	2	2.00
NB1	Whole grains	2	2	2	2.00
NB2	Variety of vegetables	2	2	2	2.00
NB3	Variety of whole fruit	3	3	3	3.00
NC1	100% juice	2	2	2	2.00
NC2	Juice only @ meals	2	2	2	2.00
NC3	Juice 4-6 oz. 1-6 y/o	2	2	2	2.00
NC4	Juice 8-12 oz. 7+ y/o	2	2	2	2.00
ND1	Make water available	3	3	3	3.00
NE1	Teach portion sizes	2	2	2	2.00
NE2	Eat with children	2	2	2	2.00
NF1	Appropriate servings	2	2	2	2.00
NF2	Healthy seconds	2	2	2	2.00
NG1	Limit salt	2	2	4	2.67
NG2	Avoid sugary foods	2	2	3	2.33
NH1	Food no force/bribe	3	3	3	3.00
NH2	Food no reward/punish	3	3	3	3.00
Average Rating Per CC Type		2.19	2.19	2.33	2.24
Physical Activity					
PA1	Space for active play	4	2	3	3.00
PA2	Training on activities	2	2	2	2.00
PA3	Write activity policies	4	4	4	4.00
PA4	Play with children	2	2	2	2.00
PA5	Don't withhold play	2	2	2	2.00
PB1	No screen time < 2 yr	3	3	3	3.00
PB2	Screen time 30 min/wk	3	3	3	3.00
PB3	Screen time purpose	4	4	4	4.00
PB4	No TV w/meals	2	2	2	2.00
PC1	Outdoor play occasions	3	2	3	2.67
PC2	Toddler play time	3	2	2	2.33
PC3	Preschool play time	3	2	2	2.33
PD1	Structured play	2	2	2	2.00
PE1	Tummy time often	2	2	2	2.00
PE2	Limit time infant equip.	3	2	2	2.33
Average Rating Per CC Type		2.80	2.40	2.53	2.58
Grand Average for Care Types & Components		2.51	2.34	2.45	2.43

What Ratings Mean

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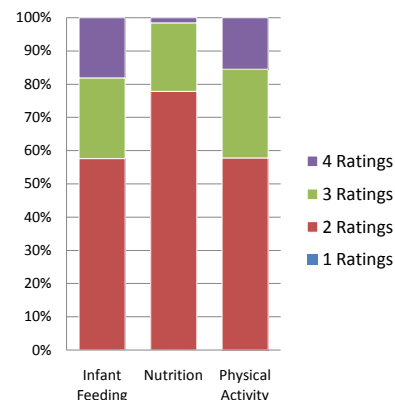
VT Overall Rating Composite



Tally of Each Rating Per Topic Area

Ratings	1	2	3	4
I - Count	0	19	8	6
N-Count	0	49	13	1
P-Count	0	26	12	7

VT Rating Composition Per Topic Area



Virginia

State Overall Ratings

Key to Shading

Ratings that improved Virginia's comparative standing with other states over that published in 2010

Components by Topic Area	2010 (Centers Only)			2010 (Including Family Child Care)		
		Large Family Child Care	Small Family Child Care		Large Family Child Care	Small Family Child Care
	Center	Home	Home	Center	Home	Home
Infant Feeding						
IA1	Support breastfeeding	3	N/A	N/A	3	3
IA2	No cow's milk < 1yr	4	N/A	N/A	4	4
IB1	Feed infants on cue	4	N/A	N/A	4	4
IB2	Stop feed @ satiety	2	N/A	N/A	2	4
IB3	Hold infant to feed	3	N/A	N/A	3	3
IC1	Plan solid introduction	3	N/A	N/A	3	3
IC2	Intro solids @ 4-6 mo	3	N/A	N/A	3	3
IC3	Iron-Fort @ 4-6 mo	3	N/A	N/A	3	3
ID1	Don't mix formula	2	N/A	N/A	2	2
ID2	Whole fruit 7 m-1 yr	1	N/A	N/A	1	1
ID3	No juice < 12 mo	1	N/A	N/A	1	1
Average Rating Per CC Type		2.64	N/A	N/A		
Nutrition						
NA1	Limit oils/fats	2	N/A	N/A	2	2
NA2	Low fat meat/proteins	3	N/A	N/A	3	3
NA3	Low fat milk equivalents	3	N/A	N/A	3	3
NA4	Whole milk 1-2 y/o	2	N/A	N/A	2	4
NA5	Low fat milk > 2 y/o	2	N/A	N/A	2	2
NB1	Whole grains	3	N/A	N/A	3	3
NB2	Variety of vegetables	3	N/A	N/A	3	3
NB3	Variety of whole fruit	3	N/A	N/A	3	3
NC1	100% juice	4	N/A	N/A	4	4
NC2	Juice only @ meals	2	N/A	N/A	2	2
NC3	Juice 4-6 oz. 1-6 y/o	3	N/A	N/A	3	3
NC4	Juice 8-12 oz. 7+ y/o	3	N/A	N/A	3	3
ND1	Make water available	4	N/A	N/A	4	3
NE1	Teach portion sizes	3	N/A	N/A	3	2
NE2	Eat with children	2	N/A	N/A	2	2
NF1	Appropriate servings	4	N/A	N/A	4	4
NF2	Healthy seconds	3	N/A	N/A	3	3
NG1	Limit salt	2	N/A	N/A	2	2
NG2	Avoid sugary foods	1	N/A	N/A	1	1
NH1	Food no force/bribe	3	N/A	N/A	3	3
NH2	Food no reward/punish	3	N/A	N/A	3	3
Average Rating Per CC Type		2.76	N/A	N/A		
Physical Activity						
PA1	Space for active play	4	N/A	N/A	4	4
PA2	Training on activities	2	N/A	N/A	2	2
PA3	Write activity policies	2	N/A	N/A	2	2
PA4	Play with children	2	N/A	N/A	2	2
PA5	Don't withhold play	2	N/A	N/A	2	4
PB1	No screen time < 2 yr	2	N/A	N/A	2	3
PB2	Screen time 30 min/wk	2	N/A	N/A	2	3
PB3	Screen time purpose	2	N/A	N/A	2	2
PB4	No TV w/meals	2	N/A	N/A	2	2
PC1	Outdoor play occasions	3	N/A	N/A	3	4
PC2	Toddler play time	2	N/A	N/A	2	3
PC3	Preschool play time	2	N/A	N/A	2	3
PD1	Structured play	2	N/A	N/A	2	4
PE1	Tummy time often	4	N/A	N/A	4	3
PE2	Limit time infant equip.	2	N/A	N/A	2	3
Average Rating Per CC Type		2.33	N/A	N/A		
Grand Average for Care Types & Components		2.60	N/A	N/A		

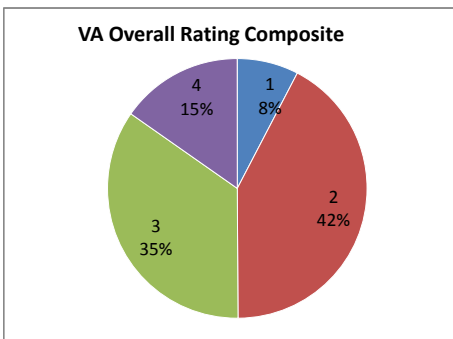
What Ratings Mean

- 1 Regulation contradicts the standard
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Virginia

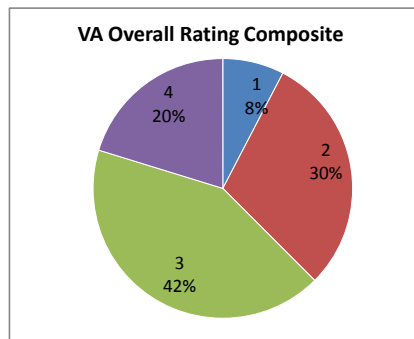
State Overall Ratings

2010 (Centers Only)

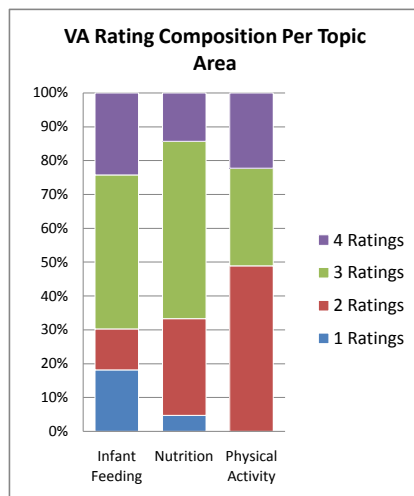
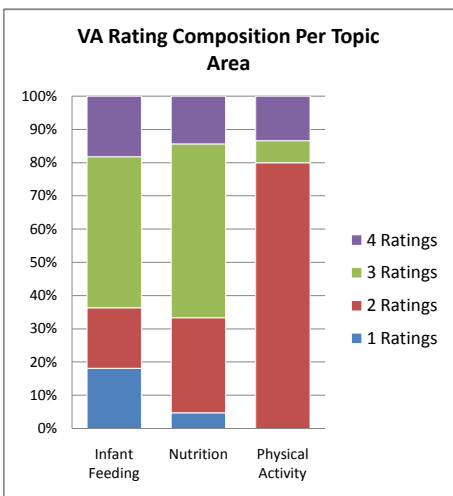


Tally of Each Rating Per Topic Area				
Ratings	1	2	3	4
I - Count	2	2	5	2
N-Count	1	6	11	3
P-Count	0	12	1	2

2010 (including Family Child Care)



Tally of Each Rating Per Topic Area				
Ratings	1	2	3	4
I - Count	6	4	15	8
N-Count	3	18	33	9
P-Count	0	22	13	10



Understanding and Using This page

To the right of the ratings table are two types of charts and tables. The pie charts at the top show the composition of all the ratings for the state by percentage of 1, 2, 3 and 4 ratings, which affords an overall view of the state's ratings. The small table below each pie chart shows the frequency (number) of each rating of 1, 2, 3 and 4 for each topic area: I=Infant Feeding, N=Nutrition, and P=Physical Activity. The stacked bar charts show the percentage of ratings of 1- 4 for each topic area. Ratings of 1 are at the base of the columns and ratings of 4 are at the top.

It is suggested that the state reviews this page for analysis of its regulations, to see where terminology is strong and to identify those areas in which terminology may be improved in its child care regulations that have implications for childhood obesity prevention. This page reports the state's ratings for each variable by child care type, so that all final ratings per child care facility type are shown.

Washington

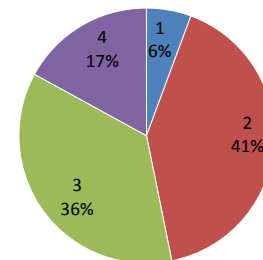
State Overall Ratings

		Child Care Center	Large Family Home	Small Family Home	Average Rating Per Component
Components by Topic Area					
Infant Feeding					
IA1	Support breastfeeding	2	2	2	2.00
IA2	No cow's milk < 1yr	4	4	4	4.00
IB1	Feed infants on cue	4	4	4	4.00
IB2	Stop feed @ satiety	2	3	3	2.67
IB3	Hold infant to feed	4	4	4	4.00
IC1	Plan solid introduction	4	3	3	3.33
IC2	Intro solids @ 4-6 mo	3	3	3	3.00
IC3	Iron-Fort @ 4-6 mo	4	3	3	3.33
ID1	Don't mix formula	2	2	2	2.00
ID2	Whole fruit 7 m-1 yr	1	1	1	1.00
ID3	No juice < 12 mo	1	1	1	1.00
Average Rating Per CC Type		2.82	2.73	2.73	2.76
Nutrition					
NA1	Limit oils/fats	2	2	2	2.00
NA2	Low fat meat/proteins	3	3	3	3.00
NA3	Low fat milk equivalents	3	3	3	3.00
NA4	Whole milk 1-2 y/o	3	3	3	3.00
NA5	Low fat milk > 2 y/o	2	2	2	2.00
NB1	Whole grains	2	3	3	2.67
NB2	Variety of vegetables	3	3	3	3.00
NB3	Variety of whole fruit	3	3	3	3.00
NC1	100% juice	4	4	4	4.00
NC2	Juice only @ meals	2	2	2	2.00
NC3	Juice 4-6 oz. 1-6 y/o	3	3	3	3.00
NC4	Juice 8-12 oz. 7+ y/o	2	3	3	2.67
ND1	Make water available	2	4	4	3.33
NE1	Teach portion sizes	2	2	2	2.00
NE2	Eat with children	2	2	2	2.00
NF1	Appropriate servings	2	4	4	3.33
NF2	Healthy seconds	2	3	3	2.67
NG1	Limit salt	2	2	2	2.00
NG2	Avoid sugary foods	3	1	1	1.67
NH1	Food no force/bribe	2	2	2	2.00
NH2	Food no reward/punish	3	3	3	3.00
Average Rating Per CC Type		2.48	2.71	2.71	2.63
Physical Activity					
PA1	Space for active play	4	4	4	4.00
PA2	Training on activities	2	2	2	2.00
PA3	Write activity policies	2	2	2	2.00
PA4	Play with children	2	2	2	2.00
PA5	Don't withhold play	2	2	2	2.00
PB1	No screen time < 2 yr	2	3	3	2.67
PB2	Screen time 30 min/wk	2	3	3	2.67
PB3	Screen time purpose	2	4	4	3.33
PB4	No TV w/meals	2	2	2	2.00
PC1	Outdoor play occasions	3	3	3	3.00
PC2	Toddler play time	3	3	3	3.00
PC3	Preschool play time	3	3	3	3.00
PD1	Structured play	2	2	2	2.00
PE1	Tummy time often	4	2	2	2.67
PE2	Limit time infant equip.	3	2	2	2.33
Average Rating Per CC Type		2.53	2.60	2.60	2.58
Grand Average for Care Types & Components		2.57	2.68	2.68	2.65

What Ratings Mean

- 1 Regulation contradicts the standard
- 2 Regulation does not mention the content of standard
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- 4 Regulation fully meets standard

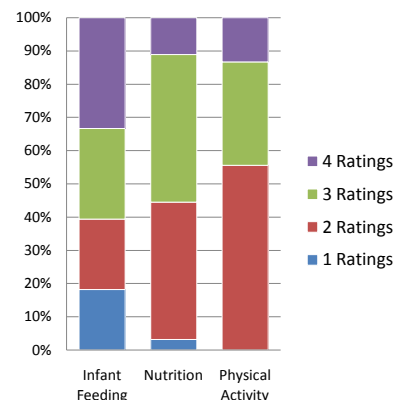
WA Overall Rating Composite



Tally of Each Rating Per Topic Area

Ratings	1	2	3	4
I - Count	6	7	9	11
N-Count	2	26	28	7
P-Count	0	25	14	6

WA Rating Composition Per Topic Area



Note: Although the NRC was advised in a phone call with the state's licensing office that no new documents would be effective prior to 2012, a recent website check by the NRC revealed that Chapter 170-296A WAC: Licensed family home child care standards was effective as of 11/14/11. This document is not included in the NRC's 2011 report, and will be assessed in the 2012 report.

West Virginia

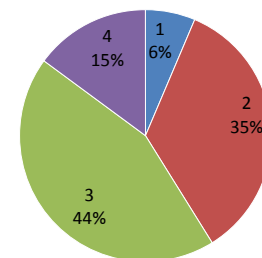
State Overall Ratings

Components by Topic Area		Child Care	Large Family	Small Family	Average Rating Per Component
		Center	Home	Home	
Infant Feeding					
IA1	Support breastfeeding	2	2	2	2.00
IA2	No cow's milk < 1yr	3	3	4	3.33
IB1	Feed infants on cue	4	2	4	3.33
IB2	Stop feed @ satiety	3	3	3	3.00
IB3	Hold infant to feed	3	3	3	3.00
IC1	Plan solid introduction	4	3	3	3.33
IC2	Intro solids @ 4-6 mo	3	3	3	3.00
IC3	Iron-Fort @ 4-6 mo	3	3	3	3.00
ID1	Don't mix formula	2	2	2	2.00
ID2	Whole fruit 7 m-1 yr	1	1	1	1.00
ID3	No juice < 12 mo	1	1	1	1.00
Average Rating Per CC Type		2.64	2.36	2.64	2.55
Nutrition					
NA1	Limit oils/fats	2	2	2	2.00
NA2	Low fat meat/proteins	3	3	3	3.00
NA3	Low fat milk equivalents	3	3	3	3.00
NA4	Whole milk 1-2 y/o	2	2	2	2.00
NA5	Low fat milk > 2 y/o	2	2	2	2.00
NB1	Whole grains	3	3	3	3.00
NB2	Variety of vegetables	3	3	3	3.00
NB3	Variety of whole fruit	3	3	3	3.00
NC1	100% juice	4	4	4	4.00
NC2	Juice only @ meals	3	3	3	3.00
NC3	Juice 4-6 oz. 1-6 y/o	3	3	3	3.00
NC4	Juice 8-12 oz. 7+ y/o	3	3	3	3.00
ND1	Make water available	4	2	4	3.33
NE1	Teach portion sizes	2	2	2	2.00
NE2	Eat with children	4	2	2	2.67
NF1	Appropriate servings	4	4	4	4.00
NF2	Healthy seconds	3	3	3	3.00
NG1	Limit salt	2	4	2	2.67
NG2	Avoid sugary foods	1	4	1	2.00
NH1	Food no force/bribe	3	3	3	3.00
NH2	Food no reward/punish	3	3	3	3.00
Average Rating Per CC Type		2.86	2.90	2.76	2.84
Physical Activity					
PA1	Space for active play	4	4	4	4.00
PA2	Training on activities	2	2	2	2.00
PA3	Write activity policies	2	2	2	2.00
PA4	Play with children	2	2	2	2.00
PA5	Don't withhold play	4	4	4	4.00
PB1	No screen time < 2 yr	3	3	2	2.67
PB2	Screen time 30 min/wk	3	3	2	2.67
PB3	Screen time purpose	2	2	2	2.00
PB4	No TV w/meals	2	2	2	2.00
PC1	Outdoor play occasions	3	3	3	3.00
PC2	Toddler play time	3	3	3	3.00
PC3	Preschool play time	3	3	3	3.00
PD1	Structured play	2	2	2	2.00
PE1	Tummy time often	2	2	2	2.00
PE2	Limit time infant equip.	2	1	2	1.67
Average Rating Per CC Type		2.60	2.53	2.47	2.53
Grand Average for Care Types & Components		2.72	2.66	2.64	2.67

What Ratings Mean

- 1 Regulation contradicts the standard
- 2 Regulation does not mention the content of standard
- 3 Regulation partially meets standard
- 4 Regulation fully meets standard

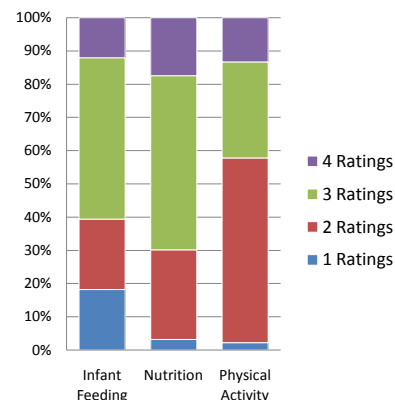
WV Overall Rating Composite



Tally of Each Rating Per Topic Area

Ratings	1	2	3	4
I - Count	6	7	16	4
N-Count	2	17	33	11
P-Count	1	25	13	6

WV Rating Composition Per Topic Area



Wisconsin

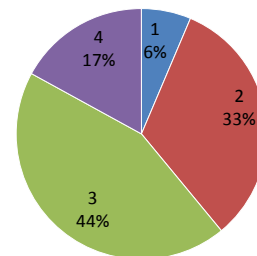
State Overall Ratings

Components by Topic Area		Child Care	Large Family	Small Family	Average Rating Per Component
		Center	Home	Home	
Infant Feeding					
IA1	Support breastfeeding	3	3	3	3.00
IA2	No cow's milk < 1yr	4	4	4	4.00
IB1	Feed infants on cue	4	4	4	4.00
IB2	Stop feed @ satiety	3	3	3	3.00
IB3	Hold infant to feed	3	3	3	3.00
IC1	Plan solid introduction	3	3	3	3.00
IC2	Intro solids @ 4-6 mo	3	3	3	3.00
IC3	Iron-Fort @ 4-6 mo	3	3	3	3.00
ID1	Don't mix formula	2	2	2	2.00
ID2	Whole fruit 7 m-1 yr	1	1	1	1.00
ID3	No juice < 12 mo	1	1	1	1.00
Average Rating Per CC Type		2.73	2.73	2.73	2.73
Nutrition					
NA1	Limit oils/fats	2	2	2	2.00
NA2	Low fat meat/proteins	3	3	3	3.00
NA3	Low fat milk equivalents	3	3	3	3.00
NA4	Whole milk 1-2 y/o	2	2	2	2.00
NA5	Low fat milk > 2 y/o	2	2	2	2.00
NB1	Whole grains	3	3	3	3.00
NB2	Variety of vegetables	3	3	3	3.00
NB3	Variety of whole fruit	3	3	4	3.33
NC1	100% juice	4	4	4	4.00
NC2	Juice only @ meals	2	2	2	2.00
NC3	Juice 4-6 oz. 1-6 y/o	3	3	3	3.00
NC4	Juice 8-12 oz. 7+ y/o	3	3	3	3.00
ND1	Make water available	4	4	2	3.33
NE1	Teach portion sizes	2	2	2	2.00
NE2	Eat with children	2	2	2	2.00
NF1	Appropriate servings	4	4	4	4.00
NF2	Healthy seconds	3	3	3	3.00
NG1	Limit salt	2	2	2	2.00
NG2	Avoid sugary foods	1	1	1	1.00
NH1	Food no force/bribe	3	3	3	3.00
NH2	Food no reward/punish	3	3	3	3.00
Average Rating Per CC Type		2.71	2.71	2.67	2.70
Physical Activity					
PA1	Space for active play	4	4	4	4.00
PA2	Training on activities	2	2	2	2.00
PA3	Write activity policies	2	2	2	2.00
PA4	Play with children	2	2	2	2.00
PA5	Don't withhold play	4	4	4	4.00
PB1	No screen time < 2 yr	3	3	3	3.00
PB2	Screen time 30 min/wk	3	3	3	3.00
PB3	Screen time purpose	2	2	2	2.00
PB4	No TV w/meals	2	2	2	2.00
PC1	Outdoor play occasions	3	3	3	3.00
PC2	Toddler play time	3	3	3	3.00
PC3	Preschool play time	3	3	3	3.00
PD1	Structured play	2	2	2	2.00
PE1	Tummy time often	4	4	4	4.00
PE2	Limit time infant equip.	2	2	2	2.00
Average Rating Per CC Type		2.73	2.73	2.73	2.73
Grand Average for Care Types & Components		2.72	2.72	2.70	2.72

What Ratings Mean

- 1 Regulation contradicts the standard
- 2 Regulation does not mention the content of standard
- 3 Regulation partially meets standard
- 4 Regulation fully meets standard

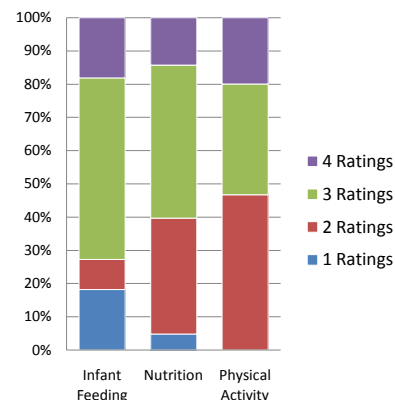
WI Overall Rating Composite



Tally of Each Rating Per Topic Area

Ratings	1	2	3	4
I - Count	6	3	18	6
N-Count	3	22	29	9
P-Count	0	21	15	9

WI Rating Composition Per Topic Area



Wyoming

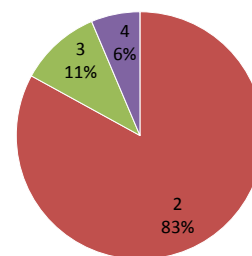
State Overall Ratings

Components by Topic Area		Child Care	Large Family	Small Family	Average Rating Per Component
		Center	Home	Home	
Infant Feeding					
IA1	Support breastfeeding	2	2	2	2.00
IA2	No cow's milk < 1yr	2	2	2	2.00
IB1	Feed infants on cue	4	4	4	4.00
IB2	Stop feed @ satiety	2	2	2	2.00
IB3	Hold infant to feed	2	2	2	2.00
IC1	Plan solid introduction	3	3	3	3.00
IC2	Intro solids @ 4-6 mo	2	2	2	2.00
IC3	Iron-Fort @ 4-6 mo	2	2	2	2.00
ID1	Don't mix formula	2	2	2	2.00
ID2	Whole fruit 7 m-1 yr	2	2	2	2.00
ID3	No juice < 12 mo	2	2	2	2.00
Average Rating Per CC Type		2.27	2.27	2.27	2.27
Nutrition					
NA1	Limit oils/fats	2	2	2	2.00
NA2	Low fat meat/proteins	2	2	2	2.00
NA3	Low fat milk equivalents	2	2	2	2.00
NA4	Whole milk 1-2 y/o	2	2	2	2.00
NA5	Low fat milk > 2 y/o	2	2	2	2.00
NB1	Whole grains	2	2	2	2.00
NB2	Variety of vegetables	2	2	2	2.00
NB3	Variety of whole fruit	2	2	2	2.00
NC1	100% juice	2	2	2	2.00
NC2	Juice only @ meals	2	2	2	2.00
NC3	Juice 4-6 oz. 1-6 y/o	2	2	2	2.00
NC4	Juice 8-12 oz. 7+ y/o	2	2	2	2.00
ND1	Make water available	2	2	2	2.00
NE1	Teach portion sizes	2	2	2	2.00
NE2	Eat with children	2	2	2	2.00
NF1	Appropriate servings	2	2	2	2.00
NF2	Healthy seconds	2	2	2	2.00
NG1	Limit salt	2	2	2	2.00
NG2	Avoid sugary foods	2	2	2	2.00
NH1	Food no force/bribe	4	4	4	4.00
NH2	Food no reward/punish	3	3	3	3.00
Average Rating Per CC Type		2.14	2.14	2.14	2.14
Physical Activity					
PA1	Space for active play	4	4	4	4.00
PA2	Training on activities	3	3	3	3.00
PA3	Write activity policies	2	2	2	2.00
PA4	Play with children	2	2	2	2.00
PA5	Don't withhold play	3	3	3	3.00
PB1	No screen time < 2 yr	2	2	2	2.00
PB2	Screen time 30 min/wk	2	2	2	2.00
PB3	Screen time purpose	2	2	2	2.00
PB4	No TV w/meals	2	2	2	2.00
PC1	Outdoor play occasions	2	2	2	2.00
PC2	Toddler play time	2	2	2	2.00
PC3	Preschool play time	2	2	2	2.00
PD1	Structured play	2	2	2	2.00
PE1	Tummy time often	2	2	2	2.00
PE2	Limit time infant equip.	3	3	3	3.00
Average Rating Per CC Type		2.33	2.33	2.33	2.33
Grand Average for Care Types & Components		2.23	2.23	2.23	2.23

What Ratings Mean

- 1 Regulation contradicts the standard
- 2 Regulation does not mention the content of standard
- 3 Regulation partially meets standard
- 4 Regulation fully meets standard

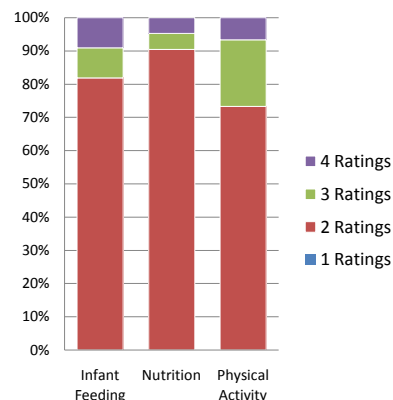
WY Overall Rating Composite



Tally of Each Rating Per Topic Area

Ratings	1	2	3	4
I - Count	0	27	3	3
N-Count	0	57	3	3
P-Count	0	33	9	3

WY Rating Composition Per Topic Area



Degree to Which States Address Variables: By State

This table shows the number of variables for which the state's best rating for any child care type was a fully met standard (rating=4), partially meeting standard (rating=3), not addressing standard (rating=2), and contradicting standard (rating=1). For example, the state of Alaska:

- For 8 of the 47 variables the state met the standard
- For 20 of the 47 variables the standards were partially met
- For 16 of the variables there was no rule content relevant to the standards
- 3 of the 47 variables were contradicted by the state's rules
(The mode is highlighted for each state)

State	# Variables Highest Score = 4 (fully meets standard)	# Variables Highest Score = 3 (partially meets standard)	# Variables Highest Score = 2 (standard not addressed)	# Variables Highest Score = 1 (contradicts standard)
Alaska	8	20	16	3
Alabama	8	19	17	3
Arkansas	10	21	13	3
Arizona	17	19	11	0
California	8	17	19	3
Colorado	9	21	17	0
Connecticut	8	15	24	0
D.C.	2	2	43	0
Delaware	17	18	10	2
Florida	13	14	18	2
Georgia	7	21	19	0
Hawaii	7	18	19	3
Iowa	5	20	19	3
Idaho	1	1	45	0
Illinois	12	19	13	3
Indiana	8	11	28	0
Kansas	3	14	29	1
Kentucky	4	12	31	0
Louisiana	7	17	18	5
Massachusetts	6	22	17	2
Maryland	6	20	18	3
Maine	5	12	30	0
Michigan	8	20	16	3
Minnesota	5	21	18	3
Missouri	5	14	28	0
Mississippi	14	20	11	2
Montana	6	19	19	3
North Carolina	8	20	17	2
North Dakota	8	19	17	3
Nebraska	4	17	26	0
New Hampshire	6	17	22	2
New Jersey	2	19	26	0
New Mexico	6	23	15	3
Nevada	3	9	34	1
New York	5	8	34	0
Ohio	8	17	19	3
Oklahoma	5	17	25	0
Oregon	5	24	16	2
Pennsylvania	5	8	34	0
Rhode Island	10	21	16	0
South Carolina	6	20	18	3
South Dakota	14	8	25	0
Tennessee	10	18	19	0
Texas	7	17	23	0
Utah	5	20	22	0
Virginia	12	21	11	3
Vermont	6	15	26	0
Washington	11	19	15	2
Wisconsin	9	20	15	3
West Virginia	11	20	14	2
Wyoming	3	5	39	0
Total	378	849	1094	76

*Other types of child care may have scored lower, but at least one child care type earned the score.

Ranking of All States by All Variables and Topic Areas

States were ranked according to the degree to which they at least partially meet the standards, that is, the sums of “3” and “4” ratings in each of the following tables.

Across All Variables (n=47)					
State	Number Variables Fully Meet Standard (High Rating = 4)	Number Variables Partially Meet Standard (High Rating = 3)	SUM of 3 & 4 Ratings	Rank*	Percent of Variables With High Scores at Least Partially Meeting Standards
Arizona	17	19	36	1	77%
Delaware	17	18	35	2	74%
Mississippi	14	20	34	3	72%
Virginia	12	21	33	4	70%
Arkansas	10	21	31	6.5	66%
Illinois	12	19	31		
Rhode Island	10	21	31		
West Virginia	11	20	31		
Colorado	9	21	30	9.5	64%
Washington	11	19	30		
New Mexico	6	23	29	12	62%
Oregon	5	24	29		
Wisconsin	9	20	29		
Alaska	8	20	28	16.5	60%
Georgia	7	21	28		
Massachusetts	6	22	28		
Michigan	8	20	28		
North Carolina	8	20	28		
Tennessee	10	18	28		
Alabama	8	19	27	21	57%
Florida	13	14	27		
North Dakota	8	19	27		
Maryland	6	20	26	24	55%
Minnesota	5	21	26		
South Carolina	6	20	26		
California	8	17	25	28.5	53%
Hawaii	7	18	25		
Iowa	5	20	25		
Montana	6	19	25		
Ohio	8	17	25		
Utah	5	20	25		
Louisiana	7	17	24	32.5	51%
Texas	7	17	24		
Connecticut	8	15	23	34.5	49%
New Hampshire	6	17	23		
Oklahoma	5	17	22	36.5	47%
South Dakota	14	8	22		
Nebraska	4	17	21		
New Jersey	2	19	21	39	45%
Vermont	6	15	21		
Indiana	8	11	19		
Missouri	5	14	19	41.5	40%
Kansas	3	14	17		
Maine	5	12	17	43.5	36%
Kentucky	4	12	16		
New York	5	8	13	46.5	28%
Pennsylvania	5	8	13		
Nevada	3	9	12	48	26%
Wyoming	3	5	8	49	17%
D.C.	2	2	4	50	9%
Idaho	1	1	2	51	4%

*Where two or more states had the same sum for 3 & 4 ratings (center column), an average rank was computed and assigned to those states.

Infant Feeding Variables (N=11)					
State	Number Variables Fully Meet Standard (High Rating = 4)	Number Variables Partially Meet Standard (High Rating = 3)	SUM of 3 & 4 Ratings	Rank*	Percent of Variables With High Scores at Least Partially Meeting Standards
Delaware	6	4	10	1	91%
Arizona	6	3	9	3.5	82%
Massachusetts	3	6	9		
Michigan	4	5	9		
Mississippi	4	5	9		
Alaska	2	6	8		
Alabama	3	5	8	14.5	73%
California	3	5	8		
Colorado	3	5	8		
Georgia	3	5	8		
Hawaii	3	5	8		
Maryland	2	6	8		
Montana	2	6	8		
North Carolina	3	5	8		
North Dakota	4	4	8		
New Mexico	2	6	8		
Ohio	3	5	8		
Oregon	2	6	8		
Rhode Island	2	6	8		
South Carolina	2	6	8		
Utah	2	6	8		
Virginia	3	5	8		
Wisconsin	2	6	8		
Arkansas	3	4	7	28.5	64%
Connecticut	3	4	7		
Florida	1	6	7		
Iowa	2	5	7		
Louisiana	2	5	7		
Minnesota	2	5	7		
Nebraska	2	5	7		
New Hampshire	2	5	7		
Washington	5	2	7		
West Virginia	3	4	7		
Vermont	2	4	6	34	55%
Illinois	2	3	5	35.5	45%
Tennessee	2	3	5		
Kentucky	1	3	4	37.5	36%
Oklahoma	2	2	4		
Indiana	1	2	3	40.5	27%
Missouri	0	3	3		
New Jersey	0	3	3		
Pennsylvania	0	3	3		
Kansas	0	2	2	46	18%
Maine	2	0	2		
Nevada	0	2	2		
New York	1	1	2		
South Dakota	2	0	2		
Texas	0	2	2		
Wyoming	1	1	2		
D.C.	0	0	0	50.5	0%
Idaho	0	0	0		

*Where two or more states had the same sum for 3 & 4 ratings (center column), an average rank was computed and assigned to those states

Nutrition Variables (n=21)					
State	Number Variables Fully Meet Standard (High Rating = 4)	Number Variables Partially Meet Standard (High Rating = 3)	SUM of 3 & 4 Ratings	Rank*	Percent of Variables With High Scores at Least Partially Meeting Standards
Arizona	8	10	18	1	86%
Illinois	8	9	17	3	81%
Mississippi	8	9	17		
West Virginia	6	11	17		
Florida	11	5	16	6	76%
Rhode Island	6	10	16		
South Dakota	11	5	16		
Colorado	5	10	15	10	71%
Delaware	5	10	15		
New Mexico	3	12	15		
Oregon	2	13	15		
Virginia	4	11	15		
Arkansas	3	11	14	15.5	67%
Georgia	3	11	14		
North Dakota	2	12	14		
Ohio	4	10	14		
Tennessee	6	8	14		
Washington	3	11	14		
Alabama	3	10	13	23.5	62%
Hawaii	3	10	13		
Iowa	2	11	13		
Massachusetts	2	11	13		
Maryland	2	11	13		
North Carolina	2	11	13		
South Carolina	3	10	13		
Texas	4	9	13		
Utah	2	11	13		
Wisconsin	4	9	13		
California	4	8	12	32	57%
Michigan	3	9	12		
Minnesota	2	10	12		
Montana	3	9	12		
Nebraska	1	11	12		
New Hampshire	3	9	12		
Oklahoma	1	11	12		
Alaska	2	9	11		
Connecticut	3	8	11		
Louisiana	4	7	11		
Missouri	3	7	10	39.5	48%
New Jersey	1	9	10		
Kansas	2	6	8	42	38%
Maine	0	8	8		
Pennsylvania	4	4	8		
Indiana	4	3	7	44.5	33%
New York	3	4	7		
Kentucky	2	4	6	46.5	29%
Vermont	1	5	6		
Nevada	2	3	5	48	24%
Wyoming	1	1	2	49	10%
D.C.	0	0	0	50.5	0%
Idaho	0	0	0		

*Where two or more states had the same sum for 3 & 4 ratings (center column), an average rank was computed and assigned to those states

Physical Activity Variables (n=15)					
State	Number Variables Fully Meet Standard (High Rating = 4)	Number Variables Partially Meet Standard (High Rating = 3)	SUM of 3 & 4 Ratings	Rank*	Percent of Variables With High Scores at Least Partially Meeting Standards
Arkansas	4	6	10	2	67%
Delaware	6	4	10		
Virginia	5	5	10		
Alaska	4	5	9	7.5	60%
Arizona	3	6	9		
Illinois	2	7	9		
Indiana	3	6	9		
Tennessee	2	7	9		
Texas	3	6	9		
Vermont	3	6	9		
Washington	3	6	9		
Mississippi	2	6	8		
New Jersey	1	7	8	13	53%
Wisconsin	3	5	8	18.5	47%
Colorado	1	6	7		
Kansas	1	6	7		
Maine	3	4	7		
Michigan	1	6	7		
Minnesota	1	6	7		
North Carolina	3	4	7		
Rhode Island	2	5	7		
West Virginia	2	5	7		
Alabama	2	4	6	27	40%
Georgia	1	5	6		
Kentucky	1	5	6		
Louisiana	1	5	6		
Massachusetts	1	5	6		
Missouri	2	4	6		
New Mexico	1	5	6		
Oklahoma	2	4	6		
Oregon	1	5	6		
California	1	4	5	35.5	33%
Connecticut	2	3	5		
Iowa	1	4	5		
Maryland	2	3	5		
Montana	1	4	5		
North Dakota	2	3	5		
Nevada	1	4	5		
South Carolina	1	4	5		
D.C.	2	2	4		
Florida	1	3	4	43.5	27%
Hawaii	1	3	4		
New Hampshire	1	3	4		
New York	1	3	4		
South Dakota	1	3	4		
Utah	1	3	4		
Wyoming	1	3	4		
Ohio	1	2	3		
Idaho	1	1	2	50	13%
Nebraska	1	1	2		
Pennsylvania	1	1	2		

*Where two or more states had the same sum for 3 & 4 ratings (center column), an average rank was computed and assigned to those states.

Degree to Which States Address Variables: By Variable

This table shows the number of states for which the variable's best rating for any child care type was a fully met standard (rating=4), partially meeting standard (rating=3), not addressing standard (rating=2), and contradicting standard (rating=1). For example, the state of IA1, Support breastfeeding:

- 9 of the 51 states fully met the standard
- 19 of the 51 states partially met the standard
- 23 of the 51 states had no regulations relevant to the standard
- 0 of the 51 states contradicted the standard

(The mode is highlighted for each variable)

Number of States With Highest Ratings of Variables Across Child Care Types					
Variable	Description	Best*=4	Best*=3	Best*=2	Best=1
IA1	Support breastfeeding	9	19	23	0
IA2	No cow's milk < 1yr	32	2	15	2
IB1	Feed infants on cue	40	4	7	0
IB2	Stop feed @ satiety	4	30	17	0
IB3	Hold infant to feed	14	34	3	0
IC1	Plan solid introduction	4	39	8	0
IC2	Intro solids @ 4-6 mo	3	34	14	0
IC3	Iron-Fort @ 4-6 mo	1	33	17	0
ID1	Teach portion sizes	3	1	47	0
ID2	Whole fruit 7 m-1 yr	0	1	24	26
ID3	No juice < 12 mo	0	3	23	25
NA1	Limit oils/fats	2	4	45	0
NA2	Low fat meat/proteins	3	40	8	0
NA3	Low fat milk equivalents	2	37	12	0
NA4	Juice only @ meals	1	11	39	0
NA5	Structured play	4	3	44	0
NB1	Whole grains	4	34	13	0
NB2	Variety of vegetables	13	32	6	0
NB3	Variety of whole fruit	39	2	9	1
NC1	100% juice	39	2	9	1
NC2	Whole milk 1-2 y/o	3	3	45	0
NC3	Juice 8-12 oz. 7+ y/o	4	36	11	0
NC4	Juice 4-6 oz. 1-6 y/o	4	36	11	0
ND1	Water Availability	25	22	4	0
NE1	Don't mix formula	0	7	44	0
NE2	Eat with children	1	2	48	0
NF1	Appropriate servings	41	5	5	0
NF2	Healthy seconds	2	37	10	2
NG1	Limit salt	5	1	45	0
NG2	Avoid sugary foods	2	13	16	20
NH1	Food no force/bribe	3	29	19	0
NH2	Food no reward/punish	9	36	6	0
PA1	Space for active play	51	0	0	0
PA2	Training on activities	0	1	50	0
PA3	Write activity policies	1	4	46	0
PA4	Play with children	1	1	49	0
PA5	Don't withhold play	12	14	25	0
PB1	No screen time < 2 yr	3	24	24	0
PB2	Screen time 30 min/wk	0	24	27	0
PB3	Screen time purpose	7	2	42	0
PB4	No food w/ TV	0	0	51	0
PC1	Outdoor play occasions	6	43	2	0
PC2	Toddler play time	0	40	11	0
PC3	Preschool play time	0	38	13	0
PD1	Low fat milk > 2 y/o	3	8	40	0
PE1	Tummy time often	9	0	42	0
PE2	Limit time infant equip.	1	24	26	0

*Other types of child care may have scored lower, but at least one child care type earned the score.