

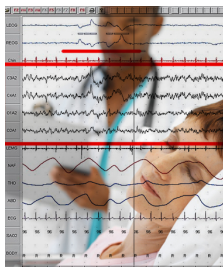


College of Nursing
UNIVERSITY OF COLORADO ANSCHUTZ MEDICAL CAMPUS

University of Colorado College of Nursing Undergraduate Honors Program

*Catherine Jankowski, PhD, FACSM
Denise Smith, PhD, CNM, FACNM
Coordinators, BS Honors Program
Information Session*

- ▶ Are you interested in finding ways to combat childhood obesity?
- ▶ How about investigating the meaning of dignity in persons with serious illness?
- ▶ Test massage as a way to reduce irritability and GERD in infants?
- ▶ Or, determine the impact of trauma and abuse in opioid use disorder?



Dr. Patricia Grady, PhD, RN, FAAN, former director of the National Institute of Nursing Research (NINR) has said:

"There's a real shortage of nurse researchers and faculty."

- ▶ Nursing needs more researchers to delve into important areas such as health promotion, disease prevention, improving quality of life, eliminating health disparities and setting directions for end-of-life research.

"Introducing exceptional nursing students to research as a career opportunity is a seed that needs to be planted early in their education."

PhD versus DNP

- ▶ **PhD: Doctor of Philosophy**
 - a *scientific research* degree
 - Generate new knowledge in the physical, biological, and social sciences
- ▶ **DNP: Doctor of Nursing Practice**
 - a *clinical* degree
 - Apply knowledge in clinical settings
- ▶ Students who complete the Honors program are given preferential consideration for admission to the CU Nursing PhD program.

What is the CU Nursing Undergraduate Honors Program?

Provides a research experience with a faculty mentor

▶ **Format**

- Seminars
- Mentored independent study research experiences

▶ **Goals**

- Promote scholarship, intellectual, & professional development
- Challenge students to grow & excel

▶ **Products**

- Thesis paper (may be publishable)
- Poster/oral presentation at a nursing conference



Example publications by Honors Students & their mentors

Jessica Olson, Class of '15

ARTICLE

Characterization of Childhood Obesity and Behavioral Factors



Jessica Olson, BSN, RN, Heather Aldrich, PhD, Tiffany J. Callahan, MPH, BA, Eilyn E. Matthews, PhD, RN, AOCNS, CBSM, FAAN, & Bonnie Gance-Cleveland, PhD, RNC, PNP, FAAN

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Journal of Pediatric Health Care

Journal of Biomedical Informatics 63 (2016) 269–276

Contents lists available at ScienceDirect



Journal of Biomedical Informatics

journal homepage: www.elsevier.com/locate/yjbin



Alex David, Class of '17

Health at hand: A systematic review of smart watch uses for health and wellness



Blaine Reeder, PhD*, Alexandria David, BS

University of Colorado | Anschutz Medical Campus, College of Nursing, Mail Stop C268-19, 13120 E 19th Ave, Ed 2 North, United States

Example publications by Honors Students & their mentors

Meredith Jameson,
Class of '16

Anna Smith,
Class of '17

Maytham Alshahood
Class of '16



Comparison of two tools to assess dyad feeding interaction in infants with gastroesophageal reflux disease

Meredith Jameson¹ Karen Fehringer² Madalynn Neu¹




Comorbid mental health disorders in persons living with HIV: Adherence to antiretroviral therapy.

[Smith AB¹](#), [Cook PF²](#).

International Journal of Migration, Health and Social Care

Burmese and Bhutanese refugee utilization of healthcare services in Colorado

[Maytham Alshadood](#), [Scott Butler Harpin](#), [Jini Puma](#)



BUILDING HEALTHY ACADEMIC COMMUNITIES JOURNAL

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The Well-Being of Student Veterans: A Feasibility Study Using the Well-Being Inventory in the Academic Setting

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DOI: <https://doi.org/10.18061/bhac.v7i2.9610>

Keywords: military student, veteran student, military culture

PDF

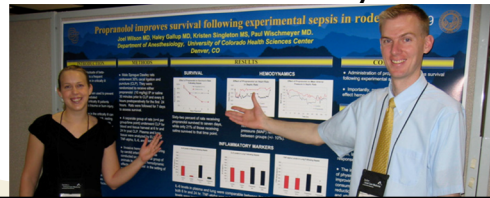
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More Citation Formats

The Honors Program is not...

- ▶ **Not an “honor society”**
- ▶ **Not easy** – adds to the rigorous undergraduate nursing curriculum
- ▶ **Not passive** – requires active engagement for 2 years
- ▶ **Not required** for the BS in Nursing
- ▶ **Not lonely** – the Honors students & faculty are supportive



Why Apply?

Honors students receive:

- ▶ Individualized mentorship in scholarly inquiry
- ▶ Small group instruction in critical thinking skills leading to the development of a testable research hypothesis
- ▶ Opportunity to develop scientific writing & speaking skills
- ▶ Preferential consideration for admission to the CU Nursing PhD program.

What Does the Program Involve?

- ▶ Students in the program take 6 credits beyond the traditional BS
- ▶ Credits focus on research and scholarship:
 - Junior year
 - Two 1-credit honors seminar courses
 - 1 each in fall and spring
 - Senior year
 - Two 1-credit honors seminar courses
 - Two 1-credit mentored independent study courses
 - Thesis is a scholarly paper and poster or podium presentation.

Who is Eligible?

- ▶ Pre-licensure students in the Traditional College of Nursing program
- ▶ Attend class on the Anschutz Medical Campus
- ▶ Minimum of 3.7 cumulative grade (GPA)*
- ▶ Curiosity and enthusiasm for research

Who Benefits?



Participation in the honors program includes many advantages for students, future employers, and society.

Students enjoy close interaction with distinguished faculty, thought-provoking seminars, and independent study.



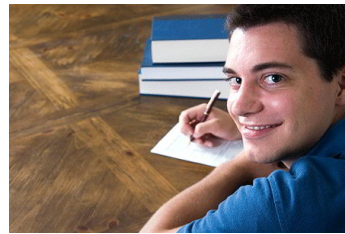
When and How do I Apply?

- ▶ Applications due **mid-March**
- ▶ Interviews **mid-April**
- ▶ Forms & instructions will be available through the admissions office or CU College of Nursing website



How are Applicants Selected?

- ▶ A committee will select students based on:
 - acceptance into BS nursing major
 - minimum cumulative GPA of 3.7/4.0 scale
 - 1-page resume / curriculum vitae
 - honors program questionnaire
 - two letters of reference
 - essay
 - interview




College of Nursing

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Home > Academics > Undergraduate Program > Traditional Pathway

Bachelor of Science Traditional Path

After finishing two years of prerequisite classes, you can earn your bachelor's degree in two years at CU Nursing through our Traditional Pathway. You'll gain



Scroll down

Unique opportunities

Global experience

As a student in this pathway, you have the opportunity to get clinical experience abroad. You can apply to travel to places like Guatemala where you'll reach medically underserved communities with the care they need.

[Learn more about the global program >](#)

Honors program

Discover new and better ways to provide care and promote health. If accepted into the honors program, available exclusively to BS Traditional Pathway students, you'll learn how to conduct research that advances nursing science.

[Learn more about the honors program >](#)

CLICK

Nursing BS Honors Program

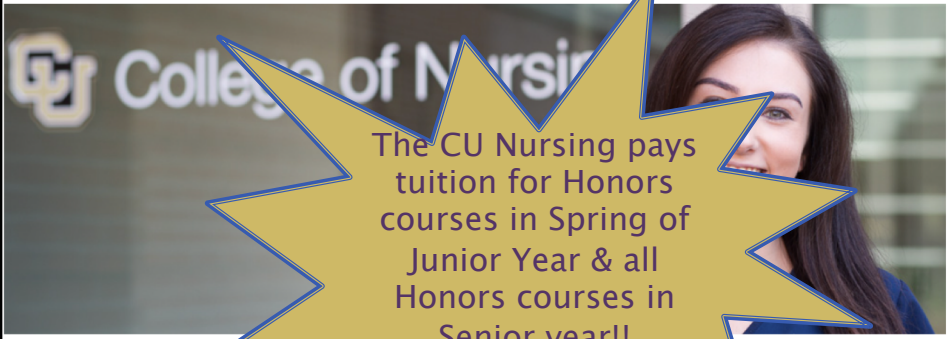
The goal of the honors program is to develop the next generation of nursing scholars. The honors program features seminars and independent study experiences that promote scholarship, intellectual and personal development, and challenge student to grow and excel to the fullest potential. Students will explore research based on individual interests, needs, and goals.

- [BS Honors Introduction](#)
- [BS Honors Application](#)
- [BS Honors Handbook](#)

https://nursing.cuanschutz.edu/academics/undergraduate/trad/nursing-bs-honors-program

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Nursing BS Honors Program

The goal of the honors program is to develop the next generation of nursing professionals. The honors program features seminars and independent study experiences that promote scholarship, intellectual growth, and personal development, and challenge student to grow and excel to the fullest potential. Students will explore research based on their individual interests, needs, and goals.

- [BS Honors Introduction](#)
- [BS Honors Application](#)
- [BS Honors Handbook](#)

Undergraduate Application Deadlines

Prospective Student Events

Who Should I Contact for Additional Information?

- ▶ Additional information and application forms will be available on the CU Nursing website
- ▶ You may also contact Dr. Jankowski, Honors Program Coordinator:
 - Catherine Jankowski, PhD, FACSM
Catherine.jankowski@cuanschutz.edu
 (Office) 303-724-7383

